

# Understanding Self – Self Assessment

## Taking Self-Assessments

Take the assessments below to evaluate your strengths and opportunities for improvement in reflecting on your lived experiences, mitigating your biases and understanding how both shape your leadership.

Likert Scale: Always, Frequently, Sometimes, Rarely, or Never.

## Assessment Questions

	A	F	S	R	N
1. I am aware of my own social identities (e.g., race and ethnicity, socio economic status, ability, language, sexuality, etc.).					
2. I actively listen to the viewpoints of those with a social identity different than my own.					
3. When students and families from my school or district share their concerns about practices, policies, or procedures, I investigate the impact of those practices, policies, or procedures for each student and student group in my school or district.					
4. I recognize when my cultural upbringing impacts the beliefs I hold about student groups.					
5. Part of the vision for my school(s) stems from a desire to equip all students with everything they need to excel.					
6. I believe a student’s competency is more than their assessment score.					
7. Each student is equally likely to demonstrate academic achievement or growth when given access and opportunity to effective and responsive instructional environments.					
8. I believe that students need to learn about the experiences of various cultures in order to have a high-quality education.					
9. I am open to learning about how students and families with different cultural and social identities than my own experience my school(s).					
10. I am open to challenging my assumptions about different cultures.					
11. I believe in forming relationships with all students and families to create an inclusive learning environment and increase participation and engagement.					

## MY SCORE

Always	Frequently	Sometimes	Rarely	Never
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## Scoring

Because we are all on this learning journey and can never “arrive,” we strongly encourage you to read the entire **Understanding Self** section from start to finish. However, if you find it more helpful to start with content that aligns to your scores, please see the guidance below.

If most of your answers were “Always” and “Frequently,” the section on [Intersectionality](#) is an optimal place to start.

If most of your answers were “Sometimes,” consider reviewing the tables and questions in [“Challenge 2.”](#)

If most of your answers were “Rarely” and “Never,” we recommend starting at the beginning of [Understanding Self](#) as the most helpful entry point.