



# Initial or Alternative Teacher License Evaluation Worksheet

## Demonstration of Professional Competencies and Depth of Content Knowledge

### Health (Grades K-12)

#### Applicant

Legal name:

Date:

#### Requirements

Endorsement content knowledge must be demonstrated by at least one of the following measures for each content area (check below). Please note, if you select a portfolio option to demonstrate a content knowledge category, it is your responsibility to ensure that evidence provided aligns with the Colorado Department of Education's teacher preparation standards. For more information about educator preparation standards, please see [this webpage](#). To learn more about content covered on Praxis exams, please visit [this webpage](#).

#### Health

- Praxis 5551: Official score report required (155 or higher)
- Coursework: Minimum of B- (list in grid below); syllabi and official transcript required
- Portfolio: Evidence demonstrating attainment of standards outlined below required

In the grid below, list the evidence by which you are demonstrating content knowledge. It is essential that thorough and complete information is provided for each row inclusive of listing all courses and evidence being utilized. Praxis subscores may be one piece of evidence for a section of content and also must be accompanied by additional evidence such as coursework.

HEALTH	Praxis Test Code/Name and Score:	
Categories for which you must demonstrate content knowledge  Candidates must possess knowledge of concepts, including:	Course #(s)/Title(s) and Grade(s)	Portfolio Description and Evidence
Health Education as a Discipline <ul style="list-style-type: none"> <li>● Health behavior theories and data</li> <li>● Assessment tools and resources for schools</li> <li>● Legal, ethical, and professional practices</li> <li>● Decision making models and concepts of character education</li> <li>● Human growth and development</li> <li>● Physical and mental health</li> <li>● Example courses include the following: child development, human behavior, human growth and development, psychology</li> </ul>		
Health Promotion and Prevention of Injury and Disease <ul style="list-style-type: none"> <li>● Disease and prevention</li> <li>● Nutrition</li> </ul>		



<ul style="list-style-type: none"> <li>• Healthy lifestyles and goal setting</li> <li>• Stress management</li> <li>• Substance abuse and impacts</li> <li>• Example courses include the following: alcohol/tobacco/drugs, disease, nutrition, wellness, obesity in the young, health insurance, health products, healthcare technology</li> </ul>		
<p>Healthy Relationships and Mental and Emotional Health</p> <ul style="list-style-type: none"> <li>• Relationship factors</li> <li>• Interpersonal communication</li> <li>• Human sexuality</li> <li>• Psychosocial development</li> <li>• Mental and emotional health issues and prevention strategies</li> <li>• Example courses include the following: interpersonal communication, psychology, marriage and family, behavioral health</li> </ul>		
<p>Community Health and Advocacy</p> <ul style="list-style-type: none"> <li>• Health and safety and related laws and regulations</li> <li>• Available community health organizations</li> <li>• Appropriate health messages and liaisonship with all partners</li> <li>• Society and environment and responsibility of individuals</li> <li>• Example courses include the following: health insurance, health care systems, health careers, health agencies, consumer health issues, individual rights</li> </ul>		
<p>Health Education Pedagogy</p> <ul style="list-style-type: none"> <li>• Assessment, curriculum development and planning</li> <li>• Cultural, societal, and familial sensitivity with controversial subject matter</li> <li>• Example courses include the following: pedagogy for health teachers, inquiry-based instruction, conceptual and skill-based health and health safety</li> </ul>		

Submission of this worksheet must be accompanied by all evidence listed in the grid above. You must receive approval prior to submitting an application for an initial teacher license.