



## Secondary CTE Personal Trainer

### Applicant

Legal name:

Date:

### Requirements

**NOTE:** This credential allows instructors to teach only the following courses in the Personal Trainer Pathway (510913):

Introduction to Health Science	Medical Terminology
Anatomy & Physiology	Law and Ethics for Health Professions
Human Nutrition for Health Science	Personal Training

**U.S. Service Member Applicants may meet content knowledge and experience requirements as follows:**

- U.S. Air Force, Army, Coast Guard, Marine Corps, Navy or Space Force members: three or more years' active duty
- Guard/Reserves: 10 years' experience, or five years' experience with 12 months active-duty deployment
- Military Occupational Specialty (MOS), time of service and an honorable discharge must be verified on a DD-214 member copy 4 (submitted in application)

**All other applicants must meet content knowledge and occupational requirements outlined below:**

#### Content Knowledge:

- Hold a bachelor's or higher degree in a related, non-teaching discipline **OR** provide a valid and current certified personal trainer certificate; **AND**
- Have 24 semester hours of postsecondary coursework from a regionally accredited college/university (verified on an official transcript) including a minimum 16 semester hours in the areas listed in the table below.

#### Occupational Experience:

1. 4,000 hours of verified occupational experience (non-teaching) experience in personal training.

REQUIRED content coursework (Min. 16 semester hours required)	Coursework	Semester Hours
Biology <i>with lab</i> (min. 4 semester hours)		
Chemistry <i>with lab</i> (min. 4 semester hours)		
Anatomy & Physiology I (min. 4 semester hours)		
Anatomy & Physiology II (min. 4 semester hours)		
RELATED content coursework (remaining semester hours to = 24)	Coursework	Semester Hours
<b>Total semester hours required: 24 or more</b>		
Up to a maximum of six (6) semester hours of professional development may serve in lieu of coursework in the "related content coursework" section above and must be documented within the application. (15 contact hours = 1 semester hour)		