To the New School Nurse

Welcome to the School Nursing! We hope that you will find your position as rewarding as we have. We would like to provide you with resources that will make your responsibilities easier to achieve and to make sure that you have another school nurse to contact. Here are five steps to obtaining those resources.

1. **Visit the Webpage at the Colorado Department of Education, Health and Wellness, School Nursing and Health** http://www.cde.state.co.us/HealthAndWellness/SNH_Home.htm
   This webpage contains important information and tools for your work.

2. **Sign up for the School Nurse List Serve:** An on-line school nurse discussion group. Many questions and ideas are shared by school nurses and those interested in school nursing. Current expert information is also distributed.
   a. To subscribe:
      i. Get ready to send an email
      ii. Send the email to hitt_p@cde.state.co.us (Pam Hitt – 303.866.6867) requesting to be added to the school nurse list serve. Please include your first and last name in the email. She will send an email informing you that your email address has been added to the list serve.
   b. To send a message using the listserve use the email address: schoolnurse@web.cde.state.co.us
   c. Contact Pam Hitt (hitt_p@cde.state.co.us) for requests and concerns, including changing your email address or unsubscribing.
   d. General List Serve Etiquette
      i. Sign your messages with your name and email address
      ii. Use the subject line and address one subject per message
      iii. Do not use for personal messages, advertising, campaign/political or religious statements.
      iv. Do not forward posts or messages to any lists that have been sent to you individually.
      v. Sending attachments may result in non-delivery.
      vi. Clicking the reply button sends your message automatically to all list serve subscribers. Use an individual email address when replying to just one person.
      vii. Honor copyrights
      viii. Maintain client/student confidentiality

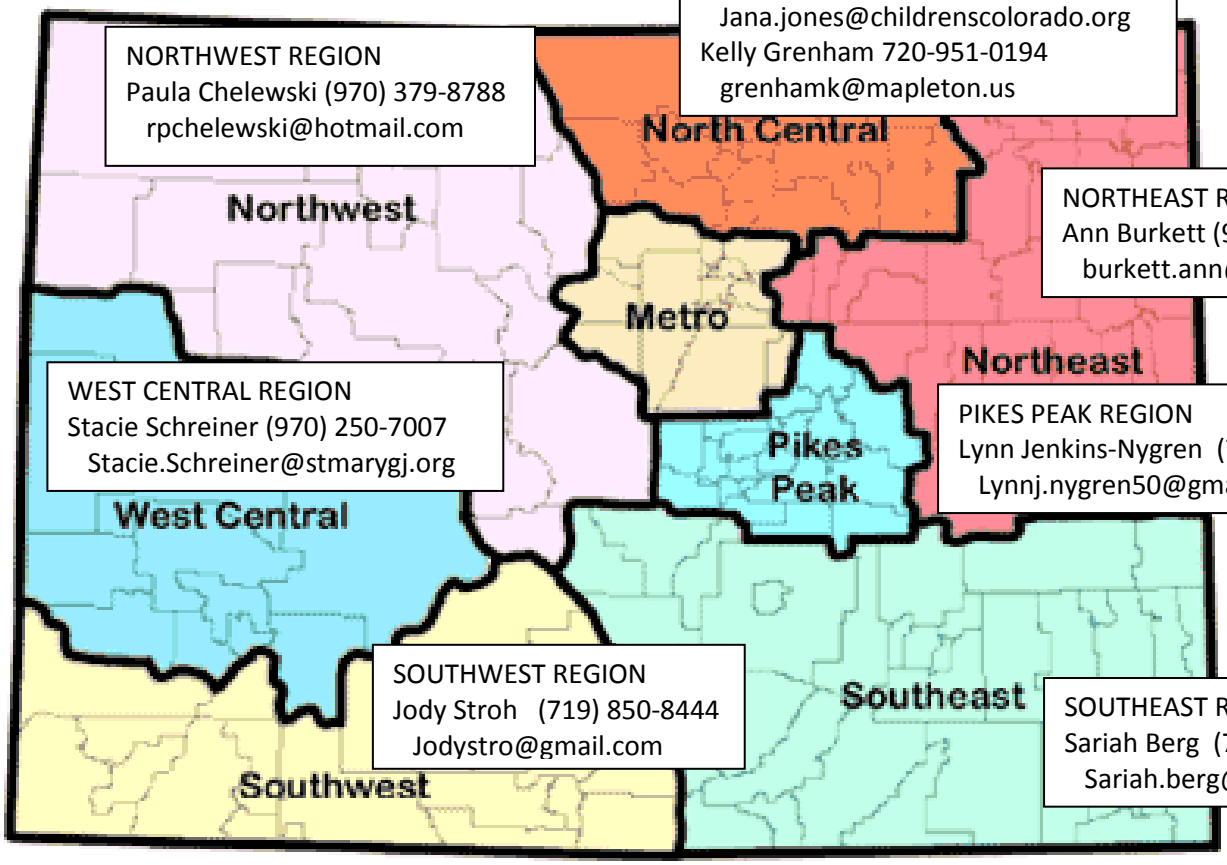
3. **Register for the "School Nurse Orientation" –** a 4 day conference in July in the Denver Area. For more information, look under "Professional Development" on the school nurse web page.

4. **Use the "Quick Reference" Guide.** We have attached a document with frequently used resources that will help you get started. Some of these are on the web page and others are available through other sources.

5. **Contact a Regional Nurse Specialist:** The Regional Nurse Specialists are funded through the Colorado Health Foundation to provide educational support to school nurses, especially for chronic health problems in school-aged children. Each is assigned to one of 8 regions in the state.
   Please send an email or text message to the Regional Nurse Specialist for your region so we can add you name to the state database and have an opportunity get to know you.

NORTH CENTRAL REGION
(includes Boulder and North Denver)
Jana Jones (303) 941-1470
Jana.jones@childrenscolorado.org
Kelly Grenham 720-951-0194
grenhamk@mapleton.us

NORTHWEST REGION
Paula Chelewski (970) 379-8788
rpchelewski@hotmail.com



NORTHEAST REGION
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WEST CENTRAL REGION
Stacie Schreiner (970) 250-7007
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METRO REGION
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CDE: ASSISTANT DIRECTOR – OFFICE OF STUDENT HEALTH SERVICES (SCHOOL NURSE CONSULTANT)
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The Regional Nurse Specialists (December 2012)