



# Summer Food Service Program Meal Pattern OVS

## Standard Breakfast Meal:



8oz **Milk**  
(Required)



1 serving **Grain**  
(Required)



½ cup **Fruit**  
(Required)



1oz **Meat/Meat Alternate**  
(4<sup>th</sup> item)

\*\*Four different food items must be offered. The fourth food item can be a fruit/vegetable, bread/grain, or meat/meat alternate. A breakfast menu that includes two servings of toast is not a reimbursable meal, because the toast is two of the same food item. A child may decline any 1 of the 4 food items.

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## Examples of Reimbursable Breakfast Meals Using Offer vs Serve:



½ cup **Fruit**



1 **Grain** & 1oz **Meat Alternate**



1 **Grain**



½ cup **Fruit**



8oz **Milk**



4oz 100% **Fruit Juice**



1 **Grain**



1 **Grain**



# Summer Food Service Program Meal Pattern OVS

## Standard Lunch Meal:



8oz Milk



1 serving Grain & 2oz Meat



Vegetable



Fruit

¾ cup total

\*\*At least five different food items from the four food components must be offered. A child may decline 1 of the 4 food components.

## Examples of Reimbursable Lunch Meals Using Offer vs Serve:



½ cup Fruit



1 Grain & 2oz Meat



1 Grain, 2oz Meat Alternate, ¼ cup Fruit



1 Grain



¾ cup Vegetable



8oz Milk