UNIT TITLE: RELATIONSHIPS BETWEEN SKILLS AND SPORTS

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BASED ON A CURRICULUM OVERVIEW SAMPLE AUTHORED BY
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This unit was authored by a team of Colorado educators. The template provided one example of unit design that enabled teacher-authors to organize possible learning experiences, resources, differentiation, and assessments. The unit is intended to support teachers, schools, and districts as they make their own local decisions around the best instructional plans and practices for all students.

Date Posted: APRIL, 2018
<table>
<thead>
<tr>
<th>Content Area</th>
<th>Relationship Between Skills and Sports</th>
<th>Grade Level</th>
<th>5&lt;sup&gt;th&lt;/sup&gt; Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course Name/Course Code</td>
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<table>
<thead>
<tr>
<th>Standard</th>
<th>Grade Level Expectations (GLE)</th>
<th>GLE Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Movement Competence and Understanding</td>
<td>1. Demonstrate mature form for all basic locomotor, non-locomotor, manipulative, and rhythmic skills</td>
<td>PE09-GR.S.1-GLE.1</td>
</tr>
<tr>
<td></td>
<td>2. Demonstrate understanding of how to combine and apply movement concepts and principles to learn and develop motor skills</td>
<td>PE09-GR.S.1-GLE.2</td>
</tr>
<tr>
<td>2. Physical and Personal Wellness</td>
<td>1. Understand and apply basic principles of training to improving physical fitness</td>
<td>PE09-GR.S.2-GLE.1</td>
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<td></td>
<td>2. Demonstrate understanding of skill-related components of fitness and how they affect physical performance</td>
<td>PE09-GR.S.2-GLE.2</td>
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<td>3. Connect the health-related fitness components to the body systems</td>
<td>PE09-GR.S.2-GLE.3</td>
</tr>
<tr>
<td>3. Emotional and Social Wellness</td>
<td>1. Assess and take responsibility for personal behavior and stress management</td>
<td>PE09-GR.S.3-GLE.1</td>
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<tr>
<td></td>
<td>2. Choose to participate cooperatively and productively in group and individual physical activities</td>
<td>PE09-GR.S.3-GLE.2</td>
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<tr>
<td></td>
<td>3. Identify personal activity interests and abilities</td>
<td>PE09-GR.S.3-GLE.3</td>
</tr>
<tr>
<td>4. Prevention and Risk Management</td>
<td>1. Understand and utilize safe and appropriate warm-up, pacing, and cool-down techniques for injury prevention and safe participation</td>
<td>PE09-GR.S.4-GLE.1</td>
</tr>
</tbody>
</table>

**Colorado 21<sup>st</sup> Century Skills**

- **Critical Thinking and Reasoning:** Thinking Deeply, Thinking Differently
- **Information Literacy:** Untangling the Web
- **Collaboration:** Working Together, Learning Together
- **Self-Direction:** Own Your Learning
- **Invention:** Creating Solutions

<table>
<thead>
<tr>
<th>Unit Titles</th>
<th>Length of Unit/Contact Hours</th>
<th>Unit Number/Sequence</th>
</tr>
</thead>
<tbody>
<tr>
<td>Relationships Between Skills and Sports</td>
<td>Determined by Teacher</td>
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<tr>
<td><strong>Unit Title</strong></td>
<td>Relationships Between Skills and Sports</td>
<td><strong>Length of Unit</strong></td>
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<tr>
<td>Focusing Lens(es)</td>
<td>Manipulation</td>
<td>Standards and Grade Level Expectations Addressed in this Unit</td>
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**Inquiry Questions (Engaging-Debatable):**

- Which skills can one take from other activities that will allow one to become better in your selected activity? (PE09-GR.5-S.1-GLE.2-EO.a,b,c,d,e,f; IQ.4; RA.3; N.1,2)
- What are some activities that require the combination of skills? (PE09-GR.5-S.1-GLE.2-EO.a,b,c,d,e,f; IQ.4; RA.3; N.1,2)
- Will understanding skills allow for participation in other activities later in life? (PE09-GR.5-S.1-GLE.1-EO.a,b,c,d,e; IQ.1; RA.1,2; N.1,2,3)

**Unit Strands**

- Prevention and Risk Management in Health
- Emotional and Social Wellness in Physical Education
- Physical and Personal Wellness in Physical Education
- Movement Competencies in Physical Education

**Concepts**

- Analyze, Application, Sequence, Flow, Demonstration, Control, Accuracy, Engage, Enhance, Responds, Identification

**Generalizations**

My students will **Understand** that...

<table>
<thead>
<tr>
<th>Factual</th>
<th>Guiding Questions</th>
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</thead>
<tbody>
<tr>
<td>Analysis and awareness of self (and peer) behaviors during engaging activities enhances identification of efficient and skillfull movers</td>
<td>What are the key components of non-locomotor movements (throwing, dribbling, volley)?</td>
</tr>
<tr>
<td>Control of self and objects enhances accuracy and success in activities, games and sport</td>
<td>What are some examples of accuracy in different sports and activities?</td>
</tr>
<tr>
<td>Knowledge of sequence and flow increases proficient skill application during (varied) game play</td>
<td>What is offense? What is defense?</td>
</tr>
<tr>
<td>Identification of responsible behaviors allows for responding to safe and unsafe environments</td>
<td>What are the rules for (insert games, activities)?</td>
</tr>
</tbody>
</table>
Critical Content:
My students will **Know**...

- Throwing, catching, dribbling, volleying, striking and locomotor skills. (PE09-GR.5-S.1-GLE.1-EO.a,b,c,d,e) and (PE09-GR.5-S.1-GLE.2-EO.a,d,e)
- Strategies to use during game play. (PE09-GR.5-S.1-GLE.2-EO.f)
- Exercise plan (PE09-GR.5-S.2-GLE.2-EO.b)
- Respect for self and others during game play. (PE09-GR.5-S.3-GLE.1-EO.d,c) and (PE09-GR.5-S.3-GLE.2-EO.d)
- Differences between skills. (PE09-GR.5-S.1-GLE.2-EO.b)

Key Skills:
My students will be able to **(Do)**...

- Analyze and demonstrate throw, catch, dribble, volley, strike and locomotor skills. (PE09-GR.5-S.1-GLE.1-EO.a,b,c,d,e) and (PE09-GR.5-S.1-GLE.2-EO.a,d,e)
- Use strategy during game play. (PE09-GR.5-S.1-GLE.2-EO.f)
- Create exercise plan (PE09-GR.5-S.2-GLE.2-EO.b)
- Officiate and demonstrate respect for self and others during game play. (PE09-GR.5-S.3-GLE.1-EO.d,c) and (PE09-GR.5-S.3-GLE.2-EO.d)
- Identify differences between skills. (PE09-GR.5-S.1-GLE.2-EO.b)

Critical Language: includes the Academic and Technical vocabulary, semantics, and discourse which are particular to and necessary for accessing a given discipline.

EXAMPLE: A student in Language Arts can demonstrate the ability to apply and comprehend critical language through the following statement: **“Mark Twain exposes the hypocrisy of slavery through the use of satire.”**

A student in ____________ can demonstrate the ability to apply and comprehend critical language through the following statement(s):

Analyzing self and others through skill and sport activities promotes mature movement.

**Academic Vocabulary:** Analyze, Strategies, Officiate, Accuracy, Force, Strike, Volley, Dribble, Kick, Throw, Catch,

**Technical Vocabulary:** Locomotor, Non-locomotor, Application, Sequence, Flow,
Colorado Teacher-Authored Sample Instructional Unit

| Unit Description: | This unit cultivates the analysis and awareness of behaviors, control of objects, and knowledge of skill application during activities. The focus is on analyzing the patterns within skills, rules of the game, skill related fitness and responsible behavior. In addition, the ongoing learning experiences are focused on safe participation and responsible decision making. This unit culminates with students developing an original X-Game encompassing skill analysis, application of strategy and officiating. |

| Considerations: | Most fifth grade students will have a general understanding of locomotor and non-locomotor skills and the corresponding ability to demonstrate critical elements for those skills. However students will vary in skill acquisition, therefore this unit is designed to allow students to develop and/or experience skill practice, strategy development, and understanding of officiating. In addition you may need to consider: |
| | ● time spent with students (e.g. length of class, number of days a week) |
| | ● space |
| | ● class size |
| | ● physical challenges |

| Unit Generalizations |
| Key Generalization: | Analysis and awareness of self (and peers) behaviors during engaging activities enhances identification of efficient and skillful movers. |
| Supporting Generalizations: | Control of self and objects enhances accuracy and success in activities, games and sport. |
| | Knowledge of sequence and flow increases proficiency skill application during (varied) game play. |
| | Identification of responsible behaviors allow for responding to safe and unsafe environment. |

| Performance Assessment: The capstone/summative assessment for this unit. |
| Claims: | Analysis and awareness of self (and peer) behaviors during engaging activities enhances identification of efficient and skillful movers |
| Stimulus Material: | You and your team are X-Games creators. You are charged with the task of creating a new sport for the X-Games. Your new sport must incorporate: |
| | Three non-locomotor skills: |
| | ● kicking |
| | ● hand dribbling |
| | ● foot dribbling |
| | ● catching |
| | ● throwing |
| | ● volleying |
| | ● striking |
| | Two locomotor skills: |
| | ● walking |
| | ● running |
Once your game is created you will have the opportunity to teach, play your game with another group. After you’ve each played each other’s games, you will evaluate and be evaluated in the following areas:

**Opponent Assessment**
- How did your opponents demonstrate respect for others during game play?
- How did your opponent use effective game strategy?

**Game Assessment**
- Did game include required skills?
- What was the game strategy?
- Should this game be included in X-Games? Why or Why not?
- Self-Assessment
- What non-locomotor skill do you need more practice on?
- What skill related fitness component would help you improve?

**Product/Evidence:**
The students will work with a partner or small group as an X-Game creator. They will design a game consisting of three non-locomotor skills e.g. (kicking, hand dribbling, foot dribbling, catching, throwing, volleying, striking) and two locomotor skills e.g. (walking, running, jumping, skipping, hopping, leaping, galloping, sliding). Students will share and play their game creation with another pair/group. Upon completion of sharing segment they will complete a discussion/written evaluation.

**Differentiation:**
Students may:
- work with a larger or smaller group to develop product
- share a role with a student partner or staff member
- modify available equipment
- discuss their evaluation one on one with the teacher

**Texts for independent reading or for class read aloud to support the content**

<table>
<thead>
<tr>
<th>Informational/Non-Fiction</th>
<th>Fiction</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Kevin Durant (Amazing Athletes)</em> by Jeff Savage (Lexile level 710)</td>
<td><em>The Crossover</em> by Kwame Alexander (Lexile level 750)</td>
</tr>
<tr>
<td><em>Play Baseball Like a Pro: Key Skills and Tips (Play Like the Pros (Sports Illustrated for Kids)</em> by Hans Hetrick (Lexile level 760)</td>
<td><em>In the Year of the Boar and Jackie Robinson</em> by Bette Bao Lord (Lexile level 730)</td>
</tr>
</tbody>
</table>
# Ongoing Discipline-Specific Learning Experiences

<table>
<thead>
<tr>
<th></th>
<th>Description</th>
<th>Teacher Resources</th>
<th>Student Resources</th>
<th>Skills:</th>
<th>Assessment:</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Think like/work like an X-Games game creator to demonstrate understanding of locomotor and non-locomotor.</td>
<td><a href="https://www.youtube.com/watch?v=F-5fPe6wZT4">Video on how to throw a ball</a></td>
<td><a href="https://www.youtube.com/watch?v=B1qVvRh_cEy">Video on amazing 5th grade basketball player</a></td>
<td>Analyze and demonstrate locomotor and non-locomotor skills.</td>
<td>The students will complete self and peer assessment during game play.</td>
</tr>
<tr>
<td></td>
<td>Teacher Resources:</td>
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<tr>
<td></td>
<td>Student Resources:</td>
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<tr>
<td>2</td>
<td>Think like/work like an X-Games game creator to demonstrate understanding of safety rules, and respecting officials</td>
<td><a href="http://www.pecentral.org/lessonideas/ViewLesson.asp?ID=6277#.WJZc00UrIV0">Lesson ideas for student created games</a></td>
<td><a href="http://thepicturebookteachersedition.blogspot.com/2013/05/pe-challenge-create-your-own-pe-game.html">Lesson idea for student created game</a></td>
<td><a href="http://www.educationworld.com/a_lesson/02/lp266-05.shtml">Lesson plan for student invented game</a></td>
<td><a href="http://discoverykids.com/activities/best-of-the-x-games/">Best of the X-games for kids</a></td>
</tr>
</tbody>
</table>

# Prior Knowledge and Experiences

The learning experiences build upon a presumed student working knowledge of skill acquisition and critical elements. The unit will encourage movement analysis, the investigation of different game strategies, application of skills, and how they relate to the six skill related fitness components. Students may also possess different levels of fitness, self-awareness, safety, cooperative skills, leadership, and group dynamics.
## Learning Experience # 1

The teacher may pose the question, “What is and what leads to successful game play?” so that the students may analyze behaviors, skills, strategies and rules leading to joyful and successful game play.

### Generalization Connection(s):
Analysis and awareness of self (and peers) behaviors during engaging activities enhances identification of efficient and skillful movers.

### Teacher Resources:
- [https://www.youtube.com/watch?v=115zOiYVFCJ](https://www.youtube.com/watch?v=115zOiYVFCJ) (Video on how to catch a ball)
- [https://www.youtube.com/watch?v=F-5fPe6wZT4](https://www.youtube.com/watch?v=F-5fPe6wZT4) (Video on how to throw a ball)
- [https://www.eduplace.com/graphicorganizer/pdf/wheel_eng.pdf](https://www.eduplace.com/graphicorganizer/pdf/wheel_eng.pdf) (Sample graphic organizer for Joyful and Successful Game Play Web)
- [https://docs.google.com/a/egsd.org/forms/d/1bSK29kN8kVbKDwpLFZAS9X_1eGLtwP4H52a7cOGxYAc/edit?usp=copy](https://docs.google.com/a/egsd.org/forms/d/1bSK29kN8kVbKDwpLFZAS9X_1eGLtwP4H52a7cOGxYAc/edit?usp=copy) (Sample peer assessment form)

### Student Resources:
- [https://www.pinterest.com/pin/333055334928655121/](https://www.pinterest.com/pin/333055334928655121/) (Inspirational video on teamwork)
- [https://www.youtube.com/watch?v=fUXdrI9ch_Q&list=PLJtw61q24J7vWkGjhOER4iyr0tddrmU](https://www.youtube.com/watch?v=fUXdrI9ch_Q&list=PLJtw61q24J7vWkGjhOER4iyr0tddrmU) (Cartoon video on teamwork)
- [https://www.youtube.com/watch?v=q6RcTHNlxto&t=27s](https://www.youtube.com/watch?v=q6RcTHNlxto&t=27s) (Team Handball Instructional Video)
- [https://www.youtube.com/watch?v=DI4zp7yeuMU](https://www.youtube.com/watch?v=DI4zp7yeuMU) (Cartoon video on teamwork)
- [https://www.youtube.com/watch?v=BlqVvRb_cEY](https://www.youtube.com/watch?v=BlqVvRb_cEY) (Video on amazing 5th grade basketball player)
- [https://www.youtube.com/watch?v=OxJEcU7Ma7o](https://www.youtube.com/watch?v=OxJEcU7Ma7o) (Video shows good defensive positioning.)

### Assessment:
The students will participate in simple offense and defense game play e.g. (scooter pinball, modified team handball, keep away) so that they might recognize characteristics leading to joyful and successful game play. Throughout the game, students will think pair share characteristics and add them to a Joyful and Successful Game Play Web. Upon conclusion of multiple activities students discuss Joyful and Successful Game Play Web with class analyzing key components leading to targeted game outcome.

### Differentiation:
(Multiple means for students to access content and multiple modes for student to express understanding.)

<table>
<thead>
<tr>
<th>Access (Resources and/or Process)</th>
<th>Expression (Products and/or Performance)</th>
</tr>
</thead>
<tbody>
<tr>
<td>The teacher may</td>
<td>Students may</td>
</tr>
<tr>
<td>- vary the complexity of the activities</td>
<td>- choose a less complex activity</td>
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<tr>
<td>- provide one on one assistance</td>
<td>- discuss analysis one on one with teacher</td>
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<tr>
<td>- vary the equipment</td>
<td>- choose equipment appropriate for needs</td>
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<tr>
<td>- vary the size of the groups</td>
<td>- work in larger groups</td>
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<tr>
<td>- provide fewer parameters for activity</td>
<td>- work with greater independence</td>
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### Critical Content:
- Throw, catch, dribble, volley, strike, and locomotor skill
- Strategy during game play
Colorado Teacher-Authored Sample Instructional Unit

Key Skills:
- Analyze and demonstrate throw, catch, dribble, volley, strike, and locomotor skills.
- Use strategy during game play.

Critical Language:
Analyze, Strategies, Throw, Catch, Locomotor, Non-locomotor, Strike, Volley, Dribble, Kick

Learning Experience # 2

The teacher may provide exemplary skill demonstrations e.g. (YouTube video, professional athlete, teacher) so the students may compare and contrast their own skill performance on each of the critical elements leading up to skill acquisition.

Generalization Connection(s):
Control of self and objects enhances accuracy and success in activities, games and sport.

Teacher Resources:
- chrome-extension://oemmndcbldbofnladacbfmadadm/https://artiekamiya.files.wordpress.com/2014/02/1-0-learning-progression-for-overhand-throw.pdf (PDF for throwing critical elements and student assessment sheets)
- https://www.youtube.com/watch?v=11SzOiYVFCl (Video on how to catch a ball)
- https://www.youtube.com/watch?v=F-5fPe6wZT4 (Video on how to throw a ball)

Student Resources:
- https://www.youtube.com/watch?v=8j7auGg9NOQ (Video on how to kick a ball)
- https://www.youtube.com/watch?v=_jTzCz5KMa4 (Video on the basics of volleyball)

Assessment:
The students will participate in a variety of skill progressions and self/peer analyze their ability to perform critical elements of non-locomotor and locomotor skills.

Differentiation:
(Multiple means for students to access content and multiple modes for student to express understanding.)

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<tr>
<td>- vary the complexity of the activities</td>
<td>- choose a activities less complex</td>
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<tr>
<td>- provide greater parameters for activity</td>
<td>- work within greater parameters of activity</td>
</tr>
<tr>
<td>- vary the equipment</td>
<td>- choose equipment appropriate to their needs</td>
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<tr>
<td>- provide one on one assistance</td>
<td>- work with an instructor assistant</td>
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Extensions for depth and complexity:

<table>
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<tr>
<td>- vary the size of the groups</td>
<td>- work in larger groups</td>
</tr>
<tr>
<td>- provide a more difficult skill or higher expectation for acquisition</td>
<td>- work with a more complex skill set</td>
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</table>

Critical Content:
- Throw, catch, dribble, volley, strike, and locomotor skills.

Key Skills:
- Analyze and demonstrate throw, catch, dribble, volley, strike and locomotor skills.
### Critical Language:
Analyze, Throw, Catch, Locomotor, Non-locomotor, Strike, Volley, Dribble, Kick

### Learning Experience # 3

The teacher may pose the question, “How similarities and differences in skills e.g. {similarities (stepping with the opposite foot, follow-through, athletic stance) differences {specific body part engagement, specific body position, force vs accuracy}) so the student may determine appropriate practice options in a variety of skills.

| Generalization Connection(s): | Control of self and objects enhances accuracy and success in activities, games and sport. |
| Teacher Resources: | [https://www.youtube.com/watch?v=XctIjx9zKM3Y](https://www.youtube.com/watch?v=XctIjx9zKM3Y) (YouTube video throwing and catching drills)  
| Student Resources: | [https://www.youtube.com/watch?v=iDNQGR1VEP8](https://www.youtube.com/watch?v=iDNQGR1VEP8) (YouTube video throwing skill)  
[https://www.youtube.com/watch?v=F-5fPe6wZT4](https://www.youtube.com/watch?v=F-5fPe6wZT4) (YouTube video How to Throw a ball) |
| Assessment: | The students will work as “coaches” and create a practice drill focusing on one of the critical elements that is the same in two skills e.g. (stepping with the opposite foot, eyes on receiving object/ball, follow through.) Coaches then teach the drill that is the same for the two skills to another partnership/group. Upon completion of sharing, students practice newly learned drill in the two demonstrated skills discussing how skills they practiced are similar and different. |
| Differentiation: | Access (Resources and/or Process)  
The teacher may:  
- assign specific skills to student groups  
- provide greater parameters for activity  
- vary the equipment  
- provide one on one assistance  
Expression (Products and/or Performance)  
Students may:  
- create drill for assigned skills  
- work within greater parameters of activity  
- choose equipment appropriate to their needs  
- work with an instructor assistant |
| Extensions for depth and complexity: | Access (Resources and/or Process)  
The teacher may:  
- provide a list of skills to choose from  
- vary the size of the groups  
- provide a more difficult skill or higher expectation for acquisition  
Expression (Products and/or Performance)  
Students may:  
- choose from a list of skill  
- work in larger groups  
- work with a more complex skill set |
| Critical Content: | Differences between skills |
| Key Skills: | Identify differences between skills |
| Critical Language: | Analyze, Accuracy, Force, Throw, Catch, Strike, Volley, Dribble, Kick, Non-locomotor, Locomotor |
Learning Experience # 4

The teacher may present a video segment of X-Games so students may critique where each component of Skill Related Fitness is evident.

Generalization Connection(s):
Control of self and objects enhances accuracy and success in activities, games and sport.
Knowledge of sequence and flow increases proficiency skill application during (varied) game play.

Teacher Resources:
- [https://www.youtube.com/watch?v=VEQ-s679a10](https://www.youtube.com/watch?v=VEQ-s679a10) (YouTube video winter X Games)

Student Resources:
- [http://www.sciencekids.co.nz/videos/sports/reactiontime.html](http://www.sciencekids.co.nz/videos/sports/reactiontime.html) (Reaction time)
- [https://www.youtube.com/watch?v=QUyjZj9n9Vc](https://www.youtube.com/watch?v=QUyjZj9n9Vc) (Video explaining skill related fitness)
- [https://www.youtube.com/watch?v=ApFFJws3_pk](https://www.youtube.com/watch?v=ApFFJws3_pk) (YouTube video X Games athlete profile)
- [https://www.youtube.com/watch?v=G90qETnfgdo](https://www.youtube.com/watch?v=G90qETnfgdo) (YouTube video X Games athlete profile)
- [https://www.youtube.com/watch?v=2_DHlzWR7Y](https://www.youtube.com/watch?v=2_DHlzWR7Y) (YouTube video X Games athlete profile)

Assessment:
The students will create a fitness plan that develops each of the Skill Related Fitness components using the jigsaw method e.g., (Students create a station designed to develop one of the skill related fitness components. Students then participate in all the stations created by each group.)

Differentiation:
(Multiple means for students to access content and multiple modes for student to express understanding.)

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<thead>
<tr>
<th>Access (Resources and/or Process)</th>
<th>Expression (Products and/or Performance)</th>
</tr>
</thead>
<tbody>
<tr>
<td>The teacher may:</td>
<td>Students may:</td>
</tr>
<tr>
<td>- assign Skill Related Fitness Component</td>
<td>- work with assigned Skill Related Fitness Component</td>
</tr>
<tr>
<td>- vary the size of groups</td>
<td>- work in smaller group or with assigned partner</td>
</tr>
<tr>
<td>- provide one on one assistance</td>
<td>- work with teacher or instructor</td>
</tr>
<tr>
<td>- vary the equipment</td>
<td>- choose equipment appropriate to their needs</td>
</tr>
</tbody>
</table>

Extensions for depth and complexity:

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<tr>
<td>The teacher may:</td>
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<tr>
<td>- vary the size of the groups</td>
<td>- work in larger groups</td>
</tr>
<tr>
<td>- provide a more difficult skill or higher expectation for acquisition</td>
<td>- work with a more complex skill set</td>
</tr>
</tbody>
</table>

Critical Content:  
- Exercise plan

Key Skills:
- Create exercise plan.

Critical Language:
- Throw, Catch, Locomotor, Non-locomotor, Strike, Volley, Dribble, Kick
## Learning Experience # 5

The teacher will provide various strategies e.g. (man on man defense, communication, fakes, moving to open space, denying space) so the student may experiment with application of different strategies to enhance game play.

### Generalization Connection(s):

Knowledge of sequence and flow increases proficiency skill application during (varied) game play.

### Teacher Resources:

- [https://www.youtube.com/watch?v=k0usq4QFLaw](https://www.youtube.com/watch?v=k0usq4QFLaw) (Teaching games for understanding (TGFU) explaining this teaching strategy)
- [http://peandme.weebly.com/introduction.html](http://peandme.weebly.com/introduction.html) (TGFU online workshop)
- [https://www.youtube.com/watch?v=uogSJYb2BPw](https://www.youtube.com/watch?v=uogSJYb2BPw) (Sample A progression of small-sided games that will help elementary students understand some of the key concepts involved in net games.)

### Student Resources:

- [https://www.youtube.com/watch?v=sPSgV5Cgg20](https://www.youtube.com/watch?v=sPSgV5Cgg20) (Introduction to game sense approach to learning strategy)

### Assessment:

Students will participate in small sided game activities e.g. (3v3 floor hockey, 3v3 soccer, 3v3 modified team handball, team tag.), with the teacher assigning various strategies for the students to implement. Periodically teams will reflect and share out their effectiveness using the assigned strategy. Teams will then evaluate their next steps and then apply those improvements. Upon completion of activities, students will share what worked best for their team.

### Differentiation:

(Multiple means for students to access content and multiple modes for student to express understanding.)

#### Access (Resources and/or Process)

- The teacher may:
  - assign fewer strategies
  - vary the size of groups
  - provide one on one assistance

#### Expression (Products and/or Performance)

- Students may:
  - work with fewer strategies
  - work in smaller group or with assigned partner
  - work with teacher or instructor

#### Extensions for depth and complexity:

(Multiple means for students to access content and multiple modes for student to express understanding.)

#### Access (Resources and/or Process)

- The teacher may:
  - vary the size of the groups
  - provide a more difficult skill or higher expectation for acquisition
  - provides less direction
  - assign peer coaches

#### Expression (Products and/or Performance)

- Students may:
  - work in larger groups
  - work with a more complex skill set
  - uses discovery method to determine different strategies
  - work as a peer coach

### Critical Content:

- Strategy during game play

### Key Skills:

- Use strategy during game play.

### Critical Language:

- Analyze, Strategies, Throw, Catch, Locomotor, Non-locomotor, Strike, Volley, Dribble, Kick
Learning Experience # 6

The teacher may pose the questions “Why is it important to follow the rules of a game and do you predict your view of talking to the officials will change when you are an official yourself?”

**Generalization Connection(s):**
Identification of responsible behaviors allow for responding to safe and unsafe environment.

**Teacher Resources:**
- [https://classroom.kidshealth.org/classroom/3to5/personal/fitness/sportsmanship.pdf](https://classroom.kidshealth.org/classroom/3to5/personal/fitness/sportsmanship.pdf) (Sportsmanship lesson plan)

**Student Resources:**
- [https://www.youtube.com/watch?v=T0lUOgoWIns](https://www.youtube.com/watch?v=T0lUOgoWIns) (Great example of good sportsmanship)
- [https://www.youtube.com/watch?v=zuR_YBP7uKs](https://www.youtube.com/watch?v=zuR_YBP7uKs) (10 Athletes who were caught cheating)
- [https://www.youtube.com/watch?v=0JvTJchlk48](https://www.youtube.com/watch?v=0JvTJchlk48) (Video Always Be a Good Sport)

**Assessment:**
Students will create a game which includes three safety rules. Students create their game and teach it other group(s). Game creating group then officiates their game implementing their three safety rules. Once they have taught, played and officiated, they reflect on the importance of following game rules and their interactions with game officials.

**Differentiation:**
(Multiple means for students to access content and multiple modes for student to express understanding.)

**Access (Resources and/or Process)**
The teacher may:
- assign smaller group
- assign student partner or staff member as partner
- provide modified equipment
- discuss reflection one on one with student

**Expression (Products and/or Performance)**
Students may:
- work with a larger or smaller group to develop product
- share a role with a student partner or staff member
- modify available equipment
- discuss their evaluation one on one with the teacher

**Extensions for depth and complexity:**

**Access (Resources and/or Process)**
The teacher may:
- vary the size of the groups
- provide fewer or more parameters for activity
- assign peer coaches

**Expression (Products and/or Performance)**
Students may:
- work in larger groups
- work with greater independence
- work as a peer coach

**Critical Content:**
- Respect for self and others

**Key Skills:**
- Officiate and demonstrate respect for self and others during game play.

**Critical Language:**
- Analyze, Officiate, Throw, Catch, Locomotor, Non-locomotor, Strike, Volley, Dribble, Kick