Affective Competence & Example SMART Goal	Format							
	STRENGTH BASED MODEL				IMPEDEMENT MODEL			
	Learning Experience	Measure	Program/Model	Measure	Intervention	Measure	Behavior Modification	Measure
Personal The student will read *The Cult of Perfectionism* to adopt skills that help to minimize perfectionism. Using a journal, the student will document the skills used and their results over a 12-week period.	Bibliotherapy Book studies Discussion groups Capstone Projects	Self- assessment: essay, checklist, rating scale, participation Teacher-, peer-, self- ratings of quality and participation Rubric rating by teacher, student and expert	Autonomous Learner SENG Student Groups	Portfolio Peer Evaluation Teacher-, peer-, self- ratings of quality and participation	Support groups for stress, perfection-ism, over-excitabilities, etc.	Self-assessment. Essay or rating scale Teacher observation	Eliminating nail biting under stress Minimizing procrastination Increase use of techniques to manage over-excitabilities	Teacher and parent observation Self-evaluation chart Teacher and parent observation Interview
Social The student will learn how to collaborate and lead with his intellectual peers by joining the Destination Imagination team. This will be measured at the end of the competition using a team rubric that is evaluated by the sponsor, team members and the student.	Group work with a variety of peers Cinema Therapy Speech, drama, leadership clubs	Teacher observation Peer evaluation Portfolio Essay Self evaluation Sponsor observation Participation	Destination Imagination Future Business Leaders of America	Sponsor rating scale, rubric, participation Portfolio	Support group for specific social skills	Self-assessment Project that teaches others	Increase active listening during group discussions	Teacher checklist
Leadership The student will participate in a year-long community service project and will identify habits of mind necessary for a successful service project by keeping a checklist of the habits used and how often, which will be turned into a graph for easier analysis.	Community service projects Book study of famous leaders Leadership roles in school	Portfolio Presentation, essay, product Teacher/sponsor observation or rating scale	Habits of Mind Bloom's Taxonomy of Affective Development Leadership for Teenagers (book and activities)	Graph of which habits used most over time Chart of usage in various situations Participation, completion of all activities, product, etc.	Support group for those who need work on time management skills	Peer and self evaluations Portfolio of techniques used	Eliminate fear of speaking in front of a group through counseling or hypnosis	Self evaluation

Cultural The student will attend a cultural event with other students and write a journal entry on what he/she learned about the culture from the event. The student group will share their journal entries with the event coordinators, receive feedback and then self evaluate their learning experience.	Group work with culturally diverse students Participate in social justice and cultural activism clubs Be or host a foreign exchange student	Essay, peer evaluations of participation Participation, sponsor ratings Picture portfolio and journal			Support groups for students who find it hard to take culturally related risks	Teacher observation and ratings of participation and discussions	Elimination of culturally offensive language from students' vocabulary	Teacher observation Student journal
Communication The student will take a risk (T) by enrolling in an art class of his/her choice (M). The student will create a piece of artwork that expresses the emotions elicited from taking the risk, and will explain the art during an interview. (M)	Learn a foreign language Infuse the arts in projects and products. Broaden use of technology tools related to the discipline in which you are working	Self evaluation Interview in new language Video of conversation Product evaluated by expert in art medium used Demonstration of how to use technology tools Self-evaluation of success of use of tools in a project	Rosetta Stone	Mastery is built into the online program.	Take a class on a specific art form or technology software that you want to become more familiar with.	Teacher or self-evaluation		
College & Career The student will learn about what a lawyer does (T) by shadowing his/her uncle for a day (LE). The student will create a career portfolio of photographs, interviews and personal essays on what was learned, which will be evaluated by the uncle for accuracy (M).	Career Shadowing Mentorship Internship College Visits	Portfolio, essay journal, mentor rubric	Naviance College in Colorado	Goals set and attained	Take an ACT study class to raise score for admittance to specific college	Higher ACT score	Eliminate test anxiety	Chart of techniques and number of times used