

# Colorado Coalition for Healthy Schools Meeting

December 6, 2013  
Wheat Ridge Rec Center



- Welcome and Introductions
- State of the State: Physical Education/Activity
- Partner Updates
- Sharing from Rocky Mountain Prevention Research Center
- Physical Activity Enhances Student Learning!
- Lunch!
- Colorado Legacy Foundation- Healthy Schools Smart Source Feedback Session

# Agenda

- **At the conclusion of the meeting, participants will be able to:**
  - Describe the current state of policies related to physical education and physical activity in Colorado
  - Identify resources and efforts supporting increased and improved PE/PA in schools from a variety of state partners
  - Explain how physical activity in schools creates an environment that naturally enhances student learning
  - Share feedback on the policy and practice data collection system

## Meeting Objectives

# Colorado Coalition for Healthy Schools

- Currently in an interim phase
- Offering professional development events regarding healthy schools with a focus on physical activity and nutrition
- Currently supported by CDPHE and CDE
- Next meeting on March 7, 2014:  
*Creating Supportive Nutrition Environments in Schools*

## Background



- Take care of your personal needs
- Help keep the meeting agenda on track
- Silence phones and be thoughtful with technology
- Meet someone new

## Meeting Norms

- Who's Here?

- Get ready to stand up

- When a question on the next slide applies to you- stand up and wave!

**Introductions**

- Who's Here?
  - Travelled more than 50 miles to be here?
  - From a school or district?
  - From a non-profit organization?
  - From a state agency?
  - Parent of school-aged children/youth?
  - District wellness coordinator?
  - School Teacher?
  - Funder of Healthy Schools efforts?
  - From a Local Public Health Agency?

## Introductions

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## **Morning Agenda**



# Movement Break!



- Healthy Schools Successful Students Grant
- Destination Healthy Schools Successful Students: A Roadmap and Guidebook for Implementing Coordinated School Health*
- Resources- [www.rmc.org](http://www.rmc.org)



**RMC Health Updates**

Kaiser Permanente Thriving Schools-  
A partnership for healthy students, staff,  
and teachers



**Kaiser Permanente Updates**

 healthteacher



Children's Hospital Colorado

# Children's Hospital Updates

- Physical Education and Activity Training Cadre- Contact Terry Jones with questions [jones\\_t@cde.state.co.us](mailto:jones_t@cde.state.co.us)

- Healthy Kids Colorado Survey- [amy.dillon@state.co.us](mailto:amy.dillon@state.co.us)

- School Health Profiles- [mathew\\_s@cde.state.co.us](mailto:mathew_s@cde.state.co.us)

- [Colorado Legacy Foundation Resources](#)

**CDE and CDPHE**

# Rocky Mountain Prevention Research Center



# Physical Activity Enhances Student Learning!

