

STATE OF COLORADO

COLORADO STATE BOARD OF EDUCATION
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COLORADO STATE BOARD OF EDUCATION

RESOLUTION IN SUPPORT OF NUTRITION INTEGRITY IN SCHOOLS

WHEREAS, nutrition is critical to a child's growth and development; and

WHEREAS, nutrition affects a child's readiness and ability to learn; and in 1990 President Bush and the governors established, as a National Education Goal, that all children in America will start school ready to learn; and

WHEREAS, children learn to make wise food choices based on knowledge and experience; and

WHEREAS, the Colorado Cardiovascular Disease Prevention Coalition has identified healthful eating as a critical factor in reducing heart and other chronic diseases in Colorado; and

WHEREAS, the Colorado School Food Service Association recognizes school nutrition programs as a vital component in preserving the long-term health of Colorado citizens and adopted the *Colorado Policy for Nutrition Integrity in Schools*; and

WHEREAS, the *National Action Plan to Improve the American Diet* has recognized that early intervention is critical to a child's development of long-term health and has identified schools, school-related groups and nutrition services in schools as a primary vehicle for meeting their goals; and

WHEREAS, nutrition education in schools is most effective when delivered in the context of a quality comprehensive school health education program and when school meal programs serve as an environment where students can practice what they have learned in the classroom; and

WHEREAS, The American Academy of Pediatrics and The American Dietetic Association have endorsed the 11 Nutrition Integrity Core Concepts as set forth by the American School Food Service Association (nutrition integrity being defined as "a guaranteed level of performance that assures that all food available in schools, when consumed, contributes to the development of lifelong, healthy eating habits");

BE IT RESOLVED that the State Board of Education strongly encourage school districts/schools to adopt and implement the 11 Nutrition Integrity Core Concepts as defined by the American School Food Service Association in order to maximize the health and learning readiness of all Colorado students.

Seated January 8, 1991

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Adopted April 7, 1994