

Student Wellness Grant

Health and Wellness Unit



COLORADO
Department of Education

OVERVIEW

The Colorado General Assembly passed House Bill 1224 in spring 2008 authorizing funding for local Student Wellness Programs, acknowledging that for students to reach their full potential, school communities need to address comprehensive issues of student wellness, including but not limited to addressing the physical, mental, emotional and social needs of students. They further stated that high quality physical education programs taught by persons who are licensed or endorsed in physical education may be a factor in battling the rising incidence of childhood obesity by ensuring not only that children receive a healthy level of physical activity, but that they also learn skills and develop knowledge that will enable them to maintain a healthy level of activity throughout their lifetimes.

This will be a three year grant with approximately \$570,000 available each year for distribution annually.

PURPOSE

The purpose of the grant is the implementation of Whole School, Whole Child, Whole Community (WSCC) approaches to improve the health and wellness of students to reduce barriers to learning and health.

Grantees work at the school and district level to coordinate and align programs, policies, and environmental changes in an effort to systematically identify and address barriers related to learning and health. The program should include coordination with comprehensive health education programs.

DEFINITION OF STUDENT WELLNESS PROGRAMS

A local “Student Wellness Program” means a program adopted by a Local Education Provider (LEP) that is coordinated across components and is designed to provide services to students in one or more of the following component areas:

- Health Education
- Physical Education and Physical Activity
- Nutrition Environment and Services
- Health Services
- Counseling, Psychological and Social Services
- Social and Emotional Climate
- Physical Environment
- Family Engagement
- Community Involvement

Past Student Wellness Grants and Moving Forward

Student Wellness Grantees 2013-2018:

- Strengthened community partnerships,
- 90% of districts have integrated health and wellness priorities into district accountability systems.
- Increased alignment of school foods with State and National Nutrition Standards.
- Increased the use of locally grown foods, scratch cooking and parent nutrition education.
- Organized physical activity before or after school increased from 48% at baseline to 81%.
- Increased implementation of the Comprehensive Physical Education Standards from 68% to 96%.
- 11,199 students benefited from this opportunity.

Moving forward:

- With the assistance of parents, school districts, the department of public health and environment, and other interested parties, the department of education shall recommend guidelines to support implementation of local Student Wellness Programs through a WSCC approach.
- Provide training, technical assistance, resources, and funding to student wellness programs.
- Leverage additional funding and resources to support student wellness programs.



STUDENT WELLNESS GRANTEES 2018-2021

- Archuleta School District 50JT
- Center Consolidated Schools 26JT
- CSI - New America School
- El Paso County School District 49
- Englewood Schools
- Harrison School District #2
- Hayden School District
- Jefferson County Public School District
- Lake County School District
- Poudre School District
- Silverton School District
- STRIVE Preparatory Schools
- Weld County School District 6

Where can I learn more?

- Office of Health and Wellness
The Colorado Department of Education
201 E. Colfax Ave. – Room 300
Denver, CO 80203
 - Program Contact
Jamie Hurley – hurley_j@cde.state.co.us
- For more information [visit the Student Wellness Programs webpage.](#)
- [View all CDE fact sheets](#)