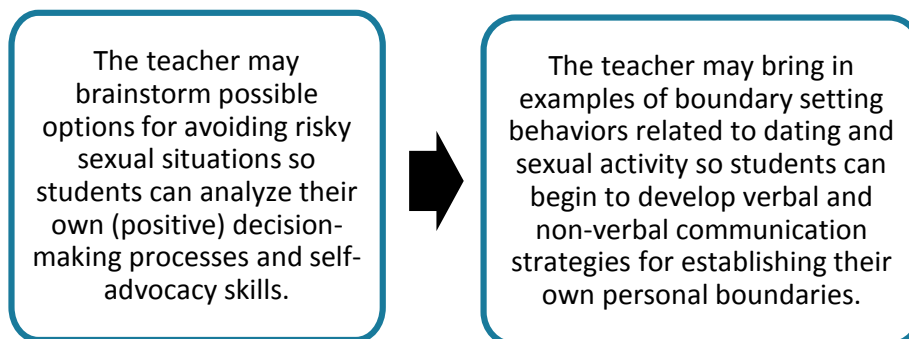
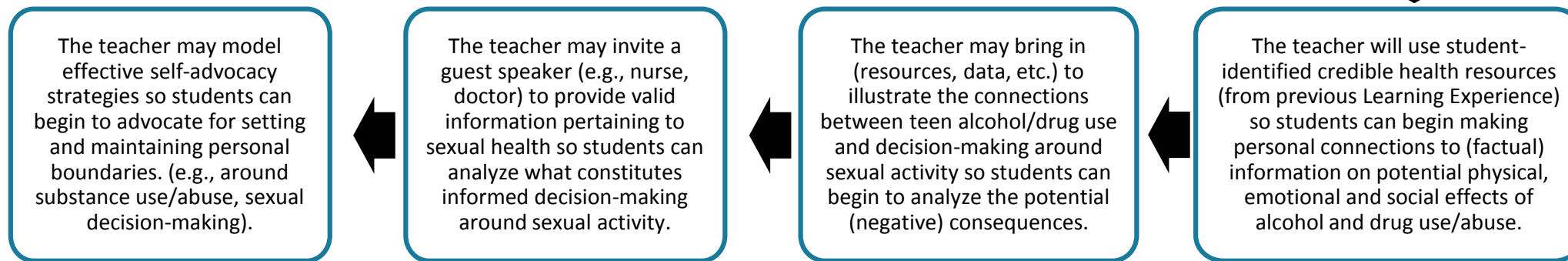
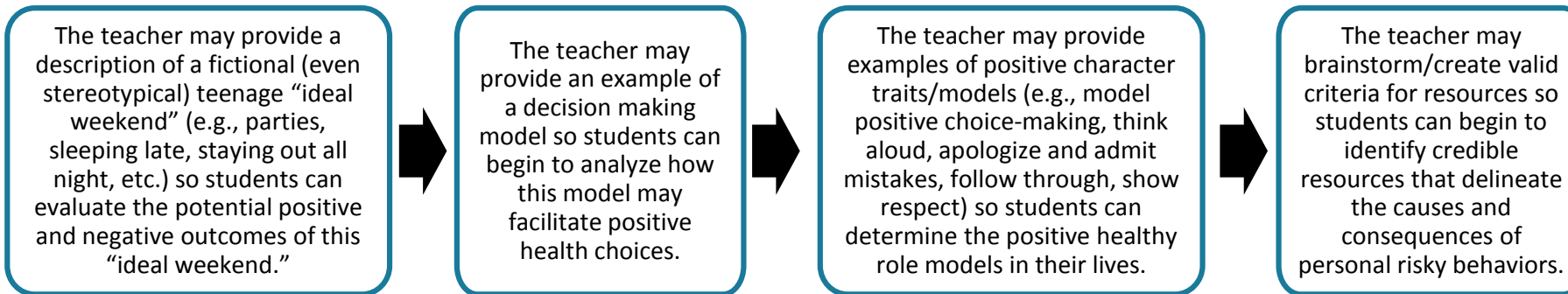


## Instructional Unit Title: Setting and Respecting Personal Boundaries



**PERFORMANCE ASSESSMENT:** As a group of community health care professionals you and your fellow peers have been asked to design a Public Service Announcement (PSA) for teens using one of the following scenarios that will demonstrate an understanding of decision making and self-advocacy skills to maintain personal boundaries in order to minimize risky situations.

- A best friend is sneaking alcohol into school in soda bottles.
- A boyfriend/girlfriend is pressuring someone to be sexually active.
- Friends are going to a party without parent supervision and pressure others to attend
- A social group wants a peer to lie to parents’ (about where they are going/what they will be doing)

You and your group members will create a PSA (e.g., video, power point, Prezi, brochure etc.) that would be shared school wide using one of the scenarios to illustrate personal boundaries, peer influence and decision-making skills.

Your PSA must address and revolve around this question: How do individual set and maintain personal boundaries that minimize risky behavior?

*This unit was authored by a team of Colorado educators. The unit is intended to support teachers, schools, and districts as they make their own local decisions around the best instructional plans and practices for all students. To see the entire instructional unit sample with possible learning experiences, resources, differentiation, and assessments visit <http://www.cde.state.co.us/standardsandinstruction/instructionalunitsamples>.*