

Affective Guidance: Addressing Social-Emotional Needs of Gifted Students

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Post-It Activity

Think of the challenges your
gifted students talk about or
may face,.
Jot down a few ideas...

Brainstorm...Post-its...



Categorize...Tree Map....



Hmmmm...

- What do you notice?
- Patterns or themes?
- Surprises?
- Implications?

Think About....

- How many of your students currently set CCC/SE goals?
- How are these goals implemented/addressed?
- How are they monitored?

NAGC Standards, Uplifting SE Expectations

- In your group's section, highlight or identify the descriptors that signal expectations for social-emotional support and/or career/college counseling
- Be prepared to report your findings to our large group

Affective Guidance: Addressing the Social- Emotional Needs of Gifted Students

- We invite you to recognize the affective needs of gifted students, to understand the components of a supportive classroom environment as well as the impact of appropriate intervention, and to be able to respond to specific social/emotional and educational needs of gifted students in a classroom environment. *Required Text:* When Gifted Kids Don't Know All the Answers by Jim Delisle, Ph.D., and Judy Galbraith, M.A.

1.5 credit

Module Sections

- Knowing Myself & Understanding Others
- Encouraging Risk-Taking
- Managing Moods
- Addressing Anxiety & Stress
- Advocating for Oneself
- Identifying Interventions

1. Knowing Myself: Major Concepts

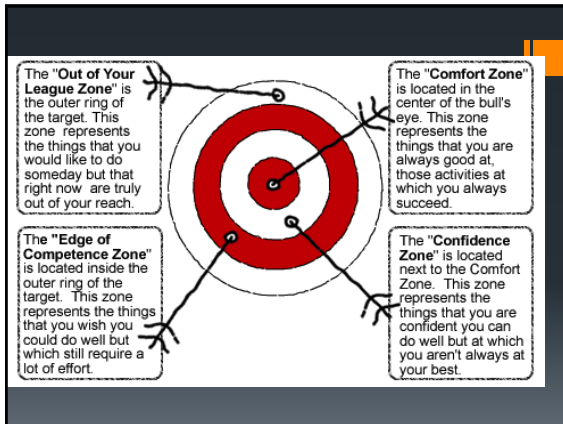
- Asynchronous Development
- Intensity, Overexcitability
- Heightened Sensitivity
- Interactions with others

Case Study Approach

- Interviews, surveys
- Discussions and goal-setting
- Intervention activities and strategies
- Monitoring and Adjusting
- Reflection

2. Risk-Taking

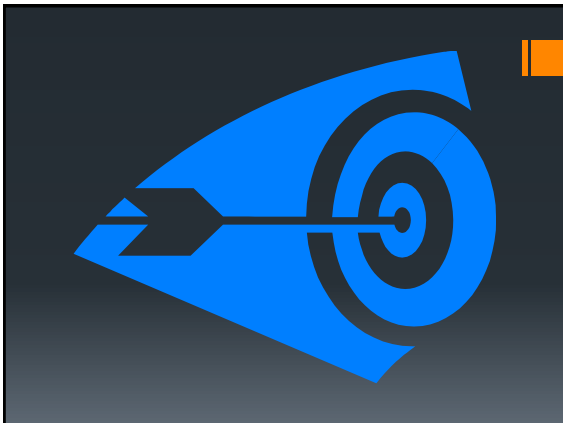
- Intellectual
- Social
- Physical
- Emotional
- Mental/Spiritual



Where is YOUR Edge of Competence?

Draw an archery target, and using this visual, identify and list activities/things that fall within each of the following "zones" for you.

- Comfort Zone
- Confidence Zone
- Edge of Competence
- Out of Your League



Talk about the Zone...

- Pass 2
- Circle 2
- Owner chooses one or opts out
- 2 Minutes/ person

3. Managing Mood

- Explanatory Style
 - Permanence
 - Pervasiveness
 - Personalization
- Optimism

3. Managing Mood...

- DIAL
 - Describe
 - Interpret
 - Analyze
 - Lead

4. Anxiety & Stress

- 8 Great Gripses:

1. No one explains what being gifted is all about – it's kept a big secret.
2. School is too easy and too boring.
3. Parents, teachers and friends expect us to be perfect all the time.

8 Great Gripses

4. Friends who really understand us are few and far between.
5. Kids often tease us about being smart.
6. We feel overwhelmed by the number of things we can do in life

8 Great Gripses

7. We feel different and alienated.
8. We worry about world problems and feel helpless to do anything about them.

Think and reflect:

- What worries/concerns did you predict in the post-it activity?
- Which of the "8 Great Gripses" did your group come up with?

4. Anxiety & Stress

- HALT
- Stress-Breakers
- Post-it
- Role Playing

5. Self-Advocacy...

***"You've got to stand up
for something or you'll
fall for anything."***

-Unknown-

Advocate for Yourself

- Slippery Slope of Conflict (escape, attack, work it out)
- Advocacy Scenario: Ten Tips

Ten Tips

1. Make an appointment to meet and talk.
2. If you know other students who feel the way you do, consider approaching the teacher together.
3. Think through what you want to say before you go into the meeting with the teacher.

Ten Tips...

4. Choose your words carefully.
5. Don't expect the teacher to do all of the work or propose all of the answers.
6. Be diplomatic, tactful, and respectful.

Ten Tips...

7. Focus on what you need, not on what you think the teacher is doing wrong.
8. Don't forget to listen.
9. Bring your sense of humor.
10. If your meeting is not successful, get help from another adult.

Additional Interventions & Considerations

- Rtl
- School and District Policies
- When in doubt, talk it out!"

Just One Thing...

- Turn to a neighbor and share ONE thing that has stuck in your mind about SE needs for gifted students that was either confirmed or new information

For Additional Information:

- CDE Gifted Website: Calendar: Training and Workshops:
- http://www.cde.state.co.us/gt/download/pdf/Javits_Modules_12-13.pdf
- http://www.cde.state.co.us/gt/download/pdf/Javits_StatewideModule.pdf
- Jan. 7-March 22, 2013

"The skills children will always need to thrive — deep thinking, the ability to differentiate fact from hype, creativity, self-regulation, empathy and self-reflection — aren't learned in front of any screen. They are learned through face-to-face communication, hands-on exploration of the world, opportunities for silence and time to dream."

Dr. Susan Linn
Director, Campaign for a
Commercial-Free Childhood

