

To the New School Nurse

Welcome to the School Nursing! We hope that you will find your position as rewarding as we have. We would like to provide you with resources that will make your responsibilities easier to achieve and to make sure that you have another school nurse to contact. Here are five steps to obtaining those resources.

1. Visit the Webpage:

Colorado Department of Education, Health and Wellness, School Nursing and Health
http://www.cde.state.co.us/HealthAndWellness/SNH_Home.htm

Tips for Navigating the CDE School Nursing and Health Website

- There are main headings at the top of each section, with key words and content underneath to help direct you to the resources you are trying to find. To navigate to any of the links listed in the table you have to click the "VIEW" live link at the bottom of each section. Or...
- Use the drop-down menu on the left side of the screen under [SCHOOL NURSING AND HEALTH](#) and click any of the 12 links and you will be directed to that section of the webpage. Both of these techniques take you to the same content.
- The School Nursing website also has links to other frequently used websites making navigating easier: [Colorado Department of Public Health and Environment](#), [Qualistar](#), [NASN](#), [CASN](#), and many more.
- We also encourage you to familiarize yourself with the Colorado Department of Education website as a whole. Here are some other useful areas to visit using these key words: [Special Education](#), [Nutrition](#), [Licensing](#), [Educator Effectiveness](#).
- National Association of School Nurses (NASN) <https://www.nasn.org/home> is also a valuable on-line resource for School Nurses.

2. Bookmark or download on your computer important links from this web page:

- Allergy and Anaphylaxis: <https://www.cde.state.co.us/healthandwellness/standardanaphylaxisplan2016>
Care Plan: <https://www.cde.state.co.us/healthandwellness/standardanaphylaxisplan2016>
- Colorado Asthma Care Plan: <https://www.cde.state.co.us/healthandwellness/coloradoasthmacareplan-2018>
- Diabetes web page: <http://www.coloradokidswithdiabetes.org/>
- Infectious Disease in Child Care and School Settings:
<https://drive.google.com/file/d/12NZoSBRjN5s4rFCNKaCu2RCzELeUT5nC/view>
- Colorado Emergency Guidelines for Schools (pdf):
<https://www.cde.state.co.us/healthandwellness/coloradoemergencyguidelinesforschools2016>

3. Sign up for the School Nurse List Serve:

- <https://healthyschoolscolorado.wufoo.com/forms/m1uwx2e90shgyis/>
- To send a message to ALL list serve users use this email address: schoolnurse@web.cde.state.co.us
- Contact Pam Hitt (hitt_p@cde.state.co.us) for requests and concerns, including changing your email address or unsubscribing. Please send technical and support questions to her as well rather than the List Serve.

Listserv Etiquette

- ✓ State concisely and clearly the topic of your comments in the subject line. This allows others to respond more appropriately to your posting.
- ✓ Reply to the sender only when you want to simply say thank you or request a copy of a resource. Reserve replying to all when your reply contains information that benefits everyone.
- ✓ Maintain the confidentiality related to client/student health issues.
- ✓ Respect others. Focus on the content of posts and not on the people making them. Please extend the benefit of the doubt to newer school nurses; there's no such thing as a stupid question.
- ✓ Respect the purpose of this listserv. Use it to share successes, challenges, constructive feedback, and to ask questions.
- ✓ If you want to forward a discussion message, be sure to only forward the actual "guts" or content of the message. Edit out all of the headers, footers and other commentary. Remember that you must have the sender's permission to forward private email messages sent directly to you.
- ✓ Please refrain from any political discussion.

4. “School Nurse Orientation Conference” (SNO)

- Conference: For more information, look under “[Professional Development](#)” on the school nurse web page.
- Webinars: Please continue your learning by attending the webinars the first Tuesday of the month from 1:30 – 2:30 p.m. If you have any questions about the webinars contact Megan Murray, West Central Regional Nurse Specialist, at murray_m@cde.state.co.us.

School Nurse Orientation Webinars:

- ✓ Webinars are held monthly to encourage and increase each school nurses capability and understanding of vital job duties. Come prepared with questions for our guest speakers!
- ✓ If you are a new school nurse, please contact Megan Murray (murray_m@cde.state.co.us) to be added to the SNO webinar invite list.

5. Contact a Regional Nurse Specialist:

- The Regional Nurse Specialists are available to assist with technical support (like questions about your practice) and information on chronic disease management.
- Each specialist is assigned to one of 8 regions in the state.
- Please send an email or text message to the Regional Nurse Specialist for your region so we can add your name our database and have an opportunity get to know you.

NORTHWEST CENTRAL REGION
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NORTH CENTRAL REGION
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NORTHEAST REGION
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