SAMHSA's National Registry of Evidence-based Programs and Practices (NREPP): Substance Abuse Prevention Programs (Ages 6-12; 13-17)

Intervention Title	Description
Across Ages	Across Ages is a school- and community-based substance abuse prevention program for youth ages 9 to 13. The unique feature of Across Ages is the pairing of older adult mentors (55 years and older) with young adolescents, specifically those making the transition to middle school.
Active Parenting of Teens: Families in Action	Active Parenting of Teens: Families in Action is a school- and community-based intervention for middle school-aged youth designed to increase protective factors that prevent and reduce alcohol, tobacco, and other drug use; irresponsible sexual behavior; and violence.
Al's Pals: Kids Making Healthy Choices	Al's Pals: Kids Making Healthy Choices is a school-based prevention program that seeks to develop social-emotional skills such as self-control, problem-solving, and healthy decision-making in children ages 3-8 in preschool, kindergarten, and first grade.
Alcohol Literacy Challenge	Alcohol Literacy Challenge (ALC) is a brief classroom- based program designed to alter alcohol expectancies and reduce the quantity and frequency of alcohol use among high school and college students.
Alcohol: True Stories Hosted by Matt Damon	Alcohol: True Stories Hosted by Matt Damon is a multimedia intervention designed to prevent or reduce alcohol use among young people in grades 5-12 by positively changing the attitudes of youth and their parents and other caregivers in regard to youth drinking.
AlcoholEdu for High School	AlcoholEdu for High School is an online, interactive, alcohol education and prevention course designed to increase alcohol-related knowledge, discourage acceptance of underage drinking, and prevent or decrease alcohol use and its related negative consequences.
All Stars	All Stars is a school-based program for middle school students (11-14 years old) designed to prevent and delay the onset of high-risk behaviors such as drug use, violence, and premature sexual activity.
AMIkids Personal Growth Model	The AMIkids Personal Growth Model (PGM) is a comprehensive approach to treatment for 10- to 17-year-old youth who have been adjudicated and, in lieu of incarceration, assigned to a day treatment program, residential treatment setting, or alternative school or who have been assigned to an alternative school after failing in a conventional school setting.
An Apple A Day	An Apple A Day (AAAD) is a universal literacy-based program that helps to build and reinforce resiliency skills for substance abuse prevention and mental health promotion in children in kindergarten through 4th grade.
ATHENA (Athletes Targeting Healthy Exercise & Nutrition Alternatives)	The ATHENA (Athletes Targeting Healthy Exercise & Nutrition Alternatives) program uses a school-based, teamcentered format that aims to reduce disordered eating

	habits and deter use of body-shaping substances among
ATLAS (Athletes Training and Learning To Avoid Steroids)	middle and high school female athletes. Athletes Training and Learning To Avoid Steroids (ATLAS) is a school-based drug prevention program. ATLAS was designed for male high school athletes to deter drug use and promote healthy nutrition and exercise as
Big Brothers Big Sisters Mentoring Program	alternatives to drugs. The Big Brothers Big Sisters Mentoring Program is designed to help participating youth ages 6-18 ("Littles") reach their potential through supported matches with adult volunteer mentors ages 18 and older ("Bigs").
BrainTrain4Kids	BrainTrain4Kids is an interactive Web site (http://www.BrainTrain4Kids.com) that teaches children aged 7-9 years about the brain and the effects of drugs on the brain and body, building a foundation for later substance abuse prevention efforts.
Brief Strategic Family Therapy	Brief Strategic Family Therapy (BSFT) is designed to (1) prevent, reduce, and/or treat adolescent behavior problems such as drug use, conduct problems, delinquency, sexually risky behavior, aggressive/violent behavior, and association with antisocial peers; (2) improve prosocial behaviors such as school attendance and performance; and (3) improve family functioning, including effective parental leadership and management, positive parenting, and parental involvement with the child and his or her peers and school.
Building AssetsReducing Risks (BARR)	Building AssetsReducing Risks (BARR) is a multifaceted school-based prevention program designed to decrease the incidence of substance abuse (tobacco, alcohol, and other drugs), academic failure, truancy, and disciplinary incidents among 9th-grade youth.
Building Skills	Building Skills is a 12-lesson curriculum designed to help 5th graders avoid or reduce high-risk behaviors, including substance abuse, by improving their inter- and intrapersonal skills. Curriculum topics include self-esteem, goal setting, decision making, problem solving, communication skills, choosing friends, stress/anger management, conflict resolution, assertiveness, and substance refusal skills.
Caring School Community	Caring School Community (CSC), formerly called the Child Development Project, is a universal elementary school (K-6) improvement program aimed at promoting positive youth development. The program is designed to create a caring school environment characterized by kind and supportive relationships and collaboration among students, staff, and parents.
CAST (Coping And Support Training)	CAST (Coping And Support Training) is a high school-based suicide prevention program targeting youth 14 to 19 years old. CAST delivers life-skills training and social support in a small-group format (6-8 students per group).
Celebrating Families!	Celebrating Families! (CF!) is a parenting skills training program designed for families in which one or both parents are in early stages of recovery from substance addiction and

	in which there is a high risk for domestic violence and/or child abuse.
Class Action	Class Action is the second phase of the Project Northland alcohol-use prevention curriculum series. Class Action (for grades 11-12) and Project Northland (for grades 6-8) are designed to delay the onset of alcohol use, reduce use among youths who have already tried alcohol, and limit the number of alcohol-related problems experienced by young drinkers.
Climate Schools: Alcohol and Cannabis Course	The Climate Schools: Alcohol and Cannabis Course is a school-based program for 13- and 14-year-olds that aims to prevent and reduce alcohol and cannabis use as well as related harms. Designed to be implemented within the school health curriculum, Climate Schools is based on a social influence approach to prevention and uses cartoon storylines to engage and maintain student interest and involvement.
Communities Mobilizing for Change on Alcohol (CMCA)	Communities Mobilizing for Change on Alcohol (CMCA) is a community-organizing program designed to reduce teens' (13 to 20 years of age) access to alcohol by changing community policies and practices. CMCA seeks both to limit youths' access to alcohol and to communicate a clear message to the community that underage drinking is inappropriate and unacceptable.
Communities that Care (CTC)	The Communities That Care (CTC) prevention system is a community-level intervention that mobilizes stakeholders to collaborate on selecting and implementing evidence-based prevention programs designed to prevent youth problem behaviors, such as substance abuse and delinquency.
Community Trials Intervention To Reduce High-Risk Drinking	Community Trials Intervention To Reduce High-Risk Drinking is a multicomponent, community-based program developed to alter the alcohol use patterns and related problems of people of all ages. The program incorporates a set of environmental interventions that assist communities in (1) using zoning and municipal regulations to restrict alcohol access through alcohol outlet density control; (2) enhancing responsible beverage service by training, testing, and assisting beverage servers and retailers in the development of policies and procedures to reduce intoxication and driving after drinking; (3) increasing law enforcement and sobriety checkpoints to raise actual and perceived risk of arrest for driving after drinking; (4) reducing youth access to alcohol by training alcohol retailers to avoid selling to minors and those who provide alcohol to minors; and (5) forming the coalitions needed to implement and support the interventions that address each of these prevention components.
Creating Lasting Family Connections (CLFC)/Creating Lasting Connections (CLC)	Creating Lasting Family Connections (CLFC), the currently available version of Creating Lasting Connections (CLC), is a family-focused program that aims to build the resiliency of youth aged 9 to 17 years and reduce the frequency of

	their alcohol and other drug (AOD) use.
Curriculum-Based Support Group (CBSG) Program	The Curriculum-Based Support Group (CBSG) Program is a support group intervention designed to increase resiliency
Tiogram	and reduce risk factors among children and youth ages 4-17
	who are identified as being at elevated risk for early
	substance use and future delinquency and violence (e.g.,
	they are living in adverse family situations, displaying
	observable gaps in coping and social skills, or displaying
	early indicators of antisocial attitudes and behaviors).
Drugs: True Stories	Drugs: True Stories is a multimedia intervention designed
	to prevent drug use among young people in grades 5-12 by
	positively changing the attitudes of youth and their parents
	and other caregivers in regard to the use of drugs.
Early Risers "Skills for Success"	Early Risers "Skills for Success" is a multicomponent,
	developmentally focused, competency-enhancement
	program that targets 6- to 12-year-old elementary school
	students who are at high risk for early development of
	conduct problems, including substance use.
Familias Unidas Preventive Intervention	The Familias Unidas Preventive Intervention is a family-
	based program for Hispanic families with children ages 12-
	17. It is designed to prevent conduct disorders; use of illicit
	drugs, alcohol, and cigarettes; and risky sexual behaviors by
E 'I' 1 C. 1 1 . T (EACT)	improving family functioning.
Families and Schools Together (FAST)	Families and Schools Together (FAST) is a 2-year,
	multifamily group intervention based on social ecological
	theory, family systems theory, and family stress theory. FAST is designed to build relationships between and within
	families, schools, and communities (particularly in low-
	income areas) to increase all children's well-being.
Family Centered Treatment (FCT)	Family Centered Treatment (FCT) is a family preservation
Taining Gentered Treatment (1 01)	program for juvenile offenders and their families. The
	program provides intensive in-home services as a cost-
	effective alternative to out-of-home placement and
	attempts to reduce the recidivism of participating youth,
	improve family relationships, and avoid jeopardizing
	community safety.
Family Matters	Family Matters is a family-directed program to prevent
•	adolescents 12 to 14 years of age from using tobacco and
	alcohol. The intervention is designed to influence
	population-level prevalence and can be implemented with
	large numbers of geographically dispersed families.
Family Spirit	Family Spirit is a culturally tailored home-visiting
	intervention for American Indian teenage motherswho
	generally experience high rates of substance use, school
	dropout, and residential instabilityfrom pregnancy
	through 36 months postpartum.
Footprints for Life	Footprints for Life is a universal intervention that is
	designed to help 2nd- and 3rd-grade students build a strong
	foundation of life skills rooted in key social competencies.
	The curriculum-based program focuses on planning and
	decision making, cultural competence, and interpersonal

	skills, such as handling peer pressure (e.g., refusal skills) and
Fourth R: Skills for Youth Relationships	resolving conflicts peacefully. The Fourth R: Skills for Youth Relationships is a
1	curriculum for 8th- and 9th-grade students that is designed
	to promote healthy and safe behaviors related to dating,
	bullying, sexuality, and substance use.
Good Behavior Game (GBG)	Good Behavior Game (GBG) is a classroom-based
	behavior management strategy for elementary school that teachers use along with a school's standard instructional
	curricula. GBG uses a classroom-wide game format with
	teams and rewards to socialize children to the role of
	student and reduce aggressive, disruptive classroom
	behavior, which is a risk factor for adolescent and adult
	illicit drug abuse, alcohol abuse, cigarette smoking,
	antisocial personality disorder (ASPD), and violent and
Guiding Good Choices	criminal behavior. Guiding Good Choices (GGC) is a drug use prevention
dutaing dood Choices	program that provides parents of children in grades 4
	through 8 (9 to 14 years old) with the knowledge and skills
	needed to guide their children through early adolescence.
Healer Women Fighting Disease Integrated	Healer Women Fighting Disease Integrated Substance
Substance Abuse and HIV Prevention Program	Abuse and HIV Prevention Program for African American
for African American Women (HWFD)	Women (HWFD) targets African American women who
	are 13 to 55 years old and at risk of contracting HIV/AIDS and transmitting HIV through unsafe sexual activity and
	substance abuse.
Healing Species Violence Intervention and	The Healing Species Violence Intervention and
Compassion Education Program	Compassion Education Program is designed to prevent and
	reduce violent and aggressive tendencies among youth ages
	9-14. The intervention is based on the premise that a lack
	of concern for the thoughts and/or feelings of others and often abusive behaviors toward animals during youth
	contribute to these violent and aggressive tendencies.
Hip-Hop 2 Prevent Substance Abuse and HIV	Hip-Hop 2 Prevent Substance Abuse and HIV (H2P) is
(H2P)	designed to improve knowledge and skills related to drugs
	and HIV/AIDS among youth ages 12-16 with the aim of
	preventing or reducing their substance use and risky sexual
I Can Broklam Salva (ICBS)	activity. I Can Problem Solve (ICPS) is a universal school-based
I Can Problem Solve (ICPS)	program that focuses on enhancing the interpersonal
	cognitive processes and problem-solving skills of children
	ages 4-12. ICPS is based on the idea that there is a set of
	these skills that shape how children (as well as adults)
	behave in interpersonal situations, influencing how they
	conceptualize their conflicts with others, whether they can
	think of a variety of solutions to these problems, and whether they can predict the consequences of their own
	actions.
I'm Special	I'm Special is a substance abuse prevention program for
•	3rd and 4th graders. The primary goal of the program is to
	develop and nurture each child's sense of uniqueness and

	self-worth. It further enhances the protective and resiliency factors of children by teaching them appropriate ways for dealing with feelings; steps for making decisions; and skills for healthy living, effective group interactions, and resisting drugs, as provided through the program's "no use" message.
Joven Noble	Joven Noble is a youth development, support, and leadership enhancement curriculum designed to strengthen protective factors among male Latino youth ages 10-24. The curriculum aims to promote the character development of young men and facilitate continued "rites of passage" development with the goals of reducing and preventing unwanted or unplanned pregnancies, substance abuse, community violence, and relationship violence.
Keep A Clear Mind (KACM)	Keep a Clear Mind (KACM) is a take-home drug education program for elementary school students in grades 4-6 (ages 9-11) and their parents. KACM is designed to help children develop specific skills to refuse and avoid use of "gateway" drugs.
Keepin' it REAL	Keepin' it REAL is a multicultural, school-based substance use prevention program for students 12-14 years old. Keepin' it REAL uses a 10-lesson curriculum taught by trained classroom teachers in 45-minute sessions over 10 weeks, with booster sessions delivered in the following school year.
Lead & Seed	Lead & Seed is an intervention for middle and high school youth designed to increase their knowledge and problem-solving skills for preventing and reducing alcohol, tobacco, and other drug (ATOD) use; guide them in developing strategic prevention plans for use in their schools and communities; and help them implement these plans.
LifeSkills Training (LST)	LifeSkills Training (LST) is a school-based program that aims to prevent alcohol, tobacco, and marijuana use and violence by targeting the major social and psychological factors that promote the initiation of substance use and other risky behaviors.
Lions Quest Skills for Adolescence	Lions Quest Skills for Adolescence (SFA) is a multicomponent, comprehensive life skills education program designed for schoolwide and classroom implementation in grades 6-8 (ages 10-14). The goal of Lions Quest programs is to help young people develop positive commitments to their families, schools, peers, and communities and to encourage healthy, drug-free lives.
Media Detective	Media Detective is a media literacy education program for 3rd- to 5th-grade students. The goal of the program is to prevent or delay the onset of underage alcohol and tobacco use by enhancing the critical thinking skills of students so they become adept in deconstructing media messages, particularly those related to alcohol and tobacco products, and by encouraging healthy beliefs and attitudes about abstaining from alcohol and tobacco use.

Media Ready Mighigan Model for Health	Media Ready is a media literacy education program for 6th-to 8th-grade students. The goal of the program is to prevent or delay the onset of underage alcohol and tobacco use by encouraging healthy beliefs and attitudes about abstaining from alcohol and tobacco use and by enhancing the ability to apply critical thinking skills in interpreting media messages, particularly those related to alcohol and tobacco products.
Michigan Model for Health	The Michigan Model for Health is a comprehensive and sequential health education curriculum that aims to give students aged 5-19 years (grades K-12) the knowledge and skills needed to practice and maintain healthy behaviors and lifestyles.
New Moves	New Moves is a school-based physical education (PE) intervention aimed at preventing weight-related problems in adolescent girls by increasing their physical activity, improving their body image and self-worth, and improving their diet.
Not On Tobacco (N-O-T)	Not On Tobacco (N-O-T) is a school-based smoking cessation program designed for youth ages 14 to 19 who are daily smokers. N-O-T is based on social cognitive theory and incorporates training in self-management and stimulus control; social skills and social influence; stress management; relapse prevention; and techniques to manage nicotine withdrawal, weight, and family and peer pressure.
Nurse-Family Partnership	Nurse-Family Partnership (NFP) is a prenatal and infancy nurse home visitation program that aims to improve the health, well-being, and self-sufficiency of low-income, first- time parents and their children.
Nurturing Parenting Programs	The Nurturing Parenting Programs (NPP) are family-based programs for the prevention and treatment of child abuse and neglect. The programs were developed to help families who have been identified by child welfare agencies for past child abuse and neglect or who are at high risk for child abuse and neglect.
PALS: Prevention through Alternative Learning Styles	PALS: Prevention through Alternative Learning Styles is an alcohol, tobacco, and other drugs (ATOD) prevention program primarily for middle school students. Goals of PALS include (1) lowering students' intentions to use ATOD, (2) increasing students' use of refusal skills, and (3) enhancing students' knowledge of the effects of ATOD, peer pressure and healthy decision making, and different learning styles.
Parenting Wisely	Parenting Wisely is a set of interactive, computer-based training programs for parents of children ages 3-18 years. Based on social learning, cognitive behavioral, and family systems theories, the programs aim to increase parental communication and disciplinary skills.
PeaceBuilders	PeaceBuilders is a schoolwide violence prevention program for elementary schools (grades K-5). PeaceBuilders attempts to create a positive school climate by developing

	positive relationships between students and school staff; directly teaching nonviolent attitudes, values, and beliefs; and providing incentives for young people to display these behaviors at school, in the community, and at home.
Peer Assistance and Leadership (PAL)	Peer Assistance and Leadership (PAL) is a peer helping program that seeks to build resiliency in youth by pairing youth with peer helpers who receive training and support from teachers participating in the program.
Positive Action	Positive Action is an integrated and comprehensive curriculum-based program that is designed to improve academic achievement; school attendance; and problem behaviors such as substance use, violence, suspensions, disruptive behaviors, dropping out, and sexual behavior.
Project ALERT	Project ALERT is a school-based prevention program for middle or junior high school students that focuses on alcohol, tobacco, and marijuana use. It seeks to prevent adolescent nonusers from experimenting with these drugs, and to prevent youths who are already experimenting from becoming more regular users or abusers.
Project EX	Project EX is a school-based smoking-cessation clinic program for adolescents that stresses motivation, coping skills, and personal commitment. Consisting of eight 40- to 45-minute sessions delivered over a 6-week period, the program curriculum includes strategies for coping with stress, dealing with nicotine withdrawal, and avoiding relapses.
Project MAGIC (Making A Group and Individual Commitment)	Project MAGIC (Making A Group and Individual Commitment) is an alternative to juvenile detention for first-time offenders between the ages of 12 and 18. The program's goals include helping youths achieve academic success; modifying attitudes about alcohol, tobacco, and other drugs; and enhancing life skills development and internal locus of control.
Project Northland	Project Northland is a multilevel intervention involving students, peers, parents, and community in programs designed to delay the age at which adolescents begin drinking, reduce alcohol use among those already drinking, and limit the number of alcohol-related problems among young drinkers.
Project SUCCESS	Project SUCCESS (Schools Using Coordinated Community Efforts to Strengthen Students) is designed to prevent and reduce substance use among students 12 to 18 years of age. The program was originally developed for students attending alternative high schools who are at high risk for substance use and abuse due to poor academic performance, truancy, discipline problems, negative attitudes toward school, and parental substance abuse.
Project TALC (Teens and Adults Learning to Communicate)	Teens and Parents Parents Learning to Communicate (Project TALC) was initiated to support parents living with HIV/AIDS and their adolescent children, and to build communication skills between them.

Project Towards No Drug Abuse Project Towards No Tobacco Use	Project Towards No Drug Abuse (Project TND) is a drug use prevention program for high school youth. The current version of the curriculum is designed to help students develop self-control and communication skills, acquire resources that help them resist drug use, improve decision making strategies, and develop the motivation to not use drugs. Project Towards No Tobacco Use (Project TNT) is a
	classroom-based curriculum that aims to prevent and reduce tobacco use, primarily among 6th- to 8th-grade students. The intervention was developed for a universal audience and has served students with a wide variety of risk factors.
Project Venture	Project Venture is an outdoor experiential youth development program designed primarily for 5th- to 8th-grade American Indian youth. It aims to develop the social and emotional competence that facilitates youths' resistance to alcohol, tobacco, and other drug use.
Promoting Alternative THinking Strategies (PATHS), PATHS Preschool	Promoting Alternative THinking Strategies (PATHS) and PATHS Preschool are school-based preventive interventions for children in elementary school or preschool. The interventions are designed to enhance areas of social-emotional development such as self-control, self-esteem, emotional awareness, social skills, friendships, and interpersonal problem-solving skills while reducing aggression and other behavior problems.
Protecting You/Protecting Me	Protecting You/Protecting Me (PY/PM) is a 5-year classroom-based alcohol use prevention and vehicle safety program for elementary school students in grades 1-5 (ages 6-11) and high school students in grades 11 and 12.
Reality Tour	Reality Tour is a volunteer-driven substance abuse prevention program that is presented to parents and their children (ages 10-17) in a community setting over the course of one approximately 3-hour session.
Reconnecting Youth: A Peer Group Approach to Building Life Skills	Reconnecting Youth: A Peer Group Approach to Building Life Skills (RY) is a school-based prevention program for students ages 14-19 years that teaches skills to build resiliency against risk factors and control early signs of substance abuse and emotional distress.
Red Cliff Wellness School Curriculum	The Red Cliff Wellness School Curriculum is a substance abuse prevention intervention based in Native American tradition and culture. Designed for grades K-12, the curriculum aims to reduce risk factors and enhance protective factors related to substance use, including school bonding, success in school, increased perception of risk from substances, and identification and internalization of culturally based values and norms.
Refuse, Remove, Reasons High School Education Program	Refuse, Remove, Reasons High School Education Program (RRR) is a substance abuse prevention program that is designed to reduce high school students' favorable attitudes toward the use of alcohol, tobacco, and other drugs

	(ATOD); decrease their misperception of normative peer
Residential Student Assistance Program	ATOD use; and increase their refusal skills for ATOD use. The Residential Student Assistance Program (RSAP) is
(RSAP)	designed to prevent and reduce alcohol and other drug
(RSM)	(AOD) use among high-risk multi-problem youth ages 12
	to 18 years who have been placed voluntarily or
	involuntarily in a residential child care facility (e.g., foster
	care facility, treatment center for adolescents with mental
	health problems, juvenile correctional facility).
Reward & Reminder	Reward & Reminder, a population-level intervention
	targeting whole communities, counties, or States, is
	designed to promote the community norm of not selling
	tobacco to minors. By using rapid and public rewards and
	recognition for clerks and retailers/outlets that do not sell
	tobacco to minors, Reward & Reminder aims to reduce
	illegal sales of tobacco, perceived access to tobacco, and
	tobacco use prevalence rates.
Ripple Effects Whole Spectrum Intervention	Ripple Effects Whole Spectrum Intervention System
System (Ripple Effects)	(Ripple Effects) is an interactive, software-based adaptive
	intervention for students that is designed to enhance social-
	emotional competencies and ultimately improve outcomes
	related to school achievement and failure, delinquency,
	substance abuse, and mental health.
Rock In Prevention, Rock PLUS	Rock In Prevention, Rock PLUS, is a 12-week classroom
	curriculum designed for grades 3-6 that uses music and the
	arts as interactive teaching tools to influence behaviors and
	attitudes related to the use of four targeted substances:
	alcohol, tobacco, marijuana, and inhalants.
SAFEChildren	Schools And Families Educating Children (SAFEChildren)
	is a family-focused preventive intervention designed to
	increase academic achievement and decrease risk for later
	drug abuse and associated problems such as aggression,
CANIZODA W. d. W. d. Dd.	school failure, and low social competence.
SANKOFA Youth Violence Prevention	The SANKOFA Youth Violence Prevention Program is a
Program	strengths-based, culturally tailored preventive intervention
	for African American adolescents ages 13-19. The goal of the school-based intervention is to equip youth with the
	knowledge, attitudes, skills, confidence, and motivation to
	minimize their risk for involvement in violence,
	victimization owing to violence, and other negative
	behaviors, such as alcohol and other drug use.
Say It Straight (SIS)	Say It Straight (SIS) is a communication training program
out it outling it (e.e.)	designed to help students and adults develop empowering
	communication skills and behaviors and increase self-
	awareness, self-efficacy, and personal and social
	responsibility.
Second Step	Second Step is a classroom-based social-skills program for
•	children 4 to 14 years of age that teaches socioemotional
	skills aimed at reducing impulsive and aggressive behavior
	while increasing social competence.

	preadolescents and adolescents, is designed to help prevent participants' current and future use of alcohol and other substances, as well as the problems associated with this use.
SPORT Prevention Plus Wellness	SPORT Prevention Plus Wellness, a motivational intervention designed for use by all adolescents, integrates substance abuse prevention with health promotion to help adolescents minimize and avoid substance use while increasing physical activity and other health-enhancing habits, including eating well and getting adequate sleep.
STARS for Families	Start Taking Alcohol Risks Seriously (STARS) for Families is a health promotion program that aims to prevent or reduce alcohol use among middle school youth ages 11 to 14 years. The program is founded on the Multi-Component Motivational Stages (McMOS) prevention model, which is based on the stages of behavioral change found within the Transtheoretical Model of Change.
Stay on Track	Stay on Track is a school-based substance abuse prevention curriculum conducted over a 3-year period with students in grades 6 through 8. The intervention is designed to help students assess the risks associated with substance abuse; enhance decision making, goal-setting, communication, and resistance strategies; improve antidrug normative beliefs and attitudes; and reduce substance use.
Storytelling for Empowerment	Storytelling for Empowerment is a school-based, bilingual (English and Spanish) intervention for teenagers at risk for substance abuse, HIV, and other problem behaviors due to living in impoverished communities with high availability of drugs and limited health care services.
Strengthening Families Program	The Strengthening Families Program (SFP) is a family skills training program designed to increase resilience and reduce risk factors for behavioral, emotional, academic, and social problems in children 3-16 years old.
Strengthening Families Program: For Parents and Youth 10-14	The Strengthening Families Program: For Parents and Youth 10-14 (SFP 10-14) is a family skills training intervention designed to enhance school success and reduce youth substance use and aggression among 10- to 14-year-olds.
Strong African American Families (SAAF)	Strong African American Families (SAAF) is a culturally tailored, family-centered intervention for 10- to 14-year-old African American youths and their primary caregivers. The goal of SAAF is to prevent substance use and behavior problems among youth by strengthening positive family interactions, preparing youths for their teen years, and enhancing primary caregivers' efforts to help youths reach positive goals.
Students Taking A Right Stand (STARS) Nashville Student Assistance Program	The Students Taking A Right Stand (STARS) Nashville Student Assistance Program (SAP) is based on an employee assistance model and provides comprehensive school-based prevention services for students in kindergarten through 12th grade.

Teen Intervene	Teen Intervene is a brief, early intervention program for 12- to 19-year-olds who display the early stages of alcohol or drug involvement. Integrating stages of change theory, motivational enhancement, and cognitive-behavioral therapy, the intervention aims to help teens reduce and ultimately eliminate their substance use.
The Hero Project: Cultural/Adventure Rites of Passsage	The Hero Project (THP) is a high-risk behavior prevention program for Native and Non-native youths ages 11–18, which is based on the traditional stories of heroes and heroines from around the world.
The PreVenture Programme: Personality- Targeted Interventions for Adolescent Substance Misuse	The PreVenture Programme: Personality-Targeted Interventions for Adolescent Substance Misuse is a school-based program designed to prevent alcohol and drug misuse among 13- to 15-year-old students.
Theater Troupe/Peer Education Project	The Theater Troupe/Peer Education Project (TTPEP) aims to prevent substance use and other unhealthy behaviors among school-aged youth through peer education. Participants, usually youth of middle school age, are presented with an interactive theatrical performance, followed by two workshops.
Too Good for Drugs	Too Good for Drugs (TGFD) is a school-based prevention program for kindergarten through 12th grade that builds on students' resiliency by teaching them how to be socially competent and autonomous problem solvers.