

Student Wellness Grant

Health and Wellness Unit



COLORADO
Department of Education

OVERVIEW

The Colorado General Assembly passed House Bill 1224 in spring 2008 authorizing funding for local Student Wellness Programs, acknowledging that for students to reach their full potential, school communities need to address comprehensive issues of student wellness, including but not limited to addressing the physical, mental, emotional and social needs of students. They further stated that high quality physical education programs taught by persons who are licensed or endorsed in physical education may be a factor in battling the rising incidence of childhood obesity by ensuring not only that children receive a healthy level of physical activity, but that they also learn skills and develop knowledge that will enable them to maintain a healthy level of activity throughout their lifetimes.

This is a three-year grant with approximately \$488,000 available for distribution annually. Currently districts are in year one of this grant cycle.

PURPOSE

The purpose of the grant is the implementation of Whole School, Whole Child, Whole Community (WSCC) approaches to improve the health and wellness of students to reduce barriers to learning and health.

Grantees work at the school and district level to coordinate and align programs, policies, and environmental changes in an effort to systematically identify and address barriers related to learning and health. The program should include coordination with comprehensive health education programs.

DEFINITION OF STUDENT WELLNESS PROGRAMS

A local "Student Wellness Program" means a program adopted by a Local Education Provider (LEP) that is coordinated across components and is designed to provide services to students in one or more of the following component areas:

- Health Education
- Physical Education and Physical Activity
- Nutrition Environment and Services
- Health Services
- Counseling, Psychological and Social Services
- Social and Emotional Climate
- Physical Environment
- Family Engagement
- Community Involvement

Student Wellness Grants and Moving Forward

Student Wellness Grantees previously funded:

- Previously funded districts increased local partnerships and engaged staff in professional development opportunities.
- Over the three-year grant 100% of districts focused on sustainability, with 77% improving wellness policies to a great or very great extent.
- Schools and districts created school and district level teams to increase the health and wellness of students through increased access to school gardens, physical activity, and social emotional learning programs and supports.

Moving forward current grantees:

- Through a competitive grant process a new cohort of grantees were funded this year. Thirty-seven applications were received with a total request of \$1,227,903.00.
- Five (5) rural and nine (9) urban or suburban school districts including two (2) charter school groups were funded.
- For more information:



<https://tinyurl.com/v35t7ocm>

STUDENT WELLNESS GRANTEES 2021-2024

- Cherry Creek School District 5
- Eagle County District RE-50
- Swink School District 33
- Trinidad School District 1
- Harrison 2 - Atlas Preparatory Elementary
- Douglas RE-1 - Renaissance Secondary School
- Greeley-Evans School District 6
- Harrison School District 2
- Mountain Valley School District RE-1
- CSI - Steamboat Montessori
- CSI - New America Schools
- Sheridan School District 2
- Hayden School District RE-1
- Salida School District R-32



Whole School, Whole Child, Whole Community Approach

WHERE CAN I LEARN MORE? –

- To learn more, visit the [State Funded Student Wellness webpage](#).
- For questions, contact Jamie Hurley at hurley_j@cde.state.co.us or 303-866-6453
- [View all CDE fact sheets](http://www.cde.state.co.us/communications/factsheetsandfaqs): www.cde.state.co.us/communications/factsheetsandfaqs

