



Colorado Local Wellness Policy Triennial Assessment and Report

In accordance with the [U.S. Department of Agriculture’s Final Rule: Local School Wellness Policy Implementation](#), all sponsors participating in the National School Lunch or School Breakfast Program must complete an assessment of their local wellness policy (LWP), at minimum, once every three years. The following report will act as an assessment of the district’s LWP.

This report fulfills that requirement by evaluating:

1. How the language in your LWP compares to the model LWP
 2. Compliance with the LWP
 3. Progress toward meeting your LWP goals
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Triennial Assessment Instructions:

Step 1. Recruit key partners and schedule a meeting to complete this LWP Triennial Assessment and Report.

Step 2. Access your current Local Wellness Policy (often coded as ADF - School Wellness). Review the current LWP goals and content and complete Section 2.

Step 3. Assess implementation of the LWP goals at each of your district’s school(s). See Section 3 for more information.

Step 4. Document LWP strengths and areas of improvement for policy content and policy implementation. See Section 4 for more information.

Step 5. Post the results to the public. The LWP Triennial Assessment Report must be made available to the public by posting it to the district webpage.

NOTE: Compliance is assessed during the CDE School Nutrition Administrative Review. Additional guidance may be found on [CDE School Nutrition Wellness Resource Website](#) or in the [Colorado Local Wellness Policy Toolkit](#).

District Name:

Local Wellness Policy Triennial Assessment Report

Date Completed:

Completed By:

Section 1: LWP Review and Stakeholder Involvement

Background: The LWP must be reviewed and updated on a periodic basis, as determined by the district, and the district must notify and involve key school partners. This Triennial Assessment Report must be completed at least every three years.

Instructions: Please check the appropriate key school partner boxes below to indicate who participated in completing this Triennial Assessment and Report. Other school staff and teachers are welcome to participate.

School Administrators

School Food Service Staff

PE Teachers

Parents/ Caregivers

School Board Members

School Health Professionals

Students

General Public / Other

Section 2: Model Policy Comparison

Background: A required component of the triennial assessment is to compare your LWP to a model LWP. The comparison identifies if federally required content is included in the policy as well as policy strengths and areas for improvement.

Instructions: Access your current *Local Wellness Policy (often coded as ADF - School Wellness)* and use the rating scale below to indicate if your policy meets the required components. Make notes on anything you would change or consider.

NOTE: Some of the detailed LWP content below may be included in a Local Wellness Policy Regulation or Exhibit (often coded as ADF-R or ADF-E).

Rating Scale:

2 = Includes **all** required language

1 = Includes **some** of the required language

0 = Includes **none** of the required language

| <u>Rating</u> | <u>Required Components</u> | <u>Notes</u> |
|---------------|--|--------------|
| | The policy identifies one or more school district and/or school officials who have the authority and responsibility for ensuring that each school complies with the policy. | |
| | The policy includes language inviting parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, and review and update of the LWP. | |
| | The policy includes language describing the methods for informing the public (including parents, students, and others in the community) about the LWP and updates this information on an annual basis. | |
| | The policy includes language that outlines the triennial assessment. At least once every three years, the following is measured and made available to the public: <ul style="list-style-type: none"> ● The extent to which schools comply with the LWP ● The extent to which the LWP compares to model local school wellness policies ● The progress made in attaining the goals of the LWP | |
| | The policy includes nutrition standards for all foods and beverages sold on the school campus during the school day that are consistent with Federal regulations for school meals and the Smart Snacks in School nutrition standards. | |

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| | The policy includes standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties or classroom snacks brought by parents). | |
| | The policy includes specific goals for nutrition education and promotion activities. | |
| | The policy includes requirements for marketing and advertising of only those foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus during the school day. | |
| | The policy includes specific goals for physical activity opportunities. | |
| | The policy includes specific goals for other school-based activities that promote student wellness. | |

Section 3: Policy Assessment

Background: It is required to document and assess school-level compliance with the LWP.

Instructions: Indicate the column that best suits the degree of compliance, on average, when considering implementation of the local wellness policy at each of your school(s) for each wellness policy component.

- This must include *each school* operating in the National School Lunch or Breakfast Program.
- If you are a medium to large school district, it is recommended to have each school complete a school-level health policy and practice assessment, such as [WellsAT](#) or [Smart Source](#) to assess implementation. Attach the district level report to meet policy assessment requirements.

| Required Policy Component | Fully in Place | Partially in Place | Not in Place |
|--|----------------|--------------------|--------------|
| Nutrition Education | | | |
| Nutrition Promotion | | | |
| Nutrition Guidelines for all food and beverages available but not sold on school grounds (classroom celebrations, rewards, etc.) | | | |
| Nutrition Guidelines for all food and beverages sold on school grounds (fundraisers, ala carte, school stores, vending machines, etc.) | | | |
| Physical Activity | | | |
| Other school-based activities (as defined in your policy) | | | |

This institution is an equal opportunity provider.

Section 4: Policy Assessment Report

Background: It is required to include a description of the progress made in attaining goals of the LWP.

Instructions: Provide a short narrative below that describes the results of Section 2, Model Wellness Policy Comparison, and Section 3, Policy Assessment. Consider including a description of wellness efforts at the school level, a description of progress achieved, activities implemented and plans for updating the LWP and/or future wellness policy implementation.

Local Wellness Policy Strengths

Areas for Local Wellness Policy Improvement

Description of Local Wellness Policy Implementation