

### Overview

The mental health education literacy resource bank is required to include programs that are evidence-based, research-based or promising programs. To fulfill this requirement, a list of programs was collected from various third-party registries, such as non-profit organizations and research entities who have determined that these programs are evidence-based, which is required by C.R.S. 22-2-127.9. Each registry uses its own, unique criteria for rating a program to determine its grounding in evidence or research. If a program was reviewed by a registry, a link to that program's page on the respective registry is provided. A particular program might appear in multiple registries with one or more studies completed to determine the research base for each program.

### Support Tier Definitions:

Based on [Colorado Education Initiative's School Behavioral Health Services Framework \(PDF\)](#)

Tier 1: Universal Supports for All Students

Tier 2: Secondary or Targeted Interventions for Some Students

Tier 3: Tertiary or Intensive Interventions for Few Students

### Background

Colorado's Youth Mental Health Education and Suicide Prevention Act, HB 19-1120, directs the Colorado Department of Education to create and maintain a mental health education literacy resource bank for Colorado with assistance from the Colorado Department of Public Health and Environment Office of Suicide Prevention, the Suicide Prevention Commission, and the Colorado Youth Advisory Council.

### How to Navigate the Mental Health Resource Bank:

QR Code for MHRB Video:



### WHERE CAN I LEARN MORE?

- To learn more, visit the Mental Health Education Literacy Resource Bank webpage.
- For questions, contact Stephanie Bernard [Bernard\\_S@cde.state.co.us](mailto:Bernard_S@cde.state.co.us)
- View all CDE fact sheets: [www.cde.state.co.us/communications/factsheetsandfags](http://www.cde.state.co.us/communications/factsheetsandfags)