



**Physical Education (Grades K-12)**  
**Added Endorsement/Alternative License Content Evaluation Worksheet**

**Applicant**

Legal name:

Date:

**Requirements**

**Professional competency in this content area must be demonstrated by one of the following pathways:**

- A. Documented evidence from an accepted, regionally accredited college or university indicating completion of 24 semester hours of college level coursework that meet the minimum requirement in each of the areas listed below. This may include a maximum of six semester hours of documented professional development or work experience.
- OR**
- B. A bachelor's or higher degree in Physical Education.
- OR**
- C. A passing score on the following Physical Education content exam:
  - PRAXIS #5091 / 148 or higher

Content coursework requirements	Coursework	Semester Hours	FOR OFFICE USE ONLY
<b>Psychological, Socio-cultural, Historical</b> (3 semester hours) e.g., Child Development, Psychology of PE, History of PE, Human Growth & Development, Pedagogy for physical education teachers			
<b>Physical &amp; Biological Science Foundation</b> (3 semester hours) e.g., Anatomy, Kinesiology, Exercise Physiology, Health			
<b>Individual Sports</b> (3 semester hours) e.g., Aquatics, Rhythm, Weight Lifting, Wrestling, Track & field, Tennis, Bowling, Golf, Badminton, Archery, Rodeo, Personal Fitness Planning, Safety			
<b>Team Sports</b> (3 semester hours) e.g., Baseball, Skiing, Softball, Basketball, Lacrosse, Field Hockey, Water polo, Flag & contact football, Soccer, Volleyball, Safety			
<b>Adaptive Physical Education</b> (3 semester hours) I.e., Physical Education for the exceptional child, physical education and recreation for individuals with disabilities			
<b>Organization/Evaluation of a P.E. Program</b> (3 semester hours) e.g., First Aid, Athletic Injuries, Health Policy Liability, Adaptive P.E., Rules & Officiating			
<b>Methods of Teaching Elementary PE, Secondary PE or Movement Fundamentals</b> (6 semester hours) e.g., Gymnastics, Tumbling, Weight Training, Dance, Conceptual & Skill-based physical education			