#### School Nutrition 101and Proposition FF

Ilene Agustin, MSOL, RD, SNS CSI School Nutrition Manager



#### Slide 2

#### Objectives

- Learn how school lunch started
- Identify the 3 ways Free and Reduced Meals are determined
- Understand what is part of a school meal
- Hear from students how they feel when they are hungry
   Provide information on Prop FF
- Open forum w/ questions

#### Slide 3

### 1946 National School Lunch

- Signed into Law by President Truman
- Act
- Signed into Law by . . . . .
  Why?
  During Physical examinations for military service, many young men were malnourished.
  An outlet was needed for agricultural commodities produced by flourishing farms after WWII.
  Lunch at school promoted a better situation for learning to take place.




#### What did lunch consist of?

- $\frac{1}{2}$  pint of fluid whole milk
- 2 oz protein-rich food( meat, poultry, cheese, eggs, beans, or peanut butter)
- ¾ cup serving of two or more vegetables, or fruits or both
- 1 portion or serving bread made of whole grain or enriched meal or flour
- 2 teaspoons of butter or fortified margarine



#### Slide 5

#### Child Nutrition Act of 1966

- In mid 1960s Congress took a greater interest in Nutrition and poverty in various parts of the country.
- As a result the Nutrition Act of 1966 was past into law.
- If provided first substantial funding for:
   Meals for needy children
   Guidelines for identifying the needy
   A pilot breakfast program

#### Slide 6

### Free and Reduced Priced

The Nutrition Act set criteria for states to ensure that students qualified for meals on a fair basis.

Household income less than 130 percent of federal income poverty guidelines qualified for meals students for five meals students for five meals that the property guidelines qualified students for reference to poverty guidelines qualifies students for reduced meals reduced for five meals students for reduced meals

Meals




#### 3 methods used to qualify students for F/R meals

- Direct Certification-done 4 times per school year. Based on SNAP, TANF, and other programs.

  Annual Household Meal Applications- done by family filling out a meal application.

  Community Eligibility-determined by 40% of students in a school identified as directly certified for free meals as of April 1 of the preceding year.

  All of these services should be done by your School Food Authority

#### Slide 8

#### Federally Subsidized School Nutrition Programs

Schools get Federal Reimbursement for meals served based on student Free, Reduced, or Paid status.



#### Slide 9

#### State Funding

- Start Smart Nutrition Program
   Reimbursement for reduced-price breakfast for grades Pk-12.
- Pk-12.

  Eliminates the \$.30 co-payment for reduced price breakfast paid for by families for students in all grades.

  Participating students still have a reduced-price status.

  Child Nutrition School Lunch Protection Act
  Reimbursement for reduced-price lunch for Grades Pk12.

- Eliminates the \$.40 co-payment for reduced price lunch paid for by families for students in all grades.

						_
				 		-
			 	 	 	-
				 	 	_
	 		 	 	 	_
						_
			 	 	 	_
			 	 		_
	 	 	 	 	 	_
				 	 	-
				 	 	_



#### Slide 11



#### Slide 12




## Slide 13 Proposed upcoming changes to School Meals One proposal would limit flavored milk to grades 9-12. Another option would allow flavored milk for K-12. Both options would limit added sugars in flavored milk. Slide 14 Proposed upcoming changes to School Meals Proposed rule would include 2 sodium reductions for breakfast (10% each in fall 2025 and Fall 2027). And would include 3 sodium reductions for lunch (10% each in Fall 2025, Fall 2027, and Fall 2029). Sofiam Mularwellylinksprokely sectional (SA) sommediates Annales Slide 15 Proposed upcoming changes to School Meals One proposal is to leave rule which requires 80% of all grains offered in the school week to be whole grain rich. Another option would allow schools to serve non-whole grain enriched foods one day per school week.

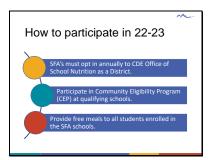


#### Slide 17

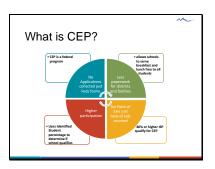


#### Slide 18

Healthy Meals for All program	m
<ul> <li>Provides funding opportunities and access to Colorado Scho Food Authorities participating in National School Breakfast a National School Lunch Program.</li> </ul>	
<ul> <li>Each tier of this program is optional. but must be done as an SFA.</li> </ul>	entire
Reimbursement for Meals provided to Students that would otherwise pay full price for a meal.	
FY24-25 • Funding to purchase local food from Colorado.	
Funding to increase wages or provide stipends to staff who prepare and serve meals	

#### Slide 20



#### Slide 21

#### Reimbursement

- The State will reimburse funding at the Federal Rate.
  Federal Reimbursement will still be at the Free, Reduced, and Paid Rates.
  Schools of SFA that opt in will get the difference of the Federal Free rate reimbursed by the state.


## Slide 22 Do we still need to collect meal applications? • For schools that qualify for CEP program, you would collect Feds Forms. For schools that do not qualify for CEP, you would still collect meal applications. Slide 23 What are the Pros and Cons? Pros Cons May need more staff/equipment due to increased participation. All kids eat free. All kids eat free. Better learning due to less kids being hungry. Reimbursement will be at the free rate for all students. Unpaid meal debt will not longer be accrued. Possible supply chain issues. Difficulty getting families to fill out Feds form/meal application.

Slide 24

If you are not participating in CSI SFA but are interested in learning more:
Contact Ilene Agustin at IleneAgustin@csi.state.co.us
If you are participating in another SFA, reach out to them and find out how Healthy School Meals for All will impact your contract and current practices.
If you are not participating in any SFA and don't plan to, you will continue to collect FEDS forms and determine Free or Reduced priced lunch eligibility at the school level.

# Slide 25 Resources Frequently Asked Questions and one page flyer from CDE: https://www.cde.state.co.us/nutrition/healthymealstorainguideShare this one-page flyer highlighting main talking points https://www.cde.state.co.us/nutrition/healthymealstorailresource Opt into the CDE Office of School Nutrition DISH newsletter at: https://state.us5.list-manage.com/subscribe?u=bee6c43ae6102530cfg9acdfy8id=6bb648e283 Slide 26 Questions Slide 27 **Contact Information** Ilene Agustin, School Nutrition Manager Phone number: (720)765-2981 Email: <u>IlleneAgustin@csi.state.co.us</u>