

# The RESILIENCE BREAK- THROUGH

27 Tools for Turning  
Adversity into Action



## WHY TRY TRAINING EVENT RESILIENCE BREAKTHROUGH STAFF TRAINING

For 20 years, the WhyTry Program has been using Social Emotional Learning (SEL) to help struggling students make positive life changes. The CDE is excited to sponsor a 1-day training event with WhyTry, based off Christian Moore's new book *The Resilience Breakthrough: 27 Tools for Turning Adversity into Action*.

### Course Information

Thursday, November 21st, 8:30am - 3:30pm  
Adams 12 Conference Center, Thornton CO

## Overview

Sometimes we focus so much on helping students pass a test that we fail to help them see how the subject relates to them. Kids in our classrooms often feel the same way most of us felt in our college algebra class - they just don't see the point.

WhyTry helps you reconnect your students with the "why." Their program uses a unique multisensory approach that allows students to see, hear, and experience the concepts being taught.

Join us for this opportunity to gain access to all of these amazing tools:

- Visual analogies give students achievable steps to gaining life skills and developing resilience in academic and real-world settings.
- For hands-on learners, WhyTry programs use activities with relevant tie-ins, helping facilitators reinforce social emotional principles in an engaging way.
- With visual learners in mind, WhyTry encourages teachers to use relevant video to spark classroom discussion.
- WhyTry music uses hip-hop and other genres to help teachers get past students' defenses and reach them in a language they understand.

## Participant Benefits

All participants will:

- Learn to motivate and re-engage students who may be struggling with challenges at home and in school.
- Learn to increase student resilience, increase student GPA, reduce drop-out rates, improve social emotional health, reduce bullying and violent behavior.
- Receive a complimentary copy of *The Resilience Breakthrough: 27 Tools for Turning Adversity into Action*, by Christian Moore.
- Receive 6 hours of CDE credit.

## Registration Required

Space is limited!

Register for the course at :

[www.surveymonkey.com/r/CDEWhyTry](http://www.surveymonkey.com/r/CDEWhyTry)

