

The teacher may pose the question, "What do you value?" so students can begin to explore their own personal values.

The teacher will introduce/review decision making skills and the decision making model so students can articulate the appropriate steps needed to make healthy decisions around relationships and sexual activity.

The teacher will explore possible external influences (e.g. media, community, family, and peers) that may impact student's decisions surrounding relationships and sexual activity so students can identify their external influences.

The teacher may provide characteristics of puberty (e.g. physical changes, hormones, feelings/emotions) so students can recognize internal changes/influences occurring with their own body as normal experiences.

The teacher will introduce sexually transmitted infections (STI) including human immunodeficiency virus (HIV) and acquired immune deficiency syndrome (AIDS) so students can understand the risks of sexual activity.

The teacher may define the term "boundaries" so students can begin to evaluate the components of their own personal boundaries.

The teacher will play the song "Under Pressure" to generate conversations students so students can analyze pressures that are present in relationships, and identify strategies that will lessen the pressure.

The teacher may show different kinds of relationships through video clips so students can explore various characteristics of relationships.

The teacher will provide short video clips of presentations so students can examine the formatting and story boards of a final video production.

Performance Assessment: You and your peers are actors/producers/directors of a video for incoming sixth graders to your middle school. The videos may include the following topics:
How the media influences our decisions.
How to develop and keep healthy friendships.
How to set your personal boundaries around dating.
Discover how the media influences our decisions surrounding relationships and sexual activity.
Look at the consequences of unhealthy decisions, boundaries resulting in illness/diseases (STIs/HIV/AIDS)
Everything is changing... how does this affect your body, your feelings, emotions, and relationships?

Personal Decisions