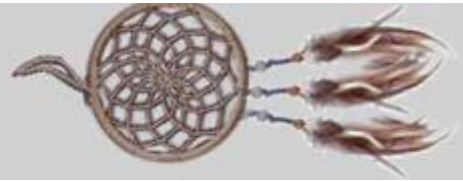


# Dream-Catchers.org

## Understanding the Dream Catcher Legend



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### Additional Resources

[NativeWorkplace.com](#)

[National Congress of American Indians](#)

[Native News Online](#)

[National Society of American Indian Elderly](#)

[Office of Native American Affairs](#)

### News & Updates

Dream-Catchers.org is proud to announce the decision to add new partnerships with quality dream catcher artists to our site. We appreciate all the support we have received. Please contact if you are interested in advertising with us.

New site goes live! Dream-Catchers gets a make over! We hope you enjoy our new website!

### Make a Dream Catcher for Kids

#### Supplies to get started:

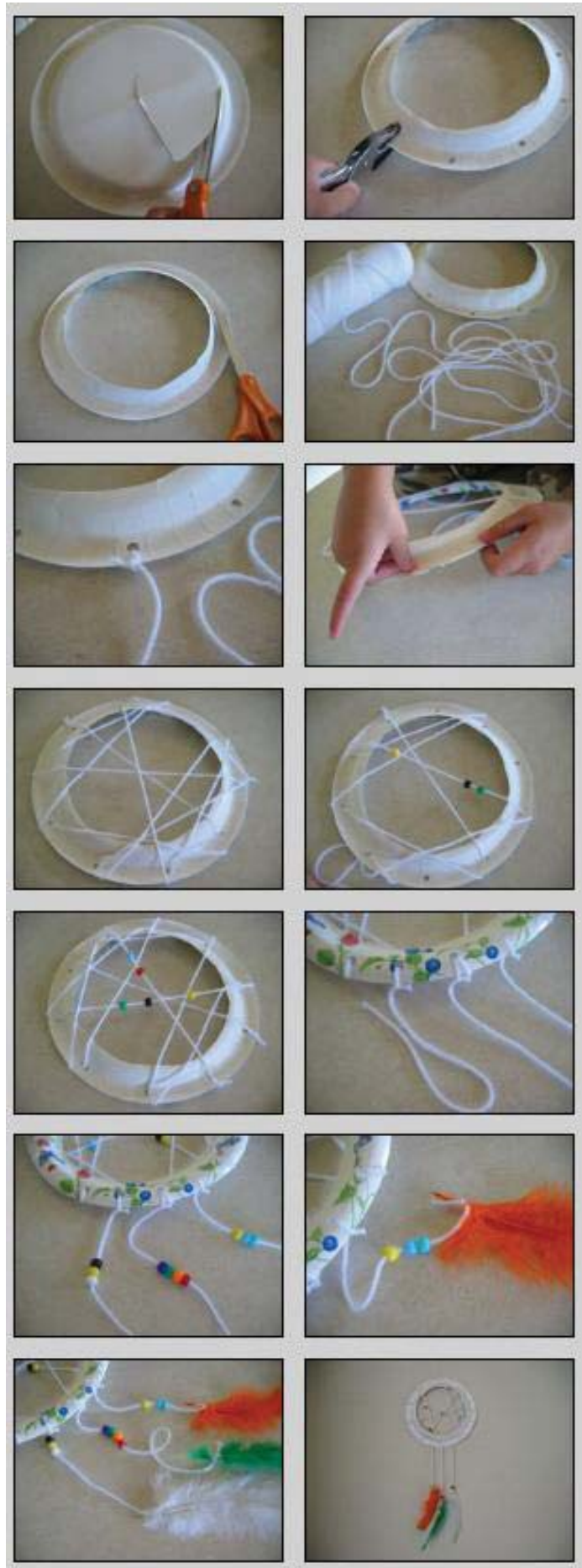
- paper plate
- yarn, any color
- hole puncher
- craft beads
- craft feathers
- color markers
- scissors



#### Instructions:

1. Begin by cutting in the center of the paper plate. Leave a rim of 2 inches all around the paper plate
2. Take your hole punch and punch hole in the rim of the paper plate, about ½ inch apart each.
3. Measure out your yarn 5-6 ft long. Tie one end of the yarn to any one of the holes on the rim of the paper plate.
4. Weave the yarn up, over, and all around the paper plate from one hole to the next one. You can make your pattern any way you like. Make sure to loop through each of the punched holes.
5. You can add the craft beads to the middle of the dream catcher with the yarn as you go through the holes. Simply slip them onto the yarn and continue with the next hole. They will appear to be in the middle of the dream catcher.
6. Once all of the holes are threaded with the yarn, tie a knot at the end of the yarn with the plate and the last hole.
7. Now, take your hole punch and punch 3 more holes in the paper plate at the bottom of the plate.
8. Cut 3 more pieces of yarn, about 5 inches long each.
9. Take each piece of yarn and tie them to the 3 punched holes at the bottom of the dream catcher.
10. Choose some beads to thread onto each of the 3 yarn pieces and then tie one feather to the end each of the hanging yarn pieces.
11. Take your markers and decorate the edges of the paper plate.
12. Lastly, make a piece of yarn the length you need to hang it on the wall. Punch one more hole to the top of your paper plate dream catcher and tie the yarn to it.
13. Hang your new Dream Catcher in a place where sweet dreams are welcome.





## **BOOKLIST**

### **CAMPFIRES**

*Lights out!* by John Himmelman Eyeballs on the ceiling and vampires at the outhouse are only two of the reasons the Camp Badger Scouts find for getting Counselor Jim to turn the lights back on in their dark cabin.

*Froggy Goes to Camp* by Jonathan London Froggy goes to a sleep-away camp, where all of his fun seems to cause trouble for the camp's director.

*Good Night, Sleep Tight, Don't let the Bedbugs Bite* by Diane deGroat Gilbert is excited about staying overnight at Camp Hi-Dee-Ho, until he hears about the legendary camp ghost.

*Mosquitoes are Ruining my Summer!* by Alan Katz Familiar tunes are given new words relating to summer camp, including "Whose Idea Was This Dumb Hike" sung to the tune of "Twinkle Twinkle Little Star" and "At the Campfire" to the tune of "Rock-a-Bye Baby."

### **DARKNESS**

*Blackout* by John Rocco When a busy family's activities come to a halt because of a blackout, they find they enjoy spending time together and not being too busy for once.

### **DREAMS**

*Albidaro and the Mischievous Dream* by Julius Lester Chaos results when a dream tells all the children and animals of the world that they should do whatever they want without fear of adult reprisal.

*Amanda Bean's Amazing Dream: A Mathematical Story* by Cindy Neuschwander Amanda loves to count everything, but not until she has an amazing dream does she finally realize that being able to multiply will help her count things faster.

*Another day in the Milky Way* by David Milgrim A young boy wakes up on a strange planet and encounters a variety of odd characters as he tries to find his way home.

*Appелеmando's Dreams* by Patricia Polacco Because he spends his time dreaming, the villagers are convinced that Appелеmando will never amount to much but in time his dreams change the village and all the people in it.

*The Bad Dream* by Jim Aylesworth When a little boy is awakened by a bad dream, his parents comfort him by reminding him that nightmares are not real.

*Beardream* by Will Hobbs When Short Tail climbs the mountain to find the Great Bear, he tires, falls asleep, and slips into a dream in which the Great One reveals a marvelous secret.

*Beautiful Moon* by Dawn Jeffers What if days went on forever and nighttime never came? Find out what a girl does to fill her days and fulfill her dreams.

*Ben's Dream* by Chris Van Allsburg On a terrifically rainy day, Ben has a dream in which he and his house float by the monuments of the world, half submerged in flood water.

*The Berenstain Bears and the Bad Dream* by Stan & Jan Berenstain After viewing a scary movie about the Spacegrizzlies, Brother Bear has a nightmare.

*The Big Pets* by Lane Smith A little girl explores the mysterious dreamworld where small children play with their big pets, which range from cats and dogs to snakes and crickets.

*The Boy in the Garden* by Allen Say After Jiro encounters a life-like garden statue of a tall bird, he falls asleep and dreams of the story his mother once told him about a grateful crane.

*The Boy who Dreamed of an Acorn* by Leigh Casler At first disappointed that his mountain quest has only given him a dream of a tiny acorn, a young boy comes to recognize that his position in his tribe is as strong as the tree that grows from the acorn.

*Bright Star* by Gary Crew When she meets the famous Australian astronomer John Tebbutt, Alicia realizes that she is no longer doomed to a life of needlework and milking cows but that her future is as limitless as the stars.

*Buglette the Messy Sleeper* by Bethanie Deeney Murguia A little bug has big adventures while she sleeps, but her mother worries that her thrashing about will create problems for the family.

*Caribbean Dream* by Rachel Isadora A lyrical and evocative dreamscape of the Caribbean.

*Carousel* by Brian Wildsmith While she is sick in bed, a little girl dreams of riding on her favorite merry-go-round.

*The Chocolate Wedding* by Posy Simmonds An overindulgence in chocolate the night before her aunt's wedding causes Lulu to have some very strange dreams.

*Clinton Gregory's Secret* by Bruce Whatley Clinton Gregory has fantastic adventures every night, from fighting dragons to flying around the world with his friends, and he keeps each one a secret.

*Close Your Eyes* by Kate Banks A mother tiger entices her child to sleep by telling of all that can be seen with one's eyes closed.

*Could be worse!* by James Stevenson Everything is always the same at Grandpa's house, even the things he says -- until one unusual morning.

*Cowboy Dreams* by Kathi Appelt A little cowpoke is lulled to sleep by dreams of the sights and sounds of the Western landscape at night.

*Curious George's Dream* by Margret Rey A curious monkey who is tired of being small dreams of being big but discovers problems with that as well.

*Dinosaur Dream* by Dennis Nolan After reading about dinosaurs and then falling asleep, Wilbur sees a baby apatosaurus outside his bedroom and travels backwards through time to return it to its own time period.

*Dinosaur Dreams* by Allan Ahlberg Three skeletons enter each other's dreams about dinosaurs.

*Doggie Dreams* by Nancy Kapp Chapman Some dogs have simple dreams of bones or chasing cats, while others envision grander things, such as flying a plane or even being president.

*Don't Drag Your Feet* by Joseph Low

*Dreamtime: Aboriginal Stories* by Oodgeroo

*Just a Dream* by Chris Van Allsburg When he has a dream about a future Earth devastated by pollution, Walter begins to understand the importance of taking care of the environment.

*Keepers of the Night - Native American Stories and Nocturnal Activities for Children* by Michael J. Caduto and Joseph Bruchac

*The Magic Boots* by Scott Emerson William has a pair of magic cowboy boots that take him wherever he wants to go, but when he outgrows them, he makes a surprising discovery.

*Will You Give Me a Dream?* by Joan Lowery Nixon Matthew's mother gives him the beginnings of a dream to help him go to sleep.

## **DREAMCATCHERS**

*Buffalo Dreams* by Kim Doner Having traveled with her family to see a newly born white Includes a legend of the white buffalo and instructions for making a dreamcatcher.

*Grandmother's Dreamcatcher* by Becky Ray McCain While spending a week with her grandmother who, like her is a Chippewa Indian, Kimmy learns to make a dreamcatcher which allows the sleeper to have only sweet dreams.

## **HALLEY'S COMET**

*Edmond Halley, The Man and his Comet* by Barbara Hooper Heckart Presents the life of the seventeenth-century scientist who made predictions about the comet which bears his name and discusses many other important scientific contributions he made.

*Halley Came to Jackson* by Mary Chapin Carpenter A father shows his baby daughter Halley's comet as it soars across the Jackson sky in 1910, and as an old woman she returns to her childhood home to see it again in 1986.

## **LULLABIES**

*Dreamland - A Lullaby* by Mary-Chapin Carpenter As the stars whisper a lullaby at bedtime, the man in the moon and the Milky Way welcome a child to dreamland.

## **SILHOUETTES**

*150 Silhouette Designs: CD-ROM and Book* by Rico Prosperoso

*The Amazing Paper Cuttings of Hans Christian Andersen* by Beth Wagner Brust

*Cinderella (As if you didn't already know the story)* by Barbara Ensor Black-and-white silhouettes of everything from the ugly stepsisters to Cinderella's slipper.

*Copier Creations: Using copy machines to make decals, silhouettes, flip books, films, and much more!* by Paul Fleischman

*Fantastic Theater: Puppets and Plays for Young Performers and Young Audiences* by Judy Sierra  
Thirty puppet plays adapted from nursery rhymes, folk songs, fables, poetry, folktales, and myths with instructional chapters on making and using rod and shadow puppets and puppet stages.

*Making Shadow Puppets* by Jill Bryant and Catherine Heard

*Mother, Mother I Feel Sick. Send for the Doctor Quick, Quick, Quick: A Picture Book and Shadow Play* by Remy Charlip  
An extraordinary stomachache is cured when a doctor removes a large number of strange objects from the victim's stomach. Includes instructions for performing the story as a shadow play.

*The Rooster's Horns: A Chinese Puppet Play to Make and Perform* by Ed Young  
Presents the plot of a Chinese puppet play and includes directions for making shadow puppets and a theatre.

*Shadow Magic: The Story of Shadow Play* by Bill Severn

*Shadow Play* by Paul Fleischman  
While visiting the county fair, a brother and sister are enthralled by a shadow puppet show presentation of "Beauty and the Beast" in which all the shadows are made by one man.

*Shadow Puppets. With drawings by S.K.S.* by Olive Blackham

*The Shadow Scrapbook* by Walter B. Gibson

*The Shape of Me and Other Stuff* by Dr. Seuss  
Rhyme and silhouette drawings introduce the shape of bugs, balloons, peanuts, camels, spider webs, and many other familiar objects.

## **SLEEP**

*Sleep* by Steve Jenkins  
Non-Fiction Sleep behavior in animals

*When Sheep Sleep* by Laura Numeroff  
Rhyming text suggests other options when one tries to count sheep but discovers that they are asleep.

## **SLUMBER PARTY**

*Sophie and Sammy's Library Sleepover*  
A loving and sensitive book-loving little girl teaches her brother to enjoy books.

*Snooze a palooza!: More Than 100 Slumber Party Ideas With a Glow-in-the-dark Door Hanger Inside!*  
(American Girl Library)

*Slumber party!* by Judith Caseley  
Zoe's birthday party proves great fun until bedtime, but Mom comes to the rescue and the next day all agree it was the best sleepover ever.

*The Slumber Party* by Margaret Wild  
Jane's birthday sleepover is a night of games, a lost mouse, a croaking frog, a little sleep, and a lot of fun.

*The Berenstain Bears and the Slumber Party* by Stan & Jan Berenstain  
Lizzy Bruin's slumber party becomes even wilder when Too-Tall Grizzly and his friends decide to attend uninvited.

*Scary Stories for Sleepovers. #10* by Mark Kehl A collection of scary stories, including "The Crispy hand."

## **SPACE**

*The REAL scientist investigates... SPACE* by Peter Riley

*Blast Off! Poems about Space* selected by Lee Bennett Hopkins. A collection of poems about the moon, stars, planets, astronauts, and related wonders.

## **SPACE RIDDLES**

*Astronuts: Space Jokes and Riddles* compiled by Charles Keller

*Astro-nuts!: Riddles about Astronauts and the Planets They Love* by Rick Walton

Spacey Riddles by Katy Hall and Lisa Eisenberg

## **STAR WARS**

*The Strange Case of Origami Yoda* by Tom Angleberger Sixth-grader Tommy and his friends describe their interactions with a paper finger puppet of Yoda, worn by their weird classmate Dwight, as they try to figure out whether or not the puppet can really predict the future. Includes instructions for making Origami Yoda.

*Darth Paper Strikes Back: An Origami Yoda Book* by Tom Angleberger It is a dark time at Ralph McQuarrie Middle School. After suffering several Origami Yoda–related humiliations, Harvey manages to get Dwight suspended from school for being a “troublemaker.” But Harvey and his Darth Paper puppet have a secret plan that could make Dwight’s suspension permanent . . .

*The Star Wars Craft Book* by Bonnie Burton Chewbacca sock puppets. Jabba the Hutt body pillows. Hanukkah droidels. This guide offers a variety of fun and original projects to bring the many beloved elements of Star Wars to life.

## **STARS**

*Stargazers* by Gail Gibbons Tells what stars are, why they twinkle, how constellations were named, how telescopes are used to study stars, and more.

*Fancy Nancy: Stellar Stargazer* by Jane O'Connor Fancy Nancy thinks that everything in the sky is simply stellar, from the sun and the moon to the stars and their constellations (that's a fancy word for the shapes that stars make!). So nothing could make her happier than a special sleepover under the stars with her dad and her little sister, JoJo. Together Nancy and JoJo wish on stars, moon bathe, and even eat astronaut ice cream! But when rain clouds cover up the stars, what's a stellar stargazer to do? BONUS: Glow-in-the-dark cover! Check out Jane O'Connor’s website for fun activities!

## **UNDERGROUND RAILROAD**

*Almost to Freedom* by Vaunda Micheaux Nelson Tells the story of a young girl's dramatic escape from slavery via the Underground Railroad, from the perspective of her beloved rag doll.

*Aunt Harriet's Underground Railroad in the Sky* by Faith Ringgold With Harriet Tubman as her guide, Cassie retraces the steps escaping slaves took on the Underground Railroad in order to reunite with her younger brother.

*Bound for the North Star: True Stories of Fugitive Slaves* by Dennis Brindell Fradin

*Follow the Drinking Gourd* by Jeanette Winter By following the directions in a song, "The Drinking Gourd," taught them by an old sailor named Peg Leg Joe, runaway slaves journey north along the Underground Railroad to freedom in Canada.

*Message in the Sky* by Sharon Dennis Wyeth Ten-year-old Corey Birdsong, a former slave, becomes a conductor on the Underground Railroad by helping to bring a mother and daughter, runaway slaves, to his family's Amherstburg, Ontario, farm in 1859. *My America* series.

### **YEAR OF THE DRAGON**

*Chin Chiang and the Dragon's Dance* by Ian Wallace Chin Chiang has long dreamed of dancing the dragon's dance, but when the first day of the Year of the Dragon arrives and he is to dance with his grandfather, he is sure he will shame his family and bring bad luck to everyone.

*Chinese New Year Crafts* by Karen E. Bledsoe

*Chinese New Year's Dragon* by Rachel Sing

**To receive this list in electronic format, email: [barcok@newmexico.com](mailto:barcok@newmexico.com)**



## **WEBSITES**

### **Astronomy Calendar of Celestial Events for Calendar Year 2012**

<http://www.seasky.org/astronomy/astronomy-calendar-2012.html>

### **Dreamcatcher**

<http://www.dream-catchers.org/make-dream-catchers-kids.php>

### **Five-Pointed Star in One Snip**

<http://www.ushistory.org/betsy/flagstar.html>

### **Homemade Books Websites**

<http://library.thinkquest.org/J001156/bookmade.htm>

[http://www.ehow.com/how\\_2196699\\_dream-book.html](http://www.ehow.com/how_2196699_dream-book.html)

[http://www.ehow.com/how\\_6818822\\_do-teen\\_s-1st-book-shadows\\_.html](http://www.ehow.com/how_6818822_do-teen_s-1st-book-shadows_.html)

[http://www.ehow.com/how\\_8570786\\_create-japanese-accordion-book.html](http://www.ehow.com/how_8570786_create-japanese-accordion-book.html)

<http://stamphenge.wordpress.com/minibooks/meander-accordion-folded-book/>

[http://www.charmedcardsandcrafts.co.uk/acatalog/class\\_-\\_christmas\\_circle\\_decoration\\_book.htm](http://www.charmedcardsandcrafts.co.uk/acatalog/class_-_christmas_circle_decoration_book.htm)

<http://stamphenge.wordpress.com/minibooks/bookmarklets/>

<http://stamphenge.wordpress.com/minibooks/accordion-pocket-tag-album/>

### **I Spy Bottles**

<http://www.squidoo.com/i-spy-bottles>

<http://www.smartartcraft.com/ISpy.htm>

<http://www.kinderfriends.com/discoverybottles.html>

### **Out of this World Party - *Family Fun***

<http://familyfun.go.com/parties/space-party-704829/>

<http://familyfun.go.com/crafts/moon-shot-670089/>

### **Shadows & Silhouettes**

Search "hand shadow puppets" on Google Images

<http://video.about.com/familycrafts/How-to-Make-Shadow-Puppets.htm>

<http://www.shadow-puppets.com/>

[http://en.wikipedia.org/wiki/Shadowgraphy\\_%28performing\\_art%29](http://en.wikipedia.org/wiki/Shadowgraphy_%28performing_art%29)

<http://www.blifaloo.com/shadow-puppets/index.php>

<http://morewaystowastetime.blogspot.com/2007/11/how-to-make-silhouette-portraits.html>

<http://disneyparks.disney.go.com/blog/2010/08/a-cut-above-the-rest/>

### **Sleepover in the Library**

<http://www.alsc.ala.org/blog/?p=2813>

contributed by Babette D. Reeves, Children and Youth Librarian  
Southern Peaks Public Library, Alamosa

**Star Wars websites**

<http://starwarsblog.starwars.com/>

<http://family.go.com/disney/pkg-disney-character-fun/pkg-disney-star-wars/>

<http://www.cartoonjr.com/star-wars-printable-crafts-and-coloring-pages/>

Search Google Images for Star Wars Crafts

**REFRESHMENTS****Dreamsicle Delight Recipe**

<http://recipes.sparkpeople.com/recipe-detail.asp?recipe=379727>

**Dreamsicle Ice-Cream Pie**

<http://icecreamjournal.turkeyhill.com/index.php/2007/07/21/recipe-dreamsicle-ice-cream-pie/>

**Dreamsicle Cookies – Dollar Tree****S'mores Recipes**

[http://www.tablespoon.com/search/S'mores%20Cookies/#&page\\_type=&sort=&page=1](http://www.tablespoon.com/search/S'mores%20Cookies/#&page_type=&sort=&page=1)

<http://www.tablespoon.com/search/S'mores%20Cake/>

<http://thewaytohisheart.wordpress.com/2011/08/09/smores-cupcakes/>

<http://www.browneyedbaker.com/2011/07/13/smores-cupcakes-recipe/>

<http://www.browneyedbaker.com/2011/08/11/smores-brownies/>

**Edible Campfire**

Supplies Needed:

Paper Plate or Napkin (Safety Circle)

Small Cup with water/juice (Water Bucket)

Fork (Rake or Shovel)

Toothpick (Match)

Mini Marshmallows or Jelly Beans or M&M's & Cheerios or Raisins (Fire Ring)

Potato Sticks or Shredded Coconut (Tinder)

Pretzel Sticks or Chinese Noodles (Kindling)

Pretzel Logs or Bread Sticks (Fuel Logs)

Red Hots or Red Licorice (Sparks, Small Fire)

Candy Corn (Large Fire)

Use the cheerios and marshmallows to form the fire ring and the rest of the ingredients to create your fire.

**To receive this list in electronic format, email: [barcok@newmexico.com](mailto:barcok@newmexico.com)**

**Dream Big, READ! (To the tune of “Are you sleeping?”)**

- |   |  |
|---|--|
| 1) The sky’s the limit (repeat)<br>When you dream. (repeat)<br>Come into the library! (repeat)<br>Dream Big, READ! Dream Big, READ!       | 4) They’re nocturnal, (repeat)<br>Sleep by day. (repeat)<br>Fireflies, owls and bats. (repeat)<br>Dream Big, READ! Dream Big, READ!  |
| 2) S’ mores and cocoa (repeat)<br>Ghost stories too! (repeat)<br>Gather round the campfire. (repeat)<br>Dream Big, READ! Dream Big, READ! | 5) Bedtime stories, repeat)<br>Lullabies. (repeat)<br>Close your eyes and sleep tight! (repeat)<br>Dream Big, READ! Dream Big, READ! |
| 3) Space explorers, (repeat)<br>Blasting off. (repeat)<br>Footprints on the moon! (repeat)<br>Dream Big, READ! Dream Big, READ!           | 6) The sky’s the limit (repeat)<br>When you dream. (repeat)<br>Come into the library! (repeat)<br>Dream Big, READ! Dream Big, READ!  |

**Accordion Pocket Album using one piece of 12 x 12 paper**

Using a double sided patterned or solid colored 12 x 12 piece of heavy weight (card stock) scrapbook paper cut off 4 inches on one side. (save this piece for later use)

Place the 12 inch side down so that the 12 inches runs on the top and bottom and the 8 inch sides are the left and right hand sides.

Measure 3 inches from the bottom edge of the paper and draw a line; score along this line, using a ballpoint pen or crochet hook. Scoring ensures a crisp fold/crease. Fold paper up on score line.

Fold in half (12 inch); fold the halves in half again by folding the edges toward the center fold, you will have to flip it over to do the second fold.

You should now have four panels with four pockets accordion folded that measures 5 by 3 when folded.

Staple ribbon or bias/hem tape on, enough that it can be wrapped around the portfolio and shut it. Insert mementos or lines of poetry written on scrap paper into pockets. Use fancy corner punches or scissors to give variety and texture. Decorate the outside with embellishments, punch cutouts, rubber stamps, etc.

**Solar System Mobile**

<http://www.enchantedlearning.com/crafts/astronomy/solarsystemmodel/>

**Star Crafts**

<http://www.enchantedlearning.com/crafts/stars/>

<http://www.enchantedlearning.com/crafts/Star.shtml> 5 pointed star

<http://www.enchantedlearning.com/artists/vangogh/coloring/starrynight.shtml>