# **Colorado Department of Education LogoHealth (K-12) Evaluation Worksheet**

Demonstration of Professional Competencies and Depth of Content Knowledge

## **Applicant**

Legal name:  Click or tap here to enter text. Date: Click or tap here to enter text.

## **Requirements**

Content competency must be demonstrated *for each row within each table* by at least one of the following measures (see below).

In the “Course #/Title/Grade” column, you may include any classes you have taken where you have earned a grade of B- or higher. In your submission, you must also upload official transcripts and an official course syllabus from the term in which the course was taken. If you include multiple transcripts, please specify on which transcript reviewers can find the listed course.

You may consider supplementing your submission with portfolio artifacts that demonstrate professional competencies and content knowledge, including candidate-created unit plans, teaching videos, demonstrated classroom experience in which a rubric review was utilized, etc. These will be listed in the “Portfolio Artifact(s)” column. All portfolio evidence *must* be accompanied by written rationale, indicating how each artifact provided shows content competency of the corresponding concept. Please note, portfolio artifacts are meant to show that you know the *content*, not pedagogy, of your desired endorsement area.

In addition, it is key to use a 1:1 naming convention between the items listed in the artifacts column and the documents you upload in the Colorado Online Licensing system (COOL). For instance, if you write “Nutrition Unit Plan” on the worksheet, there must be a corresponding upload titled “Nutrition Unit Plan” in COOL.

The same artifact/course *may* be used to show competency for multiple concepts; however, the written rationale for portfolio artifacts must be specifically aligned to the concept in that row. If you are submitting a portfolio, multiple pieces of evidence are encouraged per row.

**Health:**

* Coursework: Minimum of B-; syllabi and officialtranscript required
* Portfolio: Artifacts demonstrating attainment of standards outlined below

\*\*\* If you hold a bachelor’s degree or higher in Health, you may submit your application in COOL without doing Multiple Measures.

\*\*\* If you have 24 semester hours of coursework as identified on the [Health Endorsement Worksheet](https://www.cde.state.co.us/cdeprof/endorsementrequirements), you may submit your application in COOL without doing Multiple Measures.

## **Health**

### **Health Education as a Discipline:**

| **Candidates must demonstrate knowledge of each of the following concepts:** | **Course #/Title/Grade** | **Portfolio Artifact(s)**  **AND**  **Rationale** |
| --- | --- | --- |
| Health behavior theories and data | Click or tap here to enter text. | Click or tap here to enter text. |
| Assessment tools and resources for schools | Click or tap here to enter text. | Click or tap here to enter text. |
| Legal, ethical, and professional practices | Click or tap here to enter text. | Click or tap here to enter text. |
| Decision-making models and concepts of character education | Click or tap here to enter text. | Click or tap here to enter text. |
| Human growth and development | Click or tap here to enter text. | Click or tap here to enter text. |
| Physical and mental health | Click or tap here to enter text. | Click or tap here to enter text. |

### **Health Promotion and Prevention of Injury and Disease:**

| **Candidates must demonstrate knowledge of each of the following concepts:** | **Course #/Title/Grade** | **Portfolio Artifact(s)**  **AND**  **Rationale** |
| --- | --- | --- |
| Disease and prevention | Click or tap here to enter text. | Click or tap here to enter text. |
| Nutrition | Click or tap here to enter text. | Click or tap here to enter text. |
| Healthy lifestyles and goal setting | Click or tap here to enter text. | Click or tap here to enter text. |
| Stress management | Click or tap here to enter text. | Click or tap here to enter text. |
| Substance abuse and its impacts | Click or tap here to enter text. | Click or tap here to enter text. |

### **Healthy Relationships and Mental and Emotional Health:**

| **Candidates must demonstrate knowledge of each of the following concepts:** | **Course #/Title/Grade** | **Portfolio Artifact(s)**  **AND**  **Rationale** |
| --- | --- | --- |
| Factors affecting healthy and unhealthy relationships | Click or tap here to enter text. | Click or tap here to enter text. |
| Interpersonal communication | Click or tap here to enter text. | Click or tap here to enter text. |
| Human sexuality | Click or tap here to enter text. | Click or tap here to enter text. |
| Psychosocial development | Click or tap here to enter text. | Click or tap here to enter text. |
| Mental and emotional health issues and prevention strategies | Click or tap here to enter text. | Click or tap here to enter text. |

### **Community Health and Advocacy:**

| **Candidates must demonstrate knowledge of each of the following concepts:** | **Course #/Title/Grade** | **Portfolio Artifact(s)**  **AND**  **Rationale** |
| --- | --- | --- |
| Health and safety; related laws and regulations | Click or tap here to enter text. | Click or tap here to enter text. |
| Available community health agencies | Click or tap here to enter text. | Click or tap here to enter text. |
| Health education advocacy | Click or tap here to enter text. | Click or tap here to enter text. |
| Individual responsibility to society and the environment | Click or tap here to enter text. | Click or tap here to enter text. |

### **Health Education and Pedagogy:**

| **Candidates must demonstrate knowledge of each of the following concepts:** | **Course #/Title/Grade** | **Portfolio Artifact(s)**  **AND**  **Rationale** |
| --- | --- | --- |
| Assessment, curriculum development, and planning | Click or tap here to enter text. | Click or tap here to enter text. |
| Cultural, societal, and familial sensitivity with controversial subject matter | Click or tap here to enter text. | Click or tap here to enter text. |

08.01.2025 | Determination of qualification will be made by CDE upon evaluation of a complete submission