**GOALS OF THE FRESH FRUIT & VEGETABLE PROGRAM:**

FFVP’s goal is to increase children’s exposure to and consumption of a variety of fresh fruits and vegetables. The FFVP has shown to be a creative and effective way of introducing fresh fruits and vegetables as a healthy snack option and exposing children to fruit and vegetable varieties that they may never experience outside of school.

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**FFVP PRODUCTION RECORD—EXAMPLE**

**SCHOOL:** PAPAYA ELEMENTARY  
**WEEK:** JAN. 6TH—JAN. 10TH  
**PREPARED BY:** ANNIE APPLE  
**# OF SERVING DAYS:** 4 DAYS A WEEK

<table>
<thead>
<tr>
<th>DATE</th>
<th>FFVP SNACK ITEMS (PRODUCE &amp; DIPS)</th>
<th>COOKING/PREPARATION TIME &amp; TEMP</th>
<th>SERVING THE FFVP</th>
<th>LEFTOVERS</th>
<th>COMMENTS</th>
<th>NUTRITION EDUCATION PROVIDED</th>
</tr>
</thead>
<tbody>
<tr>
<td>MON. JAN. 6TH (1.6.13)</td>
<td>PASSION FRUIT 1 HR 33F 36F</td>
<td><strong>PK-5TH</strong></td>
<td>PORTION SIZE</td>
<td># OF SERVINGS</td>
<td># OF CLASSES</td>
<td>SERVING TIME</td>
</tr>
<tr>
<td>TUES. JAN. 7TH (1.7.13)</td>
<td>SUGAR SNAP PEAS 30 MIN 35F 36F</td>
<td>½ CUP</td>
<td>200</td>
<td>8</td>
<td>1:30PM</td>
<td>5-1/2 CUP SVG</td>
</tr>
<tr>
<td>FAT FREE RANCH 10 MIN 33F 36F</td>
<td>1 TBSP 200</td>
<td>8</td>
<td>1:30PM</td>
<td>5 SVGS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>THUR. JAN. 9TH (1.9.13)</td>
<td>CUTIES 30 MIN 40F 40F</td>
<td>1 EACH</td>
<td>300</td>
<td>12</td>
<td>9:00AM</td>
<td>NONE</td>
</tr>
<tr>
<td>FRI. JAN. 10TH (1.10.13)</td>
<td>PURPLE POTATO, COOKED 1.5 HRS 150F 145F</td>
<td>½ CUP DICED</td>
<td>280</td>
<td>12</td>
<td>1:30PM</td>
<td>NONE</td>
</tr>
</tbody>
</table>

**INSTRUCTIONS:**

- **INSERT THE DAY THE FFVP WILL BE SERVED.** (DAY OF SERVICE)
- **INCLUDE PRODUCE ITEMS AND ANY DIPS ALLOWED IN THE FFVP.** (DAY OF SERVICE)
- **INDICATE TIME IT TAKES TO PREPARE, SERVE, AND CLEAN UP THE ITEMS OF THE DAY.**
- **RECORD TEMPERATURES HERE.** TAKE TEMPS BEFORE PREPARATION AND UPON SERVICE.
- **RECORD DETAILS REGARDING THE SERVICE OF THE FFVP.** CAN INDICATE SPECIFIC INSTRUCTIONS, NOTES, OR IF THE PRODUCT IS A NEW ITEM. CAN INCLUDE DETAILS SUCH AS THE STUDENTS RESPONSE TO THE ITEM OF THE DAY, SPECIAL EVENTS, OR PROJECTS ASSOCIATED WITH THE DAYS SERVICE.
- **RECORD ANY LEFTOVERS.** IF LEFTOVERS WILL BE REUSED, ENSURE HACCP PRINCIPLES ARE FOLLOWED. LEFTOVERS ARE FOLLOWED UP ON FOR WHAT PROGRAM.
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