Fresh Fruit and Vegetable Program



Allowable and Unallowable Items in the FFVP

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- Administrative Costs (wages & salaries for staff labor spent on financial reporting, writing menus, coordinating nutrition education activities)
- Allowable equipment** (refrigerators, coolers, kiosks, carts)
- BOCES fee
- Condiments can only be served with *vegetables*.
- Cooked fresh vegetables must be limited to service once a week and must always include nutrition education.
- Delivery fees
- Fresh Cactus
- Fresh Figs
- Low-fat***, yogurt-based dip****, or nonfat dips for *vegetables only*
- Non-food items such as serving bowls, napkins, trays, trash bags, gloves.
- Operational Costs (fresh produce, wages & salaries for physical staff labor)
- Raw garlic or whole bulb garlic
- Transportation or fuel costs
- Whole or pre-sliced fresh fruits and vegetables.

UNALLOWABLE ITEMS

- Beans
- Candies or marshmallow
- Carbonated fruit
- Coconut in any form
- Decorative items or décor
- Dips for fruit or cottage cheese
- Edamame
- Edible flowers
- Fruit or vegetable pizza
- Fruit that has been injected with flavorings.
- Fruit baskets
- Fruit or vegetable juice
- Fruit mixes or salads preserved in water or juices.
- Fruit leather or jellied fruit
- Fruit seeds or vegetable seeds
- Ginger root
- Grapples
- Herbs (Mint, Thai Basil, Cilantro, etc.)
- Nut butters or nuts
- Nutrition education materials
- Peanut Butter
- Pickles
- Popcorn
- Processed or preserved fruits and vegetables (i.e., canned, frozen, vacuum-packed, or dried).
- Sending fruits/vegetables home
- Serving FFVP outside of school hours
- Smoothies
- Trail mixes
- Yogurt

Low fat means items that are less than 3g fat per serving. *Dips are only allowable for vegetables and must not exceed a serving size of 1 to 2 tablespoons.



^{*}Allowable items are whole or sliced fresh fruits and vegetables that are prepared in a way that makes them easily recognizable.

**Equipment purchases exceeding \$250.00 must receive CDE approval prior to purchase. The cost of equipment must be prorated if used in other child nutrition programs. Use the FFVP Equipment Justification Form