

Acceptable Processed Product Documentation for Meal Pattern Requirements

Overview

School Food Authorities (SFAs) must maintain acceptable documentation for processed products to show how these products contribute to the meal pattern requirements for meals served under the USDA's Child Nutrition Program.

Components and Quantities

Acceptable product documentation for determining meal components and quantities for **meat/meat alternates** includes one of the following:

- Child Nutrition (CN) label
- Signed product formulation statement
- USDA Foods Fact Sheet

Acceptable product documentation for determining meal components and quantities for **grains** includes one of the following:

- Child Nutrition (CN) label
- Signed product formulation statement
- USDA Foods Fact Sheet
- A Nutrition Facts Panel with the grams or ounces per serving AND an ingredient list

Dietary Specifications

Acceptable product documentation for determining compliance with **dietary specifications** (calories, saturated fat, trans fat and sodium) includes one of the following:

- Nutrition Facts Panel
- Nutrient information from the manufacturer

Child Nutrition (CN) Label

- CN labeled products ensure that the food provides the stated contribution toward meal pattern requirements.
- SFAs are not required to offer products with CN labels.
- The term "oz. eq grains" on the CN label indicates the product meets whole grain-rich criteria.
- The terms "bread" or "bread alternate" on the CN label indicate the product meets previous grain requirements.

CN Label Example:





Product Formulation Statement

Product formulation statements must demonstrate how the processed product contributes to the meal pattern requirements and be on signed letterhead.

Product Formulation Statement Example:

Sample Product Formulation State Products	ement (Produc	t Analysis) fo	or Meat/Me	at Alternate (N	M/MA)	
Child Nutrition Program operators sl in addition to the following informat						
Product Name: Chicken Patty		Code	No.: 555			
Manufacturer: Chicken Company		se/Pack/Cour	nt/Portion/Siz	ze: <u>158servings</u>	/case	
I. Meat/Meat Alternate Please fill out the chart below to dete	rmine the credi	table amount	of Meat/Me	at Alternate		
Description of Creditable	Ounces		Multiply	FBG Yield/	Creditable	
			Manuply			
Ingredients per	Portion of			Servings	Amount *	
Food Buying Guide (FBG)	Ingre			Per Unit		
Chicken	3.0)4	X	0.658	2	
			X			
			X			
A. Total Creditable M/MA Amou	nt ¹					
*Creditable Amount - Multiply ounces p		creditable ing	redient by the	FBG Yield Info	rmation.	
II. Alternate Protein Product (API If the product contains APP, please f	ĭĺl out the chart					
APP is used, you must provide document	mentation as de	scribed in Att	achment A f	for each APP us	sed.	
Description of APP,	Ounces	Multiply	% of	Divide by	Creditable	
manufacture's name,	Dry APP		Protein	18**	Amount	
and code number	Per Portion		As-Is*		APP***	
		X		÷ bv 18		
		X		,		
				÷ by 18		
		X		÷ by 18		
B. Total Creditable APP Amount						
C. TOTAL CREDITABLE AMO	UNT (A + B re	ounded down	ı to			
nearest ¼ oz) *Percent of Protein As-Is is provided on **18 is the percent of protein when fully		documentatio	n.			
***Creditable amount of APP equals ou	nces of Dry APP	multiplied by t	the percent of	protein as-is div	ided by 18.	
¹ Total Creditable Amount must be round	led down to the r	earest 0.25oz ((1.49 would re	ound down to 1.2	5 oz meat	
equivalent). Do not round up. If you ar Creditable M/MA Amount) until after yo						
Total weight (per portion) of product	as purchased _	3.04				
Total creditable amount of product () (Reminder: Total creditable amount			he total weig	tht of product.)		
I certify that the above information is product (ready for serving) contains according to directions.	s true and corre	ct and that a _	3.04 c	unce serving of	f the above	
	the are first as	fa 4a 4ha	Food and N	intuition Comico	Domilations	
I further certify that any APP used in (7 CFR Parts 210, 220, 225, 226, Ap						
Bob Chicken			R&D		_	
Signature		Title				
		9/24/14	4	555-5555		
Printed Name		Date		Phone Numb	er	



USDA Foods Fact Sheet

• USDA Foods Fact Sheets provide product descriptions, crediting/yield information, nutrition facts panel, culinary tips and recipes and food safety information for USDA Foods.

USDA Foods Fact Sheet:





110321-Beef, Patties w/SPP, Cooked, Frozen

Category: Meat/Meat Alternate



PRODUCT DESCRIPTION

This item is a fully cooked beef patty with soy protein product added. This item is delivered frozen in 40 pound cases containing 5 pound, 8 pound, or 10 pound packages.

CREDITING/YIELD

- One case of beef patties provides approximately 376 1.7 ounce patties.
- CN Crediting: One 1.7 ounce beef patty with SPP credits as 1.5 ounce equivalents meat/ meat alternate.

CULINARY TIPS AND RECIPES

- Fully cooked beef patties can be heated and served on a bun with a variety of toppings such as lettuce, tomato, avocado, onions, or mustrooms
- For more culinary techniques and recipe ideas visit <u>NFSMI</u> or <u>Team Nutrition</u>.

FOOD SAFETY INFORMATION

 For more information on safe storage and cooking temperatures, and safe handling practices please refer to: <u>Developing a School</u> <u>Food Safety Program Based on the Process</u> <u>Approach to HACCP Principles.</u>

NUTRITION FACTS

Serving size: 1 patty (48 g)

Amount Per Serving

Calories 100

Total Fat 6g

Saturated Fat 2.5g

Trans Fat Og

Cholesterol 35mg

Sodium 100mg

Total Carbohydrate 2g

Source: USDA Foods Vendor Labels

Dietary Fiber 1g

Sugars 0g

Protein 11g

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for productspecific information.

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Nutrition Facts Panel and Ingredients

- For grains only, a nutrition facts panel with the grams or ounces per serving and an ingredient list may provide sufficient information for crediting grains. This information along with Exhibit A is used to determine the number of oz. equivalent grains.
- Note: if a flour blend is listed, for example Ingredients: Flour blend (whole-wheat flour, enriched flour), sugar, cinnamon, etc., a product formulation statement or CN label is needed from the manufacturer to provide more information on whole grain content.

Nutrition Facts Panel and Ingredients Example:

Nutrition	Amount/Serving %	6 Daily Value*	Amount/Serving % D	ally Value*	
	Total Fat 0.5g	1%	Total Carb. 15g	5%	
Facts	Saturated Fat 0g	1%	Dietary fiber 3g	11%	
Serving Size 1 Slice (34g)	Trans Fat 0g		Sugars 1g		
Servings Per Container About 20	Cholesterol 0mg	0%	Protein 4g	8%	
Calories 80	Sodium 80mg 3%		Potassium 80mg 2%		
Calories from Fat 5 Calories from Saturated Fat 0			Calcium 0%		
*Percent Daily Values are based on a 2,000 calorie diet.				amin B6 4% ic Acid 0%	

INGREDIENTS: WHOLE WHEAT (WHOLE GRAIN), CRACKED WHOLE WHEAT, WATER, BROWN SUGAR, WHEAT GLUTEN, YEAST, CANOLA OIL (NON-HYDROGENATED), SALT. JUICE CONCENTRATE.

Dietary Specifications Documentation

- SFAs must maintain documentation on nutrient information to ensure compliance with the dietary specifications for calories, saturated fat, trans fat and sodium. This information may be provided on a Nutrition Facts Panel (See above example of a Nutrition Facts Panel).
- If there is no Nutrition Facts Panel available, nutrient information must be obtained from the manufacturer.

Nutrient Information from the Manufacturer Example:

Basic Componer	ıts			Vitamins	
Calories (kcal)	269	Carbohydrates (g)	20	Vitamin A-IU (IU)	168
Fat (g)	13	Dietary Fiber (g)	3	Vitamin C (mg)	1
Saturated Fat (g)	3	Total Sugars (g)	0	Minerals	
Trans Fatty Acid (g)	0	Protein (g)	18	Sodium (mg)	590
Cholesterol (mg)	60	Whole Grains (g)	8	Calcium (mg)	17
				Iron (mg)	2

Additional Resources

- CDE School Nutrition Unit Menu Planning webpage
- **USDA Foods Fact Sheets**
- **USDA Food Buying Guide**
- **USDA Whole Grain Resource**
- USDA Guidance for Accepting Processed Product Documentation for Meal Pattern Requirements