

BEST PRACTICES – New Meal Pattern Requirements

Keeping Costs Down:

Increased training for staff would decrease costs while meeting the New Meal Pattern Requirements. Staff seems to be over producing and over compensating because they are concerned they won't have enough fruits and vegetables to meet requirements. Training staff on inventories needed to meet the requirements will decrease costs. Canned fruits and vegetables (less expensive) can be used in place of fresh fruits and vegetables (more expensive).

New Meal Pattern Brochures and fact sheets:

Use brochures to inform parents (English/Spanish versions), administrators, and teachers about the new meal pattern. Brochures can be accessed at OSN website: http://www.cde.state.co.us/index_nutrition.htm under "Frequently Requested Documents/Pages"

- **Parent Brochure**
Changes to Colorado School Meals Create Healthier Options
- **Teacher Brochure**
Experience Healthier Options at Colorado Schools
- **Administrator Brochure**
Changes to Colorado School Meals Create Healthier Options
- **CDE Nutrition Fact Sheet**