



Initial or Alternative Teacher License Evaluation Worksheet

Demonstration of Professional Competencies & Depth of Content Knowledge

Physical Education (Grades K-12)

Applicant

Legal name:

Date:

Requirements

Endorsement content knowledge must be demonstrated by at least one of the following measures for each content area (see below). Please note, if you select the Portfolio option to demonstrate a content knowledge category, it is your responsibility to ensure that evidence provided aligns with the Colorado Department of Education's teacher preparation standards. For more information about educator preparation standards, please see [this webpage](#). To learn more about content covered on Praxis exams, please visit [this webpage](#).

Physical Education

- Praxis 5091: Official score report required (148 or higher)
- Coursework: Minimum of B- (list in grid below); syllabi and official transcript required
- Portfolio: Evidence demonstrating attainment of standards outlined below required

In the grid below, list the evidence by which you are demonstrating content knowledge. It is essential that thorough and complete information is provided for each row inclusive of listing all courses and evidence being utilized. Praxis subscores may be one piece of evidence for a section of content and also must be accompanied by additional evidence such as coursework.

PHYSICAL EDUCATION	Praxis Test Code/Name and Score:	
Categories for which you must demonstrate content knowledge Candidates must possess knowledge of concepts, including:	Course #(s)/Title(s) and Grade(s)	Portfolio Description and Evidence
Content Knowledge and Student Growth and Development <ul style="list-style-type: none"> • Movement concepts • Anatomy and physiology • Exercise physiology • Biomechanics and kinesiology • Movement activities and games • Substance abuse effects • Liability and legal considerations • Motor development • Socio-cultural, philosophical and psychological foundations of physical education • Individual, dual, and team sports and activities • Example courses include the following: child 		



<p>development, psychology of physical education, history of physical education, human growth & development, anatomy, kinesiology, exercise science, health, team sports classes (i.e. baseball, water polo, soccer), individual sport classes (i.e. rodeo, personal fitness planning, aquatics), movement fundamental classes (gymnastics, tumbling, dance, conceptual and skill-based physical education)</p>		
<p>Management, Motivation, and Communication</p> <ul style="list-style-type: none"> ● Equitable learning experiences ● Behavior management ● Psychological and social factors ● Positive relationships and responsible behavior ● Verbal and nonverbal communication ● Example courses include the following: courses that address the above bullets for this section 		
<p>Planning, Instruction, and Student Assessment</p> <ul style="list-style-type: none"> ● Designing learning experiences ● Safety and injury prevention ● Trends, laws, and issues ● Fitness assessments ● Data and student learning ● Adaptive physical education ● Rules and officiating ● Example courses include the following: pedagogy for physical education teachers, first aid, athletic injuries, health policy liability, rules and officiating, physical education for the exceptional child, physical education and recreation for individuals with disabilities 		
<p>Collaboration, Reflection, and Technology</p> <ul style="list-style-type: none"> ● Productive family and community relationships ● Current issues in education ● Physical activity opportunities ● Integrate technology ● Example courses include the following: courses that address the above bullets for this section 		

Submission of this worksheet must be accompanied by all evidence listed in the grid above. You must receive approval prior to submitting an application for an initial teacher license.