

Directions: This document contains all items included on the online Smart Source tool. However, it is important to note that this document includes questions from both the elementary and secondary versions of the tool. These questions will have italicized notes—please respond only if it corresponds to your school’s level (e.g., elementary or secondary). If your school has both elementary (K-5 or K-6) and secondary grades (6-12 or 7-12), please respond to all questions. Additionally, some of the questions are only relevant based on answers to previous questions—these are also noted in italics at the top of each item. Finally, many of the questions have sub-questions (that appear as matrix questions on the online tool), so for each of these, please respond to each of the sub-questions.

GENERAL HEALTH POLICIES AND PRACTICES

The questions in this section refer to the school wellness team (if applicable) and the Unified Improvement Planning Process. The principal or any member of the school’s wellness team could likely help provide answers to these questions.

<p>1) Does this school have a wellness team?</p> <ul style="list-style-type: none"> • Yes • No
<p>2) <i>[Note: answer only if yes is selected in #1 above]</i></p> <p>How many times, on average, does the wellness team meet per school year?</p> <ul style="list-style-type: none"> • None • 1-2 times • 3-4 times • 5-6 times • 7 or more times
<p>3) <i>[Note: answer only if yes is selected in #1 above]</i></p> <p>Does the wellness team do the following activities annually? ...</p> <ul style="list-style-type: none"> • Yes • No <p>3a) ... Evaluate strengths and gaps of this school’s health efforts 3b) ... Identify student health needs based on a review of relevant data 3c) ... Seek funding and/or garner community partnerships to support school health efforts 3d) ... Communicate the importance of school health efforts to administrators, teachers, parents, and students 3e) ... Review health-related curricula or instructional materials 3f) ... Other (please specify)</p>
<p>4) Does this school have an identified staff person that leads/coordinates school health efforts?</p> <ul style="list-style-type: none"> • Yes • No
<p>5) Has this school implemented a wellness policy (school and/or district-created)?</p> <ul style="list-style-type: none"> • Yes • No
<p>6) Does this school incorporate health and wellness in its Unified Improvement Planning Process?</p> <ul style="list-style-type: none"> • Yes • No

7) Does this school participate in any of the following student-level health and wellness assessments?...

- Yes
- No

7a) ... Healthy Kids Colorado Survey (or the Youth Risk Behavior Survey) [Note: answer only for secondary schools]

7b) ... A district-created assessment

7c) ... Other (please specify)

NUTRITION

The questions in this section refer to the food and beverages available to students at this school. The principal or food service manager could likely help provide answers to these questions. “Healthy foods” mentioned throughout this section generally refer to foods that are low in calories (e.g., 200 calories or less per serving), low in fat, low sodium (e.g., less than 200 mg per serving), low in added sugar, and high in whole grains (if applicable).

1) After being served, how many minutes, on average, do students have to eat the following meals?

Breakfast: ___ minutes

Lunch: ___ minutes

2) Are students permitted to have a water bottle during the school day?

- Yes, in all locations
- Yes, in certain locations
- No

3) Does this school offer a free source of drinking water in the following locations?...

- Yes
- No
- N/A, this school does not have this location

3a) ... In or right outside the cafeteria

3b) ... In or right outside the gymnasium

3c) ... Other indoor physical activity facilities

3d) ... Hallways throughout the school

4) [Note: only answer for the locations for which “yes” was selected in #3 above]

Is the free source of drinking water in the following locations...

- Yes
- No

4a) ... Functional?

4b) ... Used by students?

5) Fill in the percentage for the following:

5a) ___ % of teachers/administrators who use food as a reward (e.g., food coupons, candy for positive behavior)

5b) ___ % of advertisements on school grounds (e.g., banners, student newspaper) that feature unhealthy food/beverages on school grounds

5c) ___ % of teachers that serve predominantly healthy food/beverages for celebrations/parties

5d) ___ % of school-sponsored fundraisers selling non-food or healthy food (e.g. gift wrap, fruit baskets)

6) Has this school adopted a written policy or guideline (school and/or district-created) that...

- Yes
- No

6a) ... Prohibits using food as a reward (e.g., food coupons, candy for positive behavior)?

6b) ... Prohibits the advertising of unhealthy food/beverages on school grounds (e.g., banners, student newspaper)?

6c) ... Requires predominantly healthy food/beverages for celebrations/parties?

6d) ... Requires non-food or healthy food school-sponsored fundraisers?

7) Can students at this school purchase food or beverages through the following?...

- Yes
- No

7a) ... Vending machines

7b) ... School store

7c) ... Snack bar/a la carte options in the cafeteria

8) *[Note: answer only for options selected in #7 above]*

Are food and beverages available for students to purchase during the following times?...

- Before school
- During lunch
- During the school day (not at lunch)
- After school (not including at sporting events)

8a) ... Vending machines

8b) ... School store

8c) ... Snack bar/a la carte options in the cafeteria

9) Can students purchase the following snack foods or beverages from vending machines, school stores, or the snack bar/a la carte options in the cafeteria? ...

- Yes
- No

9a) ... Salty snacks or foods (e.g., chips, pizza)

9b) ... Sweets (e.g., cookies, candy, ice cream)

9c) ... Healthy snacks (e.g., granola bars, trail mix, pretzels)

9d) ... Flavored milk (e.g., chocolate, strawberry)

9e) ... Unflavored milk

9f) ... Sugar-sweetened beverages (e.g., non-diet soda, sports drinks, energy drinks)

9g) ... Diet soda

9h) ... Bottled water

9i) ... 100% fruit juice

9j) ... Fruits and vegetables

10) Does this school do the following to promote healthy eating? ...

- Yes
- No

10a) ... Serve locally or regionally grown foods in the cafeteria or classrooms

10b) ... Have a school garden

10c) ... Offer a self-serve salad bar to students

11) [Note: answer 10a only if answered yes to at least one option in #7 above and 10b if answered yes to #7c]

Does this school do the following to promote healthy eating? ...

- Yes
- No

10a) ... Price healthy foods and beverages lower than less healthy foods and beverages

10b) ... Place fruits and vegetables near the cafeteria cashier, where they are easy to access

HEALTH SERVICES

Questions in this section refer to student health services, and the principal or nurse could likely help provide answers to these questions. Additionally, some of the information requested can be found by running reports from PowerSchool or Infinite Campus.

1) When the school nurse is unavailable, who at this school is designated to address daily health emergencies and chronic health needs of students?

- Administrator
- Secretary/administrative assistant
- Health clerk/health aide/health paraprofessional
- Other (please specify)

2) How many registered or licensed practical nurses (RNs or LPNs) are assigned to students at this school? Please give your answer in FTEs (full-time equivalents). For example, if this school has one full-time registered nurse for 40 hours/week, mark 1.0; for 20 hours/week, mark 0.5; and for 10 hours/week, mark .25.

___ Registered nurse FTEs

___ Licensed practical nurse FTEs

3) On average, how many days per week is at least one nurse available to students at this school?

___ days/week

4) On average, how many visits to the health room occur each month (including visits for daily medications)?

___ # visits/month

5) Does this school have documentation of (including from sources such as Infinite Campus or PowerSchool) the number of students who have...

- Yes
- No

5a) ... Asthma?

5b) ... An EpiPen (Epinephrine)?

5c) ... Life-threatening allergies?

5d) ... Diabetes (Type 1 or 2)?

5e) ... Immunization documentation (including the number of students with signed personal, religious, or medical exemptions)

5f) ... Health insurance coverage?

5g) ... Medication needs?

5h) ... A BMI at or above the 85th percentile?

6) Does this school screen for the following health needs or conditions every year?...

- Yes, in all grades
- Yes, in certain grades plus for any new students
- Yes, in certain grades but not for new students
- No

6a) ... Hearing problems

6b) ... Oral health problems

6c) ... Vision problems

7) Does this school make referrals to services outside of school for the following health needs or conditions?

- Yes
- No

7a) ... Hearing problems

7b) ... Oral health problems

7c) ... Vision problems

8) Does this school actively seek outside funding sources (including in-kind donations) for health services?

- Yes
- No

9) Does this school develop IEPs and/or 504 plans for students with health conditions requiring special accommodations?

- Yes
- No

10) *[Note: answer only if yes is selected in #9 above]*

Are the following true for students' IEP and/or 504 plans?

- Yes
- No

10a) ... Parents, guardians, and students are provided opportunities to help develop the plans.

10b) ... Certified health professionals are advised during the development of the plans.

10c) ... Plans are transferrable if students move to another school or district.

PHYSICAL EDUCATION/PHYSICAL ACTIVITY

Questions in this section refer to this school's physical education program and opportunities for students to participate in physical activity. The principal or physical education teacher could likely help provide answers to these questions.

1) *[Note: answer for elementary schools only and answer for each grade]*

Is a physical education course offered for each grade served by this school?

- Yes
- No

1a) Kindergarten

1b) 1st grade

1c) 2nd grade

- 1d) 3rd grade
- 1e) 4th grade
- 1f) 5th grade
- 1g) 6th grade

2) [Note: answer for elementary schools only]

2a) How many class sessions, on average, are provided to a student enrolled in physical education? Use your preferred metric.

____/month OR ____/week

2b) How many minutes, on average, is each physical education class session scheduled to last?

____ minutes

3) [Note: answer for secondary schools only]

What type of academic schedule does this school follow?

- Semester
- Trimester
- Quarter

4) [Note: answer for secondary schools only]

How many _____s [fill in answer from #3 above] of physical education does this school require for each student (before graduating or advancing out of this school)?

____ semesters/trimesters/quarters

5) [Note: answer for secondary schools only]

5a) How many class sessions, on average, are provided to a student enrolled in physical education?

____/week

5b) How many minutes, on average, is each physical education class session scheduled to last?

____ minutes

6) [Note: answer for secondary schools only]

Does this school allow waivers for physical education for...

- Yes
- No
- N/A, this school does not offer this program

6a) ... Band?

6b) ... School-sponsored athletics?

6c) ... ROTC?

6d) ... Other (please specify)?

7) During physical education courses, what percentage of the time, on average, are students engaged in moderate to vigorous physical activity (equivalent to brisk walking, bicycling, aerobic dance, etc.)?

____ % of the time

8) Do the physical education programs at this school...

- Yes
- No

8a) ... Appropriately modify or adapt activities to promote the participation of all students (in particular students with chronic health conditions and special needs)?

8b) ... Use instructional strategies that support the needs of the diversity of the student population?

8c) ... Have a student/teacher ratio that is comparable with other classes at all grade levels?

9) Does this school's physical education instruction use the following?...

- Yes
- No

9a) ... Curriculum aligned to the Colorado Academic Standards, specifically, the Comprehensive Physical Education and Health Standards

9b) ... Unit and lesson plans to guide instruction

9c) ... Objectives that are observable and measurable

9d) ... Summative assessments (e.g., unit or course exams) to evaluate students' mastery of objectives

10) How many physical education and/or dance teachers work at this school? Please give your answer in FTEs (full-time equivalents). For example, if this school has a full-time P.E. teacher (1.0 FTE) and a teacher that teaches 1 P.E./dance class per day out of 6 classes (.17 FTE), the total FTE would be 1.17.

___ physical education/dance teacher FTEs

11) Does this school require your physical education/dance teachers to have the following?

- Yes
- No

11a) ... Undergraduate training in P.E.

11b) ... Graduate training in P.E.

11c) ... Licensure with an endorsement in P.E.

11d) ... Ongoing professional development related to physical education (at least annually)

12) Outside of physical education, how many times, on average, do students participate in physical activity breaks in classrooms (e.g. brain breaks, Go Noodle) during the school day?

___ times/day

13) Does this school offer school-sponsored opportunities for students to participate in the following?...

- Yes
- No

13a) ... Interscholastic sports (e.g. competition between schools) *[Note: answer this option only for secondary schools]*

13b) ... Intramural or recreational sports

13c) ... Clubs that facilitate physical activity (e.g. walking clubs, Girls on the Run)

14) *[Note: answer this item only for elementary schools and only answer for grades taught at this school]*

How many minutes do students have on average for recess during the school day? Please include all recess after the morning bell rings (e.g., morning, lunch, afternoon recess).

- K: ___ minutes per day
- 1st: ___ minutes per day
- 2nd: ___ minutes per day
- 3rd: ___ minutes per day

- 4th: ___ minutes per day
- 5th: ___ minutes per day
- 6th: ___ minutes per day

15) [Note: answer this item only for elementary schools]

How often do school administrators or teachers take away part or all of recess from students for the following reasons?

___% of the time

15a) ... Inclement weather

15b) ... Punishment for misbehavior

15c) ... Make up for lost instructional time

16) [Note: answer this item only for elementary schools]

Has this school adopted a written policy or guideline (school and/or district-created) that prohibits taking away part or all of recess for any of the following?...

- Yes
- No

16a) ... Inclement weather

16b) ... Punishment for misbehavior

16c) ... Make up for lost instructional time

HEALTH EDUCATION

Questions in this section refer to this school's health education, including through health education courses (if applicable) and through health-related education that takes place in other classes or in school-sponsored events. The principal or staff members who teach health education could likely help provide answers to these questions.

1) [Note: answer for elementary schools only and answer for each grade taught by the school]

Is a health education course offered for each grade served by your school?

- Yes
- No

1a) Kindergarten

1b) 1st grade

1c) 2nd grade

1d) 3rd grade

1e) 4th grade

1f) 5th grade

1g) 6th grade

2) [Note: answer for elementary schools only]

2a) How many class sessions, on average, are provided to a student enrolled in health education? Use your preferred metric.

___/month OR ___/week

2b) How many minutes, on average, is each health education class session scheduled to last?

___ minutes

3) [Note: answer for secondary schools only]

What type of academic schedule does this school follow?

- Semester
- Quarter
- Trimester

4) [Note: answer for secondary schools only]

How many _____s [fill in answer from #3 above] of health education does this school require for each student (before graduating or advancing out of this school)?

___ semesters/trimesters/quarters

5) [Note: display for secondary only and only if 1 or more is written in #4 above]

5a) How many class sessions, on average, are provided to a student enrolled in health education?

___/week

5b) How many minutes, on average, is each health education class session scheduled to last?

___ minutes

6) Do the following staff members teach health education topics at your school? ...

- Yes
- No

6a) ... Health education teacher(s)

6b) ... Physical education teacher(s)

6c) ... Science teacher(s)

6d) ... Non-science classroom teacher(s)

6e) ... School counselor(s)

6f) ... School nurse(s)

6g) ... Other (please specify)

7) [Note: answer for each choice for which yes was selected in #6 above]

Do the following staff members have professional development/training related to health education?

- Yes
- No

8) [Note: answer only if selected yes for #6a above]

Does this school require its health education teachers to have the following?

- Yes
- No

8a) ... Undergraduate training in health education

8b) ... Graduate training in health education

8c) ... Certification or licensure in health education

9) [Note: answer only if select yes for any grade in #1 (for elementary) or fill in 1 or more for #3 (for secondary)]

Does this school's health education instruction use the following?...

- Yes
- No

9a) ... Curriculum aligned to the Colorado Academic Standards, specifically, the Comprehensive Physical Education and Health Standards

9b) ... Unit and lesson plans to guide instruction

9c) ... Objectives that are observable and measurable

9d) ... Summative assessments (e.g., unit or course exams) to evaluate students' mastery of objectives

10) Are the following health education topics taught at this school (including through a health education course, another related course, or school assemblies or events)?...

- Yes
- No

10a) ... Healthy eating

10b) ... Physical activity

10c) ... Personal hygiene

10d) ... Mental and emotional wellness

10e) ... Alcohol, tobacco and other drug use prevention

10f) ... Unintentional injury prevention

10g) ... Violence prevention (e.g., bullying, fighting, homicide)

10h) ... Suicide prevention

10i) ... Human sexuality/sexual health education

10j) ... Other (please specify)

11) *[Note: answer only if answered yes to #10i above]*

Is your school's sexual health education program LGBTQ (lesbian/gay/bisexual/transgender/questioning)-inclusive?

- Yes
- No

12) *[Note: answer only if answered yes to #10i above]*

Are the following topics taught as part of sexual health education at your school?...

- Yes
- No

12a) ... Abstinence

12b) ... Contraception

12c) ... HIV/STI prevention

12d) ... Unintended pregnancy prevention

12e) ... Healthy relationships

FAMILY/COMMUNITY/STUDENT INVOLVEMENT

Questions in this section refer to how this school engages families, students, and community members in your school's health and wellness efforts. The principal or another administrator could likely help provide answers to these questions.

1) During non-school hours, do community members have access to the following school facilities for physical activities (including opportunities for community groups to use, reserve, or rent school space)?...

- Yes, they have access to all facilities
- Yes, they have access to some facilities
- No, they do not have access to facilities

1a) ... Indoor facilities (e.g., gym, weight room, pool, basketball court)

1b) ... Outdoor facilities (e.g., play structures, track, tennis courts, fields)

2) Does this school involve the community by...

- Yes
- No

2a) ... Inviting community members to activities or events related to health and safety (e.g., health fairs)?

2b) ... Asking community members to plan and conduct health and safety-related events/activities?

3) Does this school collaborate with any of the following organizations in developing or coordinating health activities/programs for students?...

- Yes
- No

3a) ... Health department

3b) ... Hospital

3c) ... Mental health or social services agency

3d) ... Service club (e.g., Rotary Club)

3e) ... College or university

3f) ... Businesses

3g) ... Parks and recreation department

3h) ... Nonprofit (e.g., YMCA)

3i) ... Health clinic

3j) ... Doctor's office

4) Does this school use the following communication methods to provide information to parents and families about school health programs and activities? ...

- Yes
- No

4a) ... Written materials

4b) ... Meetings held at the school

4c) ... Meetings held in the community

4d) ... Phone or text notifications

4e) ... Website

4f) ... Social media

5) [Note: answer only for communication methods selected in question #4 above]

If necessary, does this school provide translation or interpretative services reflective of the language of the students' families when communicating about school health programs and activities through the following mediums?...

- Yes
- No

5a) ... Written materials

5b) ... Meetings held at the school

5c) ... Meetings held in the community

5d) ... Phone or text notifications

5e) ... Website

5f) ... Social media

6) Does this school engage parents and families in school health programs and activities through the following?...

- Yes
- No

6a) ... Gathering feedback and input from families on school health and wellness activities

6b) ... Meeting with a parent/guardian organization (e.g., PTA) to discuss school health needs and strategies

6c) ... Providing families with information on school health policies, strategies, and services

6d) ... Hosting school health activities for families (e.g., cooking classes, yoga/Zumba classes)

7) How does this school obtain input from students about the following components of school health? ...

- Input from students is not solicited
- Suggestions are collected from students
- Students help make decisions or develop policy

7a) ... Student health services

7b) ... Health education

7c) ... Physical education

7d) ... Counseling, psychological, and social services

7e) ... Food served in school

7f) ... The school's physical environment

7g) ... School culture and climate

7h) ... Other (please specify)

COUNSELING, PSYCHOLOGICAL, AND SOCIAL SERVICES

Questions in this section refer to the counseling, psychological, and social services provided to students at this school. The principal, counselor, psychologist, or social worker could likely help provide answers to these questions.

1) How many of the following positions provide standard mental health or social services to students at this school? Please give your answer in FTEs (full-time equivalents). For example, if this school has a full-time psychologist for 40 hours/week, mark, 1.0; for 20 hours/week, mark 0.5; and for 2 hours/week, mark .05.

___ School counselor FTEs

___ School psychologist FTEs

___ School social worker FTEs

2) Have the following staff members at this school received training on how to identify students in need of social, emotional, and behavioral health supports?...

- Yes
- No

2a) ... Teachers

2b) ... Administrators

2c) ... Coaches

2d) ... Nurses, health aides, health paraprofessionals

2e) ... Counselors, psychologists, social workers

2e) ... Other (please specify)

3) How does this school identify students' social, emotional, and behavioral health needs?

- We conduct a universal screening on all students to identify needs.
- We conduct individual screenings on select students to identify needs.
- Neither universal or individual screenings are conducted.

4) Does this school provide in-school or outside of school services for the following?...

- In-school services (e.g., one-on-one or small group counseling, school-wide programming)
- Referral to services outside of school

4a) ... Mental/behavioral disorder

4b) ... Substance abuse (e.g., alcohol, tobacco, other drugs)

4c) ... Eating disorders

4d) ... Family issues (e.g., parental divorce, parental substance abuse, grief, teen parenting)

4e) ... Gender identity and sexual preference

4f) ... Bullying (including cyber bullying)

4g) ... Sexual assault and dating violence

HEALTHY AND SAFE SCHOOL ENVIRONMENT

Questions in this section refer to the safety and environment of this school, including emergency preparedness, school climate and culture, and the physical environment. The principal, another administrator, or the facilities manager could likely help provide answers to these questions.

1) Does this school currently have a formal crisis preparedness, response, and recovery plan (school and/or district-created) in place?

- Yes
- No

2) [Note: answer only if answered yes to #1 above]

Does this school's crisis preparedness, response, and recovery plan include the following?...

- Yes
- No

2a) ... Evacuation plans

2b) ... Procedures to stop people from leaving or entering school buildings (lock down plans)

2c) ... Requirements to conduct regular emergency drills, other than fire drills

2d) ... Family reunification procedures

2e) ... Accommodations for students and staff with special needs

2f) ... Provision of mental health services for students, faculty, and staff after a crisis has occurred (e.g., to treat post-traumatic stress disorder)

2g) ... Mechanisms for communicating with school personnel

2h) ... Requirements for periodic review and revision of the crisis preparedness, response, and recovery plan

2i) ... Procedures to coordinate with first responders (e.g., police and fire departments)

3) [Note: answer only if answered yes to #1 above]

Are teachers and other school staff trained in implementing the crisis preparedness, response, and recovery plan?

- Yes
- No

4) Does this school use the following personnel to support school safety on a regular basis?...

- Yes
- No

4a) ... Security guards

4b) ... School resource officers

4c) ... Local law enforcement

4d) ... Other (please specify)

5) Does this school engage in the following practices to help report early warning signs for violent behaviors (including suicide and violence against others)?...

- Yes
- No

5a) ... Conduct trainings for school staff

5b) ... Provide information about warning signs to students

5c) ... Provide information about warning signs to parents/guardians

6) Does this school assess perceptions of school climate (e.g., through a survey) with...

- Yes
- No

6a) ... Students?

6b) ... Teachers?

6c) ... Other staff?

6d) ... Parents/guardians?

7) Does this school engage in the following practices to address positive school climate?...

- Yes
- No

7a) ... Communicate expectations for learning and behavior to students

7b) ... Communicate expectations for student learning and behavior to parent(s)/guardian(s)

7c) ... Engage students in service learning (e.g., community service projects)

7d) ... Hold school-wide activities that give students opportunities to learn about diverse cultures and experiences

7e) ... Use instructional materials that reflect the diversity of your student body

7f) ... Have a student-led club that aims to create a safe and welcoming school environment for all youth, regardless of sexual orientation or gender identity (e.g., gay/straight alliances)

8) Has this school adopted a written policy or guideline (school and/or district-created) prohibiting harassment and bullying?

- Yes, this school has a written policy or guideline, and it includes cyber bullying
- Yes, this school has a written policy or guideline, but it does not include cyber bullying
- No, this school does not have a written policy or guideline

9) Does this school engage in the following practices to address harassment and bullying?...

- Yes
- No

9a) ... Conduct trainings for school staff about how to respond to harassment and bullying

9b) ... Provide information to parents/guardians about harassment and bullying

9c) ... Provide information to students about harassment and bullying

9d) ... Provide anonymous methods for students to report harassment or bullying

9e) ... Institute corrective measures for students engaged in bullying (e.g., training in acceptable behavior, counseling, appropriate discipline)

10) Does this school have the following indoor features to help create a safe environment?...

- Yes
- No

10a) ... Slip-resistant flooring surfaces

10b) ... Sturdy guardrails on stairways (answer yes if your school has no stairways)

10c) ... Clearly labeled poisons and chemical hazards that are stored in locked cabinets

10d) ... First aid equipment and notices describing safety procedures available

10e) ... Sufficient lighting in all indoor areas of the school

10f) ... Supervised or sealed-off secluded areas

10g) ... Operational smoke alarms, sprinklers and fire extinguishers

10h) ... A variety of methods to keep weapons out of the school environment (e.g., metal detectors, monitored single point of entry, x-ray equipment)

10i) ... An air quality management program

11) Does this school have the following outdoor features on school grounds to help create a safe environment?...

- Yes
- No

11a) ... Sidewalks leading to/from the school that are safe to use (plowed and not damaged)

11b) ... Trails or paths leading to/from the school that are safe to use

11c) ... Bike lanes leading to/from the school that are safe to use (plowed and not damaged)

11d) ... Sufficient bike racks or a secure place for students to keep their bikes, skates boards, scooters or roller blades

11e) ... Facilities (e.g., playground, tennis courts, fields, track, basketball court) that are safe to use (not damaged, clear of glass/debris/holes)

11f) ... Shade structures such as trees or canopies
11g) ... Sufficient lighting in all outdoor areas of the school
12) Does this school have programming or partnerships related to providing safe biking and walking routes to school?
<ul style="list-style-type: none"> • Yes • No
13) Are the following periodically inspected at this school?
<ul style="list-style-type: none"> • Yes • No
13a) ... Pests
13b) ... Condensation in and around school facilities
13c) ... Cracks or leaks in the building foundation, walls, and roof
13d) ... Mold
13e) ... Plumbing system(s)
13f) ... Heating, ventilation, and air conditioning system (HVAC)

STAFF HEALTH PROMOTION

Questions in this section refer to this school’s staff health and wellness strategies and programs. The principal or another administrator could likely provide answers to these questions.

1) Does this school...
<ul style="list-style-type: none"> • Yes • No
1a) ... Conduct a school employee wellness needs assessment and/or interest survey?
1b) ... Develop a written school employee wellness action plan?
1c) ... Have a school employee wellness leader or committee?
1d) ... Obtain administrator support for school employee wellness?
2) Do staff members at this school have opportunities to participate in any of the following employee wellness activities (school and/or district-sponsored)?...
<ul style="list-style-type: none"> • Yes • No
2a) ... Health screenings (e.g., BMI, blood pressure, cholesterol)
2b) ... Annual flu shots at the school or district office
2c) ... Stress management activities
2d) ... Tobacco cessation efforts
2e) ... Healthy food-related activities (e.g., cooking classes, taste testing, nutrition education)
2f) ... Physical activity (e.g., providing physical activity breaks during meetings, walking programs, encouraging use of non-motorized transportation)
2g) ... First Aid/CPR training
2h) ... Conflict resolution education
2i) ... Counseling for emotional disorders such as anxiety or depression
2j) ... Crisis intervention for personal problems
2k) ... Other (please specify)