

Colorado Coalition for Healthy Schools Meeting

December 6, 2013
Wheat Ridge Rec Center



- Welcome and Introductions
- State of the State: Physical Education/Activity
- Partner Updates
- Sharing from Rocky Mountain Prevention Research Center
- Physical Activity Enhances Student Learning!
- Lunch!
- Colorado Legacy Foundation- Healthy Schools Smart Source Feedback Session

Agenda

- **At the conclusion of the meeting, participants will be able to:**
 - Describe the current state of policies related to physical education and physical activity in Colorado
 - Identify resources and efforts supporting increased and improved PE/PA in schools from a variety of state partners
 - Explain how physical activity in schools creates an environment that naturally enhances student learning
 - Share feedback on the policy and practice data collection system

Meeting Objectives

Colorado Coalition for Healthy Schools

- Currently in an interim phase
- Offering professional development events regarding healthy schools with a focus on physical activity and nutrition
- Currently supported by CDPHE and CDE
- Next meeting on March 7, 2014:
Creating Supportive Nutrition Environments in Schools

Background



- Take care of your personal needs
- Help keep the meeting agenda on track
- Silence phones and be thoughtful with technology
- Meet someone new

Meeting Norms

- Who's Here?

- Get ready to stand up

- When a question on the next slide applies to you- stand up and wave!

Introductions

- Who's Here?
 - Travelled more than 50 miles to be here?
 - From a school or district?
 - From a non-profit organization?
 - From a state agency?
 - Parent of school-aged children/youth?
 - District wellness coordinator?
 - School Teacher?
 - Funder of Healthy Schools efforts?
 - From a Local Public Health Agency?

Introductions

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Morning Agenda

Movement Break!



- Healthy Schools Successful Students Grant
- Destination Healthy Schools Successful Students: A Roadmap and Guidebook for Implementing Coordinated School Health*
- Resources- www.rmc.org



RMC Health Updates

Kaiser Permanente Thriving Schools-
A partnership for healthy students, staff,
and teachers



Kaiser Permanente Updates

 healthteacher



Children's Hospital Colorado

Children's Hospital Updates

- Physical Education and Activity Training Cadre- Contact Terry Jones with questions jones_t@cde.state.co.us

- Healthy Kids Colorado Survey- amy.dillon@state.co.us

- School Health Profiles- mathew_s@cde.state.co.us

- [Colorado Legacy Foundation Resources](#)

CDE and CDPHE

Rocky Mountain Prevention Research Center



Physical Activity Enhances Student Learning!

