

Sample Transition Planning Worksheet Sample



Date 01/06/02
 Student Fred Swanson DOB 6/10/83 School Sandhill HS Grade 12

Transition Domains	Strengths	Needs	Goals/Objectives or Recommendations	Person Responsible
Education	Motivated to do well and go on to community college Good visual memory	Understanding of college requirements , study skills and organizational strategies	Visit community college and meet with disability services coordinator Complete study skills class Learn strategies to manage time and materials	Guidance counselor General-Ed teacher Fred and family
Career	Has completed SAM and COCIS assessments Has worked summers	Awareness of his strengths and limitations Opportunities to explore career options	Visit and interview employers to determine interests and skills match Meet with HS and college counselors to research certificate and degree programs	Fred Dad Counselors
Community Independent Living	Does not like being dependent Understands financial limitations of family	Money management skills Information about college costs and housing options	Learn and practice strategies for handling his own money and budgeting Research housing and financial aid options	General-Ed math class Fred Dad Counselor
Communication	Very nice looking Makes good eye contact Understands his disability	Practice projecting his voice, asking questions, participating in group conversations	Role play with teacher and peers Develop and practice questions to ask employers that he visits Join "Toastmaster" teen group	Special-ed teacher Fred Uncle
Social Interaction	Wants to be accepted and fit in Has a girl friend	Opportunities to socialize in more positive settings Information about sexuality issues	Research extracurricular clubs at school and in the community Participate in the "Teen Issues" class after school sponsored by the health Department	Guidance Counselor Fred
Recreation and Leisure	High energy Likes to stay in shape	To develop affordable options for physical activities outside school	Research and sign up for classes at the rec center Get information about coaching for Special Olympics	Fred Family

Sample Transition Planning Worksheet Sample



Date 01/16/02

Student Sara James

DOB 8/04/84

School King HS

Grade 10

Transition Domains	Strengths	Needs	Goals/Objectives or Recommendations	Person Responsible
Education	Can distinguish money Can count to 100	Strategies to manage money with purchasing and banking	Learn the next dollar strategy when making purchases and practice Develop concrete strategies to learn budgeting, ie using separate containers	Special-ed teacher Lunch room staff Parents
Career	Very social Likes to have money	Opportunities to try jobs in a structured environment	Review the "jobs in the community" video series to select 3 choices Participate in 3 job try outs either in school or the community	Special-ed teacher WES coordinator
Community Independent Living	Wants to dress "cool" Motivated to take care of hygiene alone	Strategies to help remind her of hygiene Steps to choosing more appropriate clothing	View the video series on hygiene for girls and "dress for success" Develop a picture list for her bathroom to remind her of steps	Health teacher Special-ed teacher Mom
Communication	Wants to be out in the community and do things for herself	To be able to identify the right people to ask for help and practice	Role play accessing services in the community, i.e. ordering a meal, go to the post office, banking, and dropping off dry cleaning Practice in the community	Special-ed teacher Parents
Social Interaction	Motivated to find friends Likes to work with people	Practice in initiating and maintaining relationships	Work with psychologist on skills to handle conflict more appropriately Participate in one club at school and church youth groups	Psychologist Family
Recreation and Leisure	Enjoy being with other people, peers and older adults	To develop leisure activities that will continue after high school	Participate in arts and crafts classes after school – explore classes offered at the rec center Contact Parks and Recreation Department to identify appropriate swimming classes	General-ed teacher parents