

Content Area: Comprehensive Health and Physical Education

Standard: 3. Emotional and Social Wellness in Health

Prepared Graduates:

- Utilize knowledge and skills to enhance mental, emotional, and social well-being

Grade Level Expectation: Kindergarten

Concepts and skills students master:

1. Exhibit understanding that one's actions impact others

Evidence Outcomes

Students can:

- a. Demonstrate ways to show respect, consideration, and care for others
- b. Explain the importance of respecting the personal space and boundaries of others
- c. Explain that feelings influence behavior

21st Century Skills and Readiness Competencies

Inquiry Questions:

1. How does the way I feel change how I act?
2. How do my actions affect others?

Relevance and Application:

1. Families are places where personal space is practiced.
2. Feelings affect behavior at home and at school.

Nature of Health:

1. The understanding of how emotions influence behavior and physical feelings is important to emotional and mental health.

Content Area: Comprehensive Health and Physical Education

Standard: 4. Prevention and Risk Management in Health

Prepared Graduates:

- Apply knowledge and skills that promote healthy, violence-free relationships

Grade Level Expectation: Kindergarten

Concepts and skills students master:

1. Identify the importance of respecting the personal space and boundaries of self and others

Evidence Outcomes

Students can:

- a. Identify "appropriate" and "inappropriate" touches
- b. Identify characteristic of a trusted adult
- c. Demonstrate how to tell a trusted adult if inappropriate touching occurs to self or others
- d. Explain that each person has the right to tell others not to touch his or her body

21st Century Skills and Readiness Competencies

Inquiry Questions:

1. What is respect?
2. Why is it important to respect myself?
3. What would it be like if nobody respected anybody else?
What is privacy?

Relevance and Application:

1. Different situations and settings have varied rules about personal space.
2. Boundaries are applied to nations, cities and people

Nature of Health:

1. Every individual has the right to personal space and boundaries.

Content Area: Comprehensive Health and Physical Education

Standard: 4. Prevention and Risk Management in Health

Prepared Graduates:

- Apply personal safety knowledge and skills to prevent, and treat unintentional injury

Grade Level Expectation: Kindergarten

Concepts and skills students master:

1. Effective communication skills in unsafe situations

Evidence Outcomes	21 st Century Skills and Readiness Competencies
Students can: <ul style="list-style-type: none">a. Demonstrate verbal and nonverbal ways to ask an adult for help about an unsafe situationb. Demonstrate the ability to call 911 or other emergency numbers for helpc. Define and explain the dangers of weapons and how to tell a trusted adult if you see or hear about someone having a weapon	Inquiry Questions: <ul style="list-style-type: none">1. What would happen if you were lost and you didn't know how to ask for help?2. What would you do if you found a gun?3. In addition to a phone, how else could you get help when you are at home? In a car? Without using words, what are ways you could let someone know you need help?
	Relevance and Application: <ul style="list-style-type: none">1. Effective communication is crucial in an emergency situation.2. Other forms of technology can be used to communicate in an emergency situation.
	Nature of Health: <ul style="list-style-type: none">1. Verbal and non-verbal communication is a creative task in an emergency situation.2. Personal strategies can be learned to develop and to avoid, reduce, and cope with unhealthy, risky, or potentially unsafe situations.