Dear Educator,

The Guidance and Counseling Advisory Committee proudly presents you with the "Career & Academic Planning Guide: Preparing Today For Tomorrow."

We realized we needed a way to involve parents to work with their children on career development activities. These exciting materials were developed by teachers and counselors across the state and validated by parents.

The Guide is for levels pre-Kindergarten through Grade 14. There are two grade specific sheets for each grade level with age appropriate activities divided into the four seasons of the year. These are activities for parents/guardians to complete with their son or daughter throughout the year. The Guide includes concrete ideas to show parents how they can assist their child to become a more prepared student and ultimately, a successful adult.

The "Career and Academic Planning Guide: Preparing Today for Tomorrow" will effectively empower parents and address critical learning areas. Through our combined efforts, we will involve parents while providing a holistic approach to career development for every student in your school.

Please distribute this information to families once or twice a year or as appropriate. The format is innovative and user-friendly. A set of reproduction masters is included.

Together, we can build a system that supports learning on many different levels. We hope you enjoy using this valuable resource. Thank you for your commitment on behalf of Colorado's students and for putting our students first in education.

Sincerely,

Theona Hammond-Harms
Director of Special Populations
Guidance and Counseling Specialist

Serving a quarter million students through 14 State system community colleges, two local district community colleges, four area vocational schools and career/technical programs in more than 150 school districts throughout the state.
Preparing Today for Tomorrow

Career & Academic Planning Guide

Grades Pre-Kindergarten through 14

Understand your strengths & interests
Know your choices & options
Set goals and take action

Learn to be a good worker at home & at school
Preparing Today for Tomorrow

Acknowledgement is extended to the following agencies for their support of this project.

COMMUNITY COLLEGES OF COLORADO

Community Colleges of Colorado
1391 North Speer Boulevard
Denver, Colorado 80204

cde

Colorado Department of Education
201 East Colfax Avenue
Denver, Colorado 80204

Know your choices & options  Set goals and take action

Learn to be a good worker at home & at school
Preparing Today for Tomorrow

Introduction

"Career and Academic Planning Guide: Preparing Today for Tomorrow"

The enclosed materials are designed for use by counselors and teachers to share essential academic and career-planning strategies with families. Each grade level sheet contains flexible activities divided into the four seasons of the year. The suggested activities support student readiness to learn and skills identified by the research as predictors of school success. The activities can be easily incorporated into family schedules. The activities provide a dynamic means for parents to become more active partners in the learning process.

The Career and Academic Planning Guide was developed by many of our state’s outstanding teachers, counselors, and administrators. They were asked what would be most beneficial to their school communities. Through much discussion, they decided on a goal of doing more to bring parents into the process of academic and career learning. This stand-alone, user-friendly tool, is the culmination of their work.

The Career and Academic Planning Guide:

★ Supports student learning through parent involvement.
★ Structures information by grade level and by the four seasons of the year.
★ Relates activities to grade level curricula.
★ Supports classroom learning and readiness to learn.

Why This, Why Now?

Both families and educators want children not only to be successful in school but also be prepared for the future. Successful adults have education, good work habits and careers that match their strengths and interests. Selecting a career is not something that just happens during high school or college, but it is a developmental process beginning in preschool. It is a process that is repeated throughout life. The following diagram shows the progression of successful career development.
Preparing Today for Tomorrow

Pre-School
Role play of work

Grade K-3
Awareness of careers

Grade 4-6
Awareness of self (strengths/interests)

Grade 7-8
Matching strengths & interests to potential careers

Grade 9-10
Determination of a broad career area to pursue

Grade 11-12
Development of a career goal and plan

Immediate Post-Secondary
Enter employment, training or college based on career goal

Adulthood
Enter career area or pursue advanced training

In addition to career and academic activities, each season has a focus area. These areas are designed to support good work habits in and out of school. The focus areas come from the Colorado Workplace Competencies developed by employers and educators across the state. These "focus" areas are those that assist students in becoming a good student and worker. The focus areas include:

**Communications Skills:** The ability to receive and relay information clearly and effectively

(listening, speaking, writing, interpreting, negotiating, persuading)

**Organizational Skills:** The ability to effectively and efficiently operate within a workplace

(planning, using time wisely, using resources, systems thinking, evaluating)

**Thinking Skills:** The ability to use reasoning

(problem solving, decision making, creative thinking, learning, analyzing, applying math)

**Worker Qualities:** The characteristics of an effective worker

(self-management, responsibility, flexibility, leadership, diversity, team participation)

**Technology Skills:** The ability to work with a variety of technologies and equipment

(demonstrates computer literacy, selects and applies technology)

Know your choices & options Set goals and take action
Preparing Today for Tomorrow

What the Research Says

Researchers have studied the influence of parents on children’s career choice and development. "What becomes very clear from reading the research is that families provide the most important learning environment of all. If parents are not encompassed in the learning process, schools – and school children – are being deprived of an essential source of support. If there is no continuity between home and school, it becomes difficult for a student to integrate the separate experiences." 1

Clearly, schools and families need to work together. Parent participation in education is very closely linked to better grades, test-scores, long-term academic achievement, and attitudes. As partners, parents and schools can do more to help children gain information and build skills. Yet the complexity of trying to create an integrated system of family-school interaction can be overwhelming. "Community involvement and support are essential for education to be successful. Schools cannot do it alone." 2

We believe schools can use the flexible format of this Career and Academic Planning Guide as one tool to support and encourage the educational partnership with parents. Families and school together can develop a foundation of shared experiences to prepare students for success.


Use and Distribution

The following information is contained in the Career and Academic Planning Guide: Preparing Today for Tomorrow.

1. Grade level guide sheets (for use by students and their parents) for families in a ready-to-go copy format. You are welcome to customize these documents with your school logo if you wish.

2. At the end of this guide, a complete resource guide is included. Although selected grade-appropriate resources are included on each grade-level sheet, the complete resource list can be used by teachers, copied for parents or made available to your media specialist.
Preparing Today for Tomorrow

Use and Distribution, continued

The grade-level guide sheets are designed to support the uniqueness of each school district and building. The grade level sheets should be distributed to all families in your school. They are easily duplicated and one grade level is contained on two sheets (Fall and Winter activities on one page and Spring and Summer on the next).

- It is recommended that Fall/Winter be distributed to families during back-to-school night or some other Fall event and Spring/Summer be given to families during semester conference time.

- The grade level sheet can be printed double-sided so that one grade level with activities for Fall, Winter, Spring and Summer are contained on one sheet. Distribution would take place once a year in the Fall.

- Other methods of distribution can be developed based on the needs and structure of your particular school.

- Remember to provide this information to new and transfer students.

Resources

Each grade level is accompanied with resources that complement the suggested activities. These are found in the upper right hand corner box. A complete resource guide is found at the back of the book. These also complement and further emphasize the suggested activity. These resources also provide educators with additional information that can be used in the classroom.

Conclusion

Parents have always been the most influential people in their child’s life. In today’s rapidly changing world, the guidance that parents give their children is even more critical to their success. The “Career & Academic Planning Guide: Preparing Today for Tomorrow” is an effective way to encourage the proactive participation of parents/guardians in the learning process.
Preparing Today
for Tomorrow

Grade Pre-K
through
Grade 5

Elementary
Preparin Today for Tomorrow

RESOURCES

World Wide Web:
4Children http://www.4children.com
Family Education.com http://www.familyeducation.com

Books:
The School Smart Parent: A Guide to knowing what your child should know from Infancy through Elementary School (Crown Publishing Group, ISBN 081291631X)

Jobs People Do (Dorling Kindersley, ISBN 0789414920)

Fall

With your son/daughter . . .

❖ Read to him/her often. Ask questions about each story.

❖ Have your child participate in chores.

❖ Practice taking turns with your child.

❖ Take a nature walk. Identify as many colors, shapes and textures as you can. Collect items to make a collage.

Winter

With your son/daughter . . .

❖ Have your child select books to read. Make up stories.

❖ Identify workers/careers in your community.

❖ Arrange play dates with other children. Discuss how to be a good friend.

❖ Have your child put on a play about a favorite story. Ask about the characters.
Preparation Today for Tomorrow

RESOURCES

World Wide Web:
Family Education.com http://www.familyeducation.com

Books:
I Spy A Picture Book of Riddles (Scholastic, ISBN 0590450875)

Spring

With your son/daughter...

- Take turns telling stories. Ask questions about the characters and talk about what they do well.
- Rehearse saying "please" and "thank you".
- Play games that help your child discover differences and similarities between things (i.e., Memory, I Spy, cards).

Summer

With your son/daughter...

- Talk about summer activities your family is planning. Talk about his/her part in the activities.
- Play "dress up" with your child with a career in mind (i.e., mail carrier, firefighter, doctor, police officer, construction worker, bus driver).
- Share the qualities that make your child a good friend. Give an example in your own life.
- When on errands, point out all the different jobs that people do and if they wear uniforms or special hats.

Understand your strengths & interests

Know your choices & options

Set goals and take action
Preparing Today for Tomorrow

**RESOURCES**

**World Wide Web:**
Family Education.com http://www.familyeducation.com
FunSchool http://www.funschool.com

**Books:**

---

**Fall**

With your son/daughter...

- Explain what clothes your child should wear for different kinds of weather. Choose an outfit for the day.
- Collect pencils, crayons, paper and envelopes. Set up a place in your home where your child can draw pictures and practice writing.
- Explain why he/she made a good choice and offer praise for reinforcement.
- Organize his/her room by labeling boxes, drawers and shelves with pictures and words to show where items belong.

---

**Winter**

With your son/daughter...

- Look over your child’s papers from school and discuss them with your child. (Ask “What did you learn?” “What did you do well?” and “What would you improve?”)
- Teach your child to use “please,” “thank you,” and “excuse me.”
- Write letters to send for any occasion (i.e., thank you, holiday, birthday, congratulations).
- Invite a friend to share in a planned family activity (i.e., visit the library for story time, come for a special lunch or dinner, visit a favorite playground).

Know your choices & options

Set goals and take action

---

Learn to be a good worker at home & at school
Preparing Today for Tomorrow

RESOURCES

World Wide Web:
Family Education.com http://www.familyeducation.com
Career Parent magazine http://careerparent.com

Books:
365 TV Free Activities (Adams Media Group, ISBN 1558505857)
Ramona and Her Father (Morrow, William & CO, ISBN 0380709163)

With your son/daughter...

- Point out different jobs in your community. Have him/her choose a favorite and discuss why he/she likes this job.
- After reading a story with your child, have him/her draw a picture of something that happened in the story and tell about it.
- After parent-teacher conferences, set two goals of improvement. Decide how to work toward these at home.
- Plan a family activity night. Let him/her plan the activity (i.e., games, puzzles, craft, cooking).

Summer

With your son/daughter...

- With your child choose one chore your child will be responsible for over the summer. Demonstrate how to do it correctly.
- Discuss all the teamwork required to keep a family running smoothly (i.e., clean the house, do the yard work).
- Point out qualities that make a good friend.
- Play games that teach him/her how to take turns.

Know your choices & options  Set goals and take action
1st Grade

Preparing Today for Tomorrow

RESOURCES

World Wide Web:
- Ask Jeeves http://www.ajkids.com
- Family Education.com http://www.familyeducation.com

Books:
- Jobs People Do... A Day in the Life... (DK Readers Series)

Fall

With your son/daughter...

- Select clothes for school the next day that would be appropriate for the weather. Talk about the different types of clothes used for different activities (i.e., yard work vs. office work, work vs. play).

- Select a place at home to store his/her school materials. Start a collection of schoolwork.

- Tell your child what he/she does well and why. Discuss the importance of these skills in work and play.

- Identify two chores to do at home. Demonstrate how to do them.

Winter

With your son/daughter...

- Take time to discuss the school day ("What was the highlight of your day?" or "What would you like to change?")

- Teach him/her how to answer the phone politely.

- Write a letter or card to someone special (i.e., grandma, grandpa, friend, teacher).

- Do a listening activity or game (i.e., follow three different directions, as in Simon Says or Mother May I?)

- Know your choices & options
- Set goals and take action

Learn to be a good worker at home & at school
**Preparing Today for Tomorrow**

**RESOURCES**

*World Wide Web:*
- Family Education.com [http://www.familyeducation.com](http://www.familyeducation.com)
- Fun Brain [http://www.funbrain.com](http://www.funbrain.com)

*Books:*

---

With your son/daughter...

- Compare the skills and qualities needed for your job with those that your child is using in school.

- Make a list of after-school activity options and have your child select one to complete.

- When report cards come home, discuss what he/she did well and what he/she needs to improve.

- Have your child help plan a weekend family activity.

---

**Summer**

With your son/daughter...

- Set up a chore chart for summer months.

- Set one or two goals to work on over the summer (i.e., academics, sports, chores, manners).

- Visit the library and obtain a library card. Draw a map of how to find things in the library. Choose at least one book to read together.

- Make a list of things to do to plan for a trip or activity. Create a timeline to complete the list.

---

Know your choices & options

Set goals and take action

---

Learn to be a good worker at home & at school
Preparing Today for Tomorrow

RESOURCES

World Wide Web:
Ask Jeeves http://www.ajkids.com
Funology http://www.funology.com

Books:
I Wonder Why The Telephone Rings and Other Questions About Communications (Larouse, Kingfisher, Chamber, Inc., ISBN 0732505151)

Fall
With your son/daughter...

- Decide a set time and place for when and where homework is done. Discuss how he/she might learn best (i.e., having music on or complete quiet, writing-it-down, practice, discussion).
- Assist the night before school to prepare for the next day. Get out clothes; organize backpack, homework, and school supplies so that the morning goes smoothly.
- Discuss those behaviors that make a good student. Identify those that apply to him/her.
- Create a scrapbook or notebook of schoolwork and favorite activities.

Winter
With your son/daughter...

- List all the ways that we communicate. Try doing one message several different ways (i.e., speaking, writing, singing, listening, drawing).
- Help your child make a collage of interests and activities to identify and discuss what is important to him/her (i.e., sports, ecology, hobbies, jobs).
- Show how to take a written message (i.e., phone, grocery list, school-project list).
- Write a letter or make cards for family and/or friends.

Know your choices & options
Set goals and take action
Preparation Today for Tomorrow

RESOURCES

World Wide Web:
Kid Sites http://www.kidsites.com

Books:
Jobs People Do, A Day in the Life... (DK Reader Series)

Spring

With your son/daughter...

- Talk about the different jobs of people who work in your neighborhood. Discuss the skills and qualities needed to do each job (i.e., grocer, dry cleaners, pharmacist, doctor, mail carrier).

- Discuss the importance of goals and together choose one for him/her to work on. Draw a map of how to take steps to reach the goal.

- Read a story and have him/her retell it to you.

- Conduct a survey of family and friends on their favorite family activity. Select one and plan the event.

Summer

With your son/daughter...

- Go through your daily routine and discuss all the different jobs that you see (i.e., when eating out, discuss all the different jobs that make a restaurant run).

- Make a “chore chart” for summer. Put stickers next to chores as they are completed.

- Discuss how we are rewarded for jobs well done (i.e., money, self-satisfaction, new friends, new skills learned).

- Discuss all the situations where teamwork is required (i.e., home, sports, types of workplaces).

Know your choices & options

Set goals and take action

Learn to be a good worker at home & at school
3rd Grade

Preparing Today for Tomorrow

RESOURCES

World Wide Web:
- Ask Jeeves http://www.ajkids.com
- Allowance http://www.fleetkids.com

Books:

Fall

With your son/daughter . . .

❖ Continue collecting schoolwork in a scrapbook or Notebook. Include career connections as you go.

❖ Consider establishing a savings and spending account. Talk about the importance of giving to others.

❖ Discuss ways to earn money and ways to spend it.

❖ Help your child establish a weekly or monthly planner for activities and assignments.

Winter

With your son/daughter . . .

❖ Help prepare him/her for the Colorado Student Assessment Program (CSAP) tests. Encourage your child to get a good night’s sleep, eat breakfast, and do his/her best.

❖ Celebrate one of his/her strengths and discuss how this makes him/her unique.

❖ Have your child write and send an e-mail to family and friends. Go to your local library for access if necessary.

❖ Cook and bake together and talk about following directions carefully. Discuss how this kind of reading is different from reading a story.

Know your choices & options

Set goals and take action

Learn to be a good worker at home & at school
Preparation for Tomorrow

RESOURCES

World Wide Web:
Ask Jeeves http://www.ajkids.com
Family Education.com http://www.familyeducation.com

Books:
How to Handle Bullies, Teasers, and Other Meanies (Rainbow Books, ISBN 1568250290)
Read To Me: Raising Kids Who Love To Read (Scholastic, ISBN 043908721X)

Spring

With your son/daughter...

- Identify skills and qualities needed for three different jobs in your city. (i.e., police officer, mayor, firefighter, secretary, planner).

- Discuss what peer pressure is and how it might affect aspects of your child’s life. Give examples of situations in which you would like him/her to say "NO" or "My mom and/or dad won’t let me do that."

- Choose a community issue or problem and discuss ways that it could be solved. Write out a plan of action. (Traffic, park equipment, recreation programs, safety).

Summer

With your son/daughter...

- Review CSAP scores and praise the areas in which he/she did well. Talk about ways to do better in areas that need improvement.

- Raise awareness of volunteer activities in your community and connect those activities with his/her interest areas.

- Make a list of where you and your child are part of a team. Identify household chores that require teamwork and select your team.

- Make and carry out a summer reading plan for pleasure. Choose 3-4 books to read together and make a list of new words he/she discovered.

Know your choices & options

Set goals and take action

Learn to be a good worker at home & at school
Preparing Today for Tomorrow

RESOURCES

World Wide Web:
- Kidsites http://www.kidsites.com
- Dictionary http://www.dictionary.com

Books:

Fall

With your son/daughter...
- Allow him/her to assume responsibility when selecting school supplies and clothes.
- Review or start a collection of his/her schoolwork in a Notebook. Point out progress and areas of improvement. Add to the Notebook on a regular basis.
- Set goals for this year, one focusing on academics and one on social skills.
- Set up a yearly planner to be used on a weekly basis. Be sure to write in special events, vacation times, recitals, and birthdays.

Winter

With your son/daughter...
- Help prepare him/her for the CSAP. Encourage him/her to get a good night’s sleep, eat breakfast and do his/her best.
- Everybody has special skills, abilities, talents, and gifts. List strengths and provide examples.
- Explore different opportunities for writing outside of school (i.e., notes to grandma, other relatives or to friends, e-mail, lists of things to do).
- Compare the differences between writing a letter or note and sending an e-mail (i.e., format, length, etiquette).

Know your choices & options  Set goals and take action
Preparring Today for Tomorrow

RESOURCES

World Wide Web:
- 4Children http://www.4children.com
- Coolmath http://www.coolmath.com

Books:
- Kid's Cooking-A Very Slightly Messy Manual (Klutz Publishing Group, ISBN 0932592147)
- How to Handle Bullies, Teasers, and Other Meanies (Rainbow Books, ISBN 1568250290)

Spring
With your son/daughter . . .
- Identify skills and qualities needed for four different jobs in your state.
- Discuss the value of helping others. Make a list of things to help neighbors or family members (i.e., babysitting, volunteer work, dog-walking).
- Talk about negative and positive peer pressure and bullying. Talk about a plan to deal with these issues.
- Have your child help make a weekly grocery list based on the meals that will be served over the week.

Summer
With your son/daughter . . .
- Select one volunteer activity to do during the summer (i.e., water neighbors’ plants, walk dogs, take in papers for neighbors on vacation).
- Expand your child’s responsibilities at home (i.e., doing dishes, laundry, dusting, pet care, organizing drawers and closets).
- Sit down with your child and plan options for summer activities.
- Play games together that help build spelling and math skills (i.e., Monopoly, Chess, Scrabble).

Know your choices & options  Set goals and take action
Preventing Today for Tomorrow

**Fall**

With your son/daughter...

- Organize an activity (i.e., park, zoo, museum) with an adult your child knows and would enjoy being with, in order for your child to build relationships with other adults.

- Block time in a weekly/monthly planner for study time, sports, home activities and chores.

- Name two recreational activities, why they are important, and how they affect his/her life (i.e., balance of work & play).

- Help your child choose a project (i.e., build a model, fly a kite, learn how to paint or use clay) you’d like to do together, break it down into manageable steps, and work toward its completion.

**Winter**

With your son/daughter...

- Help prepare for the CSAP. Encourage him/her to get a good night’s sleep, eat breakfast and do his/her best.

- Discuss the difference between verbal and non-verbal communications (i.e., body language, tone of voice).

- Play two new board games! Compare the tasks required in each game and rate the factors that make them fun.

- Ask new people you meet, as well as family members and friends, about their jobs and how they got them (i.e., mail carrier, grocer, store clerk).

**RESOURCES**

- **World Wide Web:**
  - Games: http://www.aolgames.com
  - Homework Central: http://www.homeworkcentral.com

- **Books:**
  - *Jobs People Do* (Dorling Kindersley, ISBN 0789414920)

**Learn to be a good worker at home & at school**

**Know your choices & options**

**Set goals and take action**
Prepping Today for Tomorrow

Resources

World Wide Web:
- Homework Central http://www.homeworkcentral.com
- Study Web http://www.studyweb.com

Books:
- *Taking the Bully by the Horns* (Unicorn Press, ISBN 0937004111)

Spring

With your son/daughter...

- Identify skills and qualities needed for five different jobs in the United States.
- Practice flexibility and the process of decision making by playing “What If” (i.e., What if the power went out? What if we ran out of gas?)
- Develop language to respond to peer pressure (i.e., "NO," "My parents won’t allow me to do that").
- Make a list of school supplies that will be needed to start 6th grade. Think about different ways to organize a locker.

Summer

With your son/daughter...

- Interview a middle-school student about what is different in middle school.
- Consider multi-level grade activities that prepare your son/daughter for transition to middle school.
- Select one community activity that he/she could be involved in (i.e., volunteer at a local museum, animal shelter or participate in a fun walk/run, parade, event).
- Develop a weekly schedule with 2-3 responsibilities to complete and one fun activity to plan.
Preparing Today for Tomorrow

Grade 6 through Grade 8
Middle School
Preparation for Tomorrow

Fall

With your son/daughter...

- Review CSAP scores. Identify strengths and areas of improvement. Help him/her set academic goals for middle school.

- Interview family members and friends about their jobs. Talk about responsibilities, skills, and training required for these jobs.

- Organize and develop a personal management system (daily planner, homework file, to-do list). Identify differences between elementary and middle school (number of teachers, schedule, lockers, independence, responsibility, elective classes).

- Collect grade reports, samples of work and conference information to put in a scrapbook or Notebook. (This is a good time to start this activity if you have not already.)

Winter

With your son/daughter...

- Help prepare for CSAP. Review test-taking strategies and preparation (get a good night’s sleep, eat breakfast, answer all questions, read instructions carefully).

- Discuss the kinds of classes he/she has in school and how different subjects and the skills acquired through classroom participation and classroom behavior may be helpful in a job situation (i.e., turning work in on time, following directions, problem solving).

- Visit the public library and select books to read for fun. Encourage your child to read at least 30 minutes per day.

- Help your youngster become involved in school sponsored activities to explore interests and develop skills.

World Wide Web:
- Homework Central http://www.homeworkcentral.com
- Study Web http://www.studyweb.com

Books:

RESOURCES

Know your choices & options
Set goals and take action

Learn to be a good worker at home & at school
Preparring Today for Tomorrow

RESOURCES

World Wide Web:  
- My Future http://www.myfuture.com  
- Money Management http://www.fleetkids.com

Books:  
- Cliques, Phonics and Other Baloney (Free Spirit Publishing, ISBN 1575420457)

With your son/daughter...

- Discuss what makes someone successful; describe situations in which these qualities would be helpful.
- Go to work together. Introduce him/her to your work environment, skills, responsibilities, and education.
- Consider your son/daughter’s abilities, interests and goals to make course selections for 7th grade. Discuss how he/she is doing in school. Evaluate options for the future.
- Consider opening a savings account with your son/daughter. Start discussions about saving, spending, and setting financial goals.

With your son/daughter...

- Identify opportunities that he/she can participate in during the summer vacation (Parks & Recreation programs or classes, camps).
- Identify career interest opportunities through travel, summer camp and recreation activities. Identify three kinds of jobs from these settings. Ask "What would it be like to be...a lifeguard...camp counselor...river guide...artist...tour guide?"
- Set 1-2 goals to work toward over the summer (i.e., read a certain number of books, go to a special event, learn how to make ice cream).
- Discuss ways to begin a savings plan and how allowances or doing chores for the neighbors might help in this endeavor. Talk about how to comparison-shop.

Know your choices & options  
Set goals and take action
Preparing Today for Tomorrow

Fall

With your son/daughter ...

- Review and discuss how skills measured by CSAP may be used in the workplace (i.e., how math and reading can be used in different careers).

- Do an internet search for three to four careers that he/she might be interested in exploring. Make a chart to compare: education, kinds of subjects to study, salary and job outlook. Suggested resources are listed on this page. Computers can be accessed through your public library.

- Help him/her develop a 24-hour "pie chart." Illustrate how time is spent on a daily basis. From this, evaluate time usage and strategize ways to improve.

- Keep a journal on spending habits. See where his/her money goes. Use this to develop a strategy to save.

Winter

- Review test-taking strategies to prepare for the CSAP. Assess his/her communication skills – listening, reading, writing, and speaking. With him/her consider ways to help improve these skills.

- Talk about learning how to handle impulsive behavior. Share what you do to combat this when you are at work.

- Read about jobs available in your community. Resources could include Internet, newspaper, magazines, and library. Take time to compare what employers are looking for in new hires.

- Identify and discuss options to become a more effective writer. Practice by writing directions on how to do common, everyday-tasks (i.e., how to make a peanut butter sandwich, how to make a bed).

RESOURCES

World Wide Web:
Mapping Your Future http://mapping-your-future.org
Career Parent Magazine http://careerparent.com
Adventures in Education http://adventuresineducation.org

Books:
- A Penny Saved: Teaching Your Children the Values and Skills They Will Need To Live in the Real World (Simon and Schuster, ISBN 0684824809)

Know your choices & options
Set goals and take action
Preparing Today for Tomorrow

RESOURCES

World Wide Web:
My Future http://www.myfuture.com
XAP http://www.xap.com
Adventures in Education http://adventuresineducation.org

Books:
Life Strategies for Teens (Fireside Books, ISBN 074321546X)

With your son or daughter...

- Plan a family outing and include another family in the adventure.
- Explore careers related to current class choices. What kind of career can you have with a background in science...math...music...physical education? Use library resources like Career Ideas for kids who like...by Diane Lindsey Reeves.
- Identify current issues in your community and discuss a variety of alternatives to influence what happens regarding them (i.e., do nothing, create one or several plans of action, scenarios). Choose one local issue of concern.
- Locate a self-assessment test on-line or through a library resource. See if it corresponds to careers that you have already explored. Be sure to keep the results in your scrapbook for future reference.

With your son/daughter...

- List current personality attributes, interests, and knowledge that are valued where you work. Tell him/her which ones on the list he/she already has and discuss others which might be worth developing.
- Talk about different kinds of leadership you have experienced in your career. Ask your son/daughter, "Do you see yourself as a leader or a follower?" Discuss why it's important to be both.
- Discuss the effects of peer pressure in your workplace. Ask him/her how this experience compares to his/her school environment.
- Help your son/daughter become involved in activities that demonstrate teamwork and leadership (volunteer opportunities, Scouts, 4-H, youth groups, sports).

Know your choices & options
Set goals and take action
Preparing Today for Tomorrow

**Fall**

With your son/daughter...

- Review CSAP results. Celebrate successes and make a plan to work on areas for improvement.

- Volunteer to be a guest speaker or become involved in career-related activities at school. Talk with your youngster about doing a job shadow in a career interest area.

- Identify and use resources to assist in career and academic planning (Internet, library, school, books). Identify ways you can assist your son/daughter in becoming more independent and responsible at school and home.

- Help update and revise his/her Notebook. Start a journal about his/her goals and progress. (Use prompts like: things I know; things I want to know; things I am successful at; things that are difficult for me...)

**Winter**

With your son or daughter...

- Review test-taking preparation and skills through library and Internet resources.

- Investigate the career resources listed on this page through public and school libraries, classroom and the Internet.

- Complete a 4-year high school plan with school counselor and/or teachers. Figure out how many credits are needed each year to graduate.

- Make the connection between personality and work environment. Encourage him/her to take a personality inventory test.

**Resources**

- **World Wide Web:** Adventures in Education http://adventuresineducation.org
  My Future http://www.myfuture.com

- **Books:**
8th Grade

Preparing Today for Tomorrow

Spring

With your son or daughter...

- Review middle school academic performance. Think about high school graduation requirements and your future goals. Discuss how these fit together and how choices now can affect goals later.

- Have your son/daughter choose to interview individuals in similar career areas. Connect him/her to your network of friends and acquaintances for career exploration purposes.

- Ask him/her "Where do you see yourself in ten years?" Develop a timeline including important events, past and future (i.e., graduation, marriage, college, etc.). Discuss preparation and education/training necessary to reach these goals.

- Visit the high school campus to help become familiar with the environment and staff.

Summer

With your son/daughter...

- Prioritize time and activities related to work, school, and family. Consider what is working well for your youngster and/or family and what needs to be improved.

- Discuss "survival skills" for high school, including academic demands that he/she might be concerned about. Check with the high school counselor to arrange an interview of a student at the high school.

- Review and revise "pie chart" representing time demands to consider as your son/daughter enters high school.

- Evaluate the pros and cons of having a part-time job. Consider available options, appropriateness and transportation to and from work. Help him/her to understand that perseverance is a critical element in job hunting.

Know your choices & options

Set goals and take action

Resources

World Wide Web:
XAP http://www.xap.com
Adventures in Education http://adventuresineducation.org

Books:
How To Be School Smart: Super Study Skills (Morrow, Williams & CO, ISBN 0688161391)
The Secrets of Taking Any Test (Learning Express, LLC, ISBN 1576853071)
Preparing Today for Tomorrow

Grade 9 through Grade 12

High School
Preparing Today for Tomorrow

**Fall**

With your son/daughter...

- Organize a workspace at home for schoolwork that has a place for books and materials.
- Talk about which classes he/she enjoys and why. Discuss how these classes relate to careers.
- Review the school's student and parent handbook. Talk with your son/daughter about the importance of school.
- Develop a budget for recreation, lunch, clothes, school supplies and other expenses. Review progress on a regular basis.

**Winter**

With your son or daughter...

- Suggest that your son/daughter take time to understand his/her interests and abilities. Discuss the results and identify three broad career areas he/she may wish to explore.
- Conduct a "scavenger hunt" to find information regarding the three career areas. Have him/her interview a person in two of these areas.
- Discuss test-taking strategies. (i.e., getting a good night's rest, eating a good breakfast). Ask how he/she might be preparing at school.
- Update or create a four-year academic/career plan based on interests, abilities and aptitudes, or make an appointment with the counselor to develop a plan.

**RESOURCES**

*World Wide Web:*
- Job Profiles [http://www.jobprofiles.com](http://www.jobprofiles.com)
- Budget [http://www.metlife.com](http://www.metlife.com)

*Books:*
- *100 Best Careers for the 21st Century* (Hungry Minds, ISBN 0022865396)
Preparing Today for Tomorrow

**Spring**

With your son or daughter...

- Discuss CSAP results. Use this information to make a list of steps to take to improve areas of academic weakness. Save the results in a scrapbook or notebook for future reference.

- Reinforce connections between school and the workplace (i.e., class attendance, being on time and turning your work in on time, attitude, quality work).

- Look into "real world" experiences beyond the classroom. Help your son/daughter find a job shadow, internship or apprenticeship, volunteer or participate in service learning.

- Revisit 4-year academic plan in regard to what he/she like to do and what he/she does well.

**Summer**

With your son/daughter...

- Discuss the importance of friendship, rest, play and ways summer activities can rejuvenate and refresh.

- Make a list of specific jobs that he/she might be interested in exploring. Discuss opportunities that might be available to your young adult both through school and outside of school. (See your advisor for more information, if needed.)

- Visit a friend in an interest area to continue the exploration process. Discuss the pros and cons of this career.

- Complete the above activity and discuss with your young adult what he/she liked and disliked about the job. With your son/daughter, write a summary for his/her Notebook for future reference.

---

**RESOURCES**

- World Wide Web:
  - My Future: [http://www.myfuture.com](http://www.myfuture.com)
  - XAP: [http://www.xap.com](http://www.xap.com)
  - Job Profiles: [http://www.jobprofiles.com](http://www.jobprofiles.com)

- Books:
  - *Do What You Are: Discover the Perfect Career for You Through The Secrets of Personality Type* (Little Brown, and CO, ISBN 0316880655)
Preparation Today for Tomorrow

**Fall**

With your son/daughter...

- Review his/her 4-year academic plan and discuss what was learned over the summer. Begin to make a list of awards and accomplishments to keep in a notebook for future reference.

- Explore activities he/she would like to participate in or ones in which he/she is already involved.

- Discover new activities at school or in your community to broaden opportunities. Select at least one to try.

- Create a menu of career opportunities to explore over the course of the school year. Refine goals.

**Winter**

With your son/daughter...

- Help him/her to identify contacts which may result in finding a job opening. Ask him/her if he/she prefers to work individually or in groups. Connect possible contacts with this preference.

- Begin to build a resume. Check the resources listed on this page to help with this process.

- Review a month of activities and discuss the importance of balancing school, family, friends and work.

- At home, create ways to support and build skills which employers are currently looking for in the people they hire (i.e., chores, responsibilities, recreation).

Know your choices & options  Set goals and take action
Preparing Today for Tomorrow

Spring

With your son/daughter...

- Encourage and discuss options in volunteering or holding a summer job. Obtain and help complete applications and set up interviews. Consider the options for self-employment.

- Discuss strengths and interests and the relationship to summer employment or volunteering. Help him/her to understand this is one way to explore a career.

- Discuss habits of effective workers at school and at home.

- Determine the strength areas (Access web site: www.2h.com) and discuss how these strengths relate to career interests.

Summer

With your son or daughter...

- Revise or create a budget for recreation, clothing and other expenses based on realistic expectations. Talk to him/her about the other things parents must include in their budget that benefit the child (i.e., rent/mortgage, insurance, vacation savings).

- Discuss checking accounts and how to use them. Consider opening one to manage allowance, car, food, and clothing expenses.

- Help him/her monitor progress towards goals, process what he/she is learning, and provide feedback and suggestions about how to keep or get back on track.

- Create and review action plans, checklists and milestones as he/she prepares to enter 11th grade.

RESOURCES

World Wide Web:
US News.edu http://www.usnews.com/usnews/edu/
My Future http://www.myfuture.com
Money/Budget http://www.metlife.com

Books:
The Seven Habits For Highly Effective Teens (Simon and Schuster, ISBN 0684856096)
Preventing Today for Tomorrow

**Fall**

With your son/daughter...

- Discuss ACT test taking strategies and postsecondary plans.
- Express interests in his/her plans, communicate the importance of setting goals. Check out the ACT preparation web sites at school or from home.
- Check admission criteria for selected colleges, tech schools, apprenticeships, military or employment to determine if additional coursework is needed.
- Evaluate the importance of extracurricular high school activities in relationship to college admission.
- Identify an item he/she would like to purchase and go through the process of comparison-shopping.

**Winter**

With your son/daughter...

- Meet with an advisor to discuss strengths/interests for post-high school plans. If they include college or university programs, ask about financial aid possibilities.
- Explore in depth career options. Encourage a leadership role in school or community activities.
- Set a goal to do occupational interviews in the three areas chosen. Have your advisor set up these opportunities. Check out occupational research questions on web site resources.
- Complete interviews. Write a summary paragraph comparing the information. Add these to your Notebook.

**RESOURCES**

- **World Wide Web:**
  - ACT http://act.org
  - Sample Tests http://www.2h.com
  - XAP http://www.xap.com
  - Career Key http://nces.ed.gov/careerk ey
  - Career Profile Assessment http://www.nccdc.com

- **Books:**
  - Baron’s 30 Best Buys for a College Education (ISBN 0764104306)

Learn to be a good worker at home & at school.
Preparring Today for Tomorrow

RESOURCES

World Wide Web:
ACT http://www.act.org
SAT http://collegeboard.com
XAP http://www.xap.com
US News.edu http://www.usnews.com/usnews/edu
Career Guidance Foundation http://www.collegesource.org

Books:
How the Military Will Help You Pay For College (Peterson's Guides, ISBN 0878669965)

Spring

With your son/daughter...

- Discuss ACT results and postsecondary plans. Save the information in his/her Notebook.
- Check admission criteria for selected colleges, tech schools, military, apprenticeships or employment to determine if additional coursework is needed.
- Attend college and career fairs. Discuss what options might be available. Request college catalogs, employment applications or information on apprenticeship programs through library, telephone, mail, or Internet.
- Review current spending and savings strategies for post-high school plans.

Summer

Understand your strengths & interests

With your son/daughter...

- Using narrowed options, develop realistic financial plans on estimated costs for post-high school goals. Decide if the ACT or SAT should be retaken.
- Seek out other students who have attended college or have had employment in a company of interest. Discuss the likes and dislikes. Obtain college admission forms and/or employment applications and note important dates.
- Share any retraining or schooling you had to accomplish to keep or improve your position at work. Build a sense of personal responsibility for controlling what happens in life.
- Visit nearby companies or colleges, or plan to visit post-high school campus choices over the summer. Establish a high value on education and good work habits.

Know your choices & options
Set goals and take action
Preventing Today for Tomorrow

**Fall**

With your son/daughter . . .

- Update awards and accomplishments. Recheck deadline dates for application submission for plans after high school.

- Check high school information sources (Counselor bulletin boards, FASTWEB) for program announcements and scholarship opportunities. Watch for December ACT and SAT dates.

- Arrange with teachers to write letters of recommendation. Develop a list of strengths and accomplishments that should be included for the teacher's review.

- Check and mail college admission forms or apprenticeship applications by deadlines. Make copies of all application information.

**Winter**

With your son/daughter . . .

- If college bound, help fill out financial aid forms (FAFSA) and complete and mail them six weeks before deadline date. Keep copies! Be aware that the family's taxes must be completed before this form can be submitted.

- Set up an informational interview (interviews conducted by someone interested in finding out more about a career/job) with professionals in the career of interest. Brainstorm informational interview questions, let him/her practice asking the questions, and give him/her feedback and suggestions.

- Discuss informational interview results. Help him/her interpret what he/she is hearing and determine the next steps.

- Identify the changes in lifestyle that will impact him/her in the transition after high school (i.e., do one's own laundry, balance one's own checkbook, cooking, nutrition, exercise).

- Set goals and take action

**RESOURCES**

- World Wide Web:
  - ACT [http://www.act.org](http://www.act.org)
  - FAST Web [http://www.fastweb.com](http://www.fastweb.com)
  - usnews/edu
  - XAP [http://www.xap.com](http://www.xap.com)

- Books:
  - (Interviewing)
Preparing Today for Tomorrow

RESOURCES

World Wide Web:
Budget/Money http://moneycentral.msn.com
               http://metlife.com
US News.edu   http://www.usnews.com/usnews/edu
My Future     http://www.myfuture.com
Career Guidance Foundation http://www.collegesource.org

Books:

Spring

With your son/daughter . . .

- Review the Notebook and celebrate accomplishments over the years. Determine what needs to be added or if there is anything left unexplored.
- Set aside time to discuss summer plans and deadlines for fall.
- Plan a celebration for high school graduation. Decide on a theme, guest list, food, and activities.
- Discuss the qualities that are important in friendships. Determine some ways to continue socializing after high school.

Summer

With your son/daughter . . .

- Create a realistic plan of anticipated monthly living expenses.
- Discuss strategies to reduce monthly expenses. (Topics to discuss might include: a roommate, types of housing available, entertainment, and transportation.)
- Make a list of things that he/she is good at and things that he/she likes about themselves.
- Pick an activity every two weeks to do together (cooking class or learn a new recipe together, go on a long bicycle tour).
Preparing Today for Tomorrow

Grade 13 and Grade 14

Higher Education
Prepping Today for Tomorrow

**RESOURCES**

*World Wide Web:*
Career journal [http://www.careerjournal.com](http://www.careerjournal.com)
Monster.com [http://www.monster.com](http://www.monster.com)

*Books:*
- *Is It Too Late to Run Away and Join the Circus: Finding the Life You Really Want* (Hungry Minds Inc, ISBN 0028621585)

**With your son/daughter...**

- Locate local support resources, people, and information to help him/her maximize his/her talents (i.e., internship programs, business tours, career guidance centers, mentoring programs).
- Attend a play, lecture or movie on a weekend. Discuss what was humorous or inspirational.
- Make a list of his/her priorities to ensure a balanced time-management lifestyle (i.e., recreation, work, school). Talk about the relationship between personal activities or lifestyle and performance at work or school.
- Encourage contingency plans and help him/her to develop an attitude for positive risk taking.

**Winter**

- Help clarify what it is he/she could do to enhance his/her school or work activities and then support his/her efforts (i.e., introduce him/her to colleagues who can help with career opportunities).
- Encourage independence and provide ongoing support regardless of the distance that separates you.
- Help him/her think through the consequences of his/her decisions and weigh his/her options.
- Practice negotiating skills (i.e., curfew, raise, allowance). Share with him/her some of the instances where one negotiates in everyday situations (i.e., shopping, restaurant, school).

Learn to be a good worker at home & at school

Know your choices & options

Set goals and take action
Preparing Today for Tomorrow

With your son/daughter...

- Explore independent living costs in your geographical area and in areas he/she might consider moving to based on recreation, weather, job outlook, and opportunity.
- Discuss how procrastination is really a form of decision-making.
- Explore three skills that would enhance his/her school or employment prospects.
- Develop an approach to achieving one of the skills identified above by taking small steps toward the goal.

RESOURCES

World Wide Web:
Career Journal http://www.careerjournal.com
Interview, Internship http://www.studentadvantage.lycos.com
Career Profile Assessment http://www.nccdc.com

Books:

Summer

With your son/daughter...

- Ask him/her if the course of study, job skills and responsibilities match with his/her likes and dislikes. Make a list to compare.
- Encourage him/her to take a career profile assessment. If he/she has taken one previously, compare the results.
- Identify what activities keep your life in balance (i.e., relationships, recreation, vacation time, exercise, leisure time, hobbies) Help your son/daughter to identify his/her balancing activities.
- Create a plan to include these in his/her daily routine.

Know your choices & options
Set goals and take action
Preparring Today for Tomorrow

RESOURCES

World Wide Web:
Peterson’s Guide http://www.petersons.com
Job Profiles.com http://www.jobprofiles.com

Books:
Letting Go: A Parent’s Guide to Understanding the College Years
(Harper Trade, ISBN 006095244X)
Travel That Can Change Your Life: How to Create a Transformational Experience (Jossey Bass Inc, ISBN 0787909416)

Fall

With your son/daughter...

- Help him/her to understand that the informal rules in the workplace are sometimes more important that the written ones (listening, adaptability, flexibility, enthusiasm).

- Illustrate the importance of networking skills by giving a successful example of your own experience.

- Explore the ways that new technology has changed the way you do your work (i.e., different ways to communicate, scope of clients, speed of communications, impact of retraining and amount of people hired).

Winter

With your son/daughter...

- Acknowledge your changing relationship and help him/her develop self-reliance.

- Discuss how success and failure are learning tools.

- Review decision-making skills as it applies to the classes he/she is taking, extracurricular opportunities, or the job held. Ask him/her, "How are these activities shaping where you want to be in 15 years?"

- Encourage travel to other states or countries.

Know your choices & options
Set goals and take action
Preventing Today for Tomorrow

RESOURCES

World Wide Web:
Internships http://www.internships.com
Internship/Resume http://www.studentadvantage.lycos.com
Career Journal http://www.careerjournal.com
Monster.com http://www.monster.com

Books:

With your son/daughter...

- Analyze job markets within the state, nation and world and compare cost of living with prevailing wages. (Access web site, careerjournal.com or monster.com to facilitate this research.)

- Explore summer internship opportunities. Encourage your son/daughter to check with campus career centers or look for opportunities online.

- Share the character traits you most admire about him/her (i.e., courage, caring, loyalty, humor, honesty, creativity, wisdom, self-discipline, compassion).

- Help him/her develop resiliency. If tough times emerge, help mentor him/her through them and develop positive outcomes.

With your son/daughter...

- Explore how the skills he/she is learning in school transfer to the workplace. (Access Transferable Skills Survey in the resource section of this page.)

- Revisit his/her resume. Think about the concept of a toolbox filled with different skills he/she has acquired.

- Help create and practice a 2-minute commercial about himself/herself to answer the interview statement, "Tell me about yourself?"

- Illustrate how endurance and persistence are important parts of a job search.

Know your choices & options  Set goals and take action
Preparing Today for Tomorrow

Resources
Preparing Today for Tomorrow

Resource Guide

We offer these resource listings as a tool kit for parents, students and educators. There is a wide variety of resources available – most listed here are outstanding resources suggested by a number of our contributors. The resources listed are grouped in grade levels. Both online sites and printed materials are listed.

**Pre-K K-1-2-3**

**Career Connections for Parents and Students**
- Family Education.com http://www.familyeducation.com
- 4children http://www.4children.com
- Kid Sites http://www.kidsites.com
- Ask Jeeves http://www.ask.com
- Games http://www.aol.com/games
- Funbrain http://www.funbrain.com
- Funology http://www.funology.com
- Funschool http://www.funschool.com

**Printed Materials for Parents**
Preparing Today for Tomorrow


Story and Activity Books to Support Family Activities


Preparing Today for Tomorrow


**Recommended Book Series:**

*DK Readers Series: Jobs People Do: A Day in the Life of...* By Linda Hayward

---

**Elementary K-1-2-3-4-5**

**Career Connections for Parents and Students**

Career Parent magazine  http://careerparent.com
Family Education  http://www.familyeducation.com
4children  http://www.4children.com
Funbrain  http://www.funbrain.com
Funology  http://www.funology.com
Funschool  http://www.funschool.com
Ask Jeeves  http://www.ajkids.com
Kid Sites  http://www.kidsites.com
Money Management  http://www.fleetkids.com

**Homework Helpers**

Homework Central  http://www.homeworkcentral.com
Study Web  http://www.studyweb.com
Ask Jeeves  http://www.ajkids.com

**Specific Subject Sites**

Dictionary  http://www.dictionary.com
Web Math  http://www.webmath.com
Coolmath  http://www.coolmath.com
Ask Dr. Math  http://www.askdrmath.com
Exploratorium  http://www.exploratorium.edu
National Geographic  http://www.nationalgeographic.com

---

Know your choices & options  Set goals and take action
Preventing Today for Tomorrow

Printed Materials for Parents


Books that Support Family Activities:


Recommended Series:
Career Ideas For Kids Who Like..... by Diane Lindsey Reeves, Checkmark Books.
Preparing Today for Tomorrow

Middle School 6-7-8

Career Connections for Parents and Students
Adventures in Education  http://adventuresineducation.org
Career Key  http://ncsu.edu/careerkey
Career Parent Magazine  http://careerparent.com
My Future  http://www.myfuture.com
Mapping Your Future  http://mapping-your-future.org
Monster.com  http://monster.com
Xap  http://www.xap.com

Homework Helpers
Homework Central  http://www.homeworkcentral.com
Study Web  http://www.studyweb.com
Fact Monster  http://factmonster.com
Exploratorium  http://www.exploratorium.edu

Specific Subject Sites:
Merriam -Webster  http://www.m-w.com
WebMath  http://www.webmath.com
SciCentral  http://www.scicentral.com
National Geographic  http://www.nationalgeographic.com
Money Management  http://www.fleetkids.com

Printed materials:


Know your choices & options
Set goals and take action
Preparing Today for Tomorrow


High School+ 9-10-11-12-13-14

Post Secondary Planning - Parents/students
Career Parent Magazine http://careerparent.com
Student Advantage http://studentadvantage.lycos.com
Adventures in Education http://adventuresineducation.org
Career Guidance Foundation http://www.collegesource.org
College Net http://www.collegenet.com
My Future http://www.myfuture.com
Mapping Your Future http://mapping-your-future.org
Monster.com http://www.monster.com
Yahoo! http://www.yahoo
US News.edu http://www.usnews.com/usnews/edu/
Career Journal http://www.careerjournal.com
Job Profiles.com http://www.jobprofiles.com
Interview Coach http://interviewcoach.com
Xap http://www.xap.com

Homework Helpers
Know your choices & options Set goals and take action
Preparing Today for Tomorrow

Study Web http://www.studyweb.com
Homework Central http://www.homeworkcentral.com

Specific Subject Sites
Scicentral http://www.scicentral.com/
Physlink http://www.physlink.com/
Researchpaper.com http://researchpaper.com/
Merriam - Webster http://www.m-w.com/
History Guide http://www.pagesz.net/~stevek/
Internships http://www.internships.com
Money/Budget http://moneycentral.msn.com
http://www.metlife.com

On-line self-scoring testing and traditional assessment sites
SAT http://collegeboard.com
ACT http://www.act.org
Career Key http://ncsn.edu/careerkey
Sample Tests http://www.2h.com
Transferable Skills http://www.d.umn.edu/student/loon/car/self/
career_transfer_survey.html

Career Guidance Foundation http://www.collegesource.org
College Quest http://www.collegequest.com/cgi-bin/
Testprep http://www.testprep.com
Access to many Self Assessment tests http://psychometrics.com

Financial Aid
FAST Web http://www.fastweb.com
Fin.Aide http://www.finaid.org
Sallie Mae http://scholarships.salliemae.com
FAFSA http://www.fafsa.com

Printed Materials for students, parents and educators:
Preparing Today for Tomorrow


Know your choices & options  Set goals and take action
Preparing Today for Tomorrow


