

2021-2022 Affective Needs Conference

Virtual Format, 3-event Series

Starting Thursday, October 21, 2021
4:00pm - 6:00pm



Presented by the
Colorado Council
for Children
with Behavioral
Disorders



In Collaboration
with the Colorado
Department of
Education

From Wounded to Hope - Why Self-care Alone is Not Enough

Presented by Dardi Hendershott of Hope 4 The Wounded

This empowering, interactive session will speak to enhancing our overall wellness both personally and as educators/child advocacy professionals. Many folks are referring to the events of this past year as a universal trauma we've all experienced in one way or another. Your jobs were already hard, even before having to navigate these most recent challenges. Through a comprehensive, practitioner-based approach, we will examine the dimensions of wellness on a personal level while also seeking to create safe professional environments where wounds are acknowledged and hope and healing are possible.

Attendees will:

- Utilize the Hendershott Model for Self-Care and Wellness.
- Explore how secondary trauma can contribute to compassion fatigue and/or burnout.
- Consider how secondary trauma or personal trauma can impede effective self-care.
- Practice self-reflection and vision through interactive activities.
- Be resourced with strategies for mental, physical, emotional, and professional health.

Whether you feel like you're limping along or ready to run a marathon, you are encouraged to join in this important conversation so we can position ourselves and each other to contribute to a hope-centered community.

Per Event:
\$15 Registration
2 CDE Contact Hours

Registration Link

QUESTIONS?
Contact CCCBD
Email Dawn Cruickshank

SAVE THE DATES!

December 2nd
The Bully, The Bullied,
and the Not-so-innocent
Bystander, with Barbara
Coloroso

January 2022
Date, presenter, and
topic coming soon!