

Handout II: Anti-Bullying Reflection Questions

Use as discussion prompts, for the whole class or small groups. Develop action steps, based on question No. 9, as a conclusion to the lesson.

1. Do you think bullying is a serious problem in your school or community? Why or why not?
2. How do you think bullies feel when they demean someone else?
3. Do you think it's possible to make a bully understand other people's feelings? Why or why not?
4. How do adults in your school or community address bullying? Have you seen adults look the other way? What kind of interventions have you seen adults use to prevent or stop bullying?
5. What kind of interventions can young people use to prevent or stop bullying? List three things you could do to defuse a bullying situation.
6. Do you think you've ever bullied someone? If so, what made you stop? What made you want to bully someone again?
7. Did any of the facts in the quiz concern you personally? Which ones?
8. After taking the quiz, are there behaviors or experiences you have had that you want to change? Describe your feelings, what you might want to change, and how you could go about making that change.

DIG DEEPER:

Use these anti-bullying sites to help you evaluate bullying at your school and plan anti-bullying programs:

www.onthenet.com.au/~townsend/anti-bullying.htm

www.creatingcaringcommunities.org