

Ohio Physical Education Assessments

Standard 6

Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

Grade Band K-2 Benchmarks A and B

- Benchmark A:** Enjoy participation in a variety of physical activities.
- Task:** The teacher asks students to identify their favorite activity. Each student then identifies the reasons for enjoyment (e.g., health, self-expression, social interaction, challenge, enjoyment). Students could draw pictures, use words or complete writing assignments that match their developmental level to express their reasons for identifying an activity as a favorite and encourage others to engage in the activity. Emphasize to students that the product should highlight various reasons why someone would do the activity.
- Benchmark B:** Discover that physical activities promote self-expression and positive social interaction.
- Task:** See Task A.
- Directions:** Provide a rating in both Benchmark A and B using the attached rubric.

	Enjoyment	Reasons to value an activity or physical activity
3 Advanced	<ul style="list-style-type: none"> • Identifies a physical activity he or she enjoys and specific reasons for enjoyment • Encourages others to participate in physical activity or a specific activity by communicating enjoyable aspects in effective and creative ways 	<ul style="list-style-type: none"> • Identifies specific aspects of an activity that leads to an individual valuing physical activity
2 Proficient	<ul style="list-style-type: none"> • Identify physical activities that he or she enjoys • Encourages others to participate in physical activity or a specific activity 	<ul style="list-style-type: none"> • Identifies reasons (e.g., health, self-expression, social interaction, challenge, enjoyment) a person would value physical activity or a specific activity
1 Limited	<ul style="list-style-type: none"> • Cannot identify physical activities he or she enjoys • Does not encourage others to participate in physical activity or a specific activity 	<ul style="list-style-type: none"> • Limited expression of reasons why a person would value physical activity or a specific activity