



LiveWell Colorado: Physical Education in Colorado Schools

Presented by Christine Webb

Agenda

- ✿ Project Methods
- ✿ Legislation and Requirements
- ✿ State Standards for PE curriculum and Physical Educators
- ✿ Data Collection
- ✿ District Level Action



Methods

Interview format

- Conducted May-August 2013

Interviewees

- HEAL Coalition members
- Local government agencies
- School district administrators

Selection Criteria

- Convenience sample



Legislation and Requirements

No state legislation specific to PE

- Contrary to the practice of other states

HB11-1069

- Requires students have 150 minutes of physical activity a week
- Makes no distinction between PE and physical activity
- Applies to elementary schools only

District level PE requirements

- Variable by district
- Variable by grade level



State Standards

PE Curriculum

- No specific PE curriculum mandated by CDE
- Comprehensive Health and Physical Education standards, adopted 2009

Physical Educators

- Applicant requirements
- Standards differ by grade level
- On-going education/Professional Development



Data Collection

- ✿ No standardized collection process
 - Frequency, quality, and quantity
- ✿ No centralized data storage system
 - Data housed at district or school level
- ✿ Limitations
 - Accessibility
 - Dissemination of information and outcomes



District Level Actions

- ✿ Implement new policies
 - Standardize curriculum throughout district
 - Includes PE graduation requirement
 - Stricter hiring standards for PE teachers, PETOSA
- ✿ Adopt evidence based curriculum
 - SPARK and CATCH
 - Purchase with grant funds
- ✿ Provide professional development opportunities
 - Offered by CDE and at the district level



Key Points

- ✿ No state legislation specific to PE in Colorado
- ✿ PE offerings vary considerably among Colorado districts
- ✿ Centralized data collection
 - Best practices shared
 - Reduces burden
- ✿ Actions being taken
 - Indicative of administrative support
 - Steps in a positive direction



Questions?

Contact information:

Christine.webb@ucdenver.edu

