S.M.A.R.T. Goals

Original Goal: What do I want to accomplish?

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Specific

What exactly do you want to achieve in as much detail as possible?

Measurable

How will you know when you have reached your goal? How will you measure your success?

Achievable

What resources will you need to achieve your goal? How can you break your goal into smaller steps?

Realistic

What change are you hoping will happen when you reach your goal? Is this change realistic?

Timely

When will your goal be accomplished?

S.M.A.R.T. Goal