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Fraser Valley Elementary

Fall 2016

Element 4: Reflection

Teacher Reflection

I was pleased at my students enthusiasm for this lesson. I had anticipated some push back from some of my students who don’t love to dance. I learned most of my students like to dance especially when they feel safe. I attribute my students enthusiasm toward this lesson to them feeling socially and emotionally safe enough to take risk. Even though I offered the option of just being the “coach”, all of my students took the opportunity to add their own element to the group dance and they all participated in our group warm up dance and their small group dance.

I would have liked more time to add videoing the dance prior to them showing another group.

Participant reflection (questions were written on white board and then read out loud. Students participated in a walk and talk with a friend, then they had the option of sharing with large group.)

*Where could you got to find activities like this outside of our school day?*

Students shared opportunities at our local recreation center, a dance studio that offers classes to children, making their own YouTube video with friends and putting on Go Noodle at home.

*If you were the teacher, what would you do differently?*

Students shared they would have liked to have their dances recorded. One group also discussed they would have liked to record their video but not show it to another group.

*How could you and a friend do activities like this outside of P.E.?*

Students shared very similar ideas to question one with the suggestion of bringing music out to play at recess so they could create dances.