

Colorado Department of Education Student Health Services Regional Nurse Specialists	Name:  Email:  District/Area:  Phone:  	<b>School Nurse E-Learning Trainings</b>
---	---	--

## Answer Sheet for Contact Hours



### **“All Hands on Deck”** **The School Nurse’s Role in Behavioral and Mental Health**



*Save and rename this document with your **last name\_first initial\_module name** to your computer (or print it so you can hand write your responses).*

*Fill out the answers as you review the PowerPoint with voice-over found on the School Nursing and Health web page.*

#### **Review of Module #1**

- Number quiz: (check the box next to the correct answer)

Students with psychiatric or emotional disorders

A. 15-20%

B. 20-27%

C . 30 – 33%

Percentage of families that do not follow through with mental health referrals by their primary physician.

A. 20%

B. 40%

C. 60%

- List quiz: Name 5 barriers to mental health interventions.

1)

2)

3)

4)

5)

- Thought question: It is easy to see how cultural influences can be a barrier to mental health intervention. Give an example of a cultural influence that is supportive of interventions.

## Review of Module #2

- Math quiz: Programs can be described by using the pyramid model. The pyramid model that was just shown has a percentage of students who needs are met using a specific type of intervention. Can you remember the percentages for each of the below?

Prevention \_\_\_\_\_ At risk \_\_\_\_\_ Needing help \_\_\_\_\_

- List quiz: Can you name two programs in some of the schools in Colorado that have a strong preventative and positive approach?

\_\_\_\_\_ and \_\_\_\_\_

- Thought question: The name of this training is “All Hands on Deck”. Now that you know the scope of the problem, the stigma, the cultural influences and examples of programs in the schools, can you explain why that phrase applied to mental health interventions in the schools?

## Review of Modules #3 & #4

1. List one behavior you can do to prepare for a crisis with a student who is “needing help”.
2. List two behaviors you can do as a school nurse to plan the care of a student who is “at risk”. (Module #3)
3. List three behaviors you can do to take care of your mental health needs.

Please attached this answer sheet to an email and send to [CDERN80203@gmail.com](mailto:CDERN80203@gmail.com). You will receive your certificate of completion by e-mail