

Sample Measures of Student Outcomes for School Counselors

School counseling program descriptive data include features of the school counseling program that influence outcomes. These include program processes, structures, and tools, program characteristics, and program interventions.*

Sample School Counseling Program Descriptive Data			
Processes, Structures, Tools	Characteristics Interventions		
Action plans	Counselor expertise	Career plans	
Advisory councils	Staffing plans Core Curriculum		
Mission statement	Staffing ratios	Small groups	

Proximal outcomes are the short range outcomes that school counselors seek to change immediately. These might reflect the consequences of students internalizing and/or applying what they have learned and will be noted in desirable changes in school behavior (e.g., being more engaged in school or possessing career identity).*

Increased levels of Proficiency in:		
Career planning	Interpersonal Skills	Self-efficacy Skills
College Search Skills	Meta-cognition skills	Self-management skills
Communication skills Post-secondary awareness Team-work skills		Team-work skills
Decision Making Skills	School Success Skills	Test taking Skills

Distal program outcome data are long range school-level data that result from the interventions implemented by an effective school counseling program.*

Increased levels of Proficiency in:		
Math	Writing	
Reading	Other Content Areas	

Increased enrollment in:		
AP Courses	CTE classes/programs	Rigorous coursework
ASCENT Programs	Concurrent enrollment	

Increased rates in:		
Attendance	Homework Completion	Positive School
		climate/safety indicators
AP Scores	ICAP Completion	Postsecondary education
		placement data
GPA (grade point	Parent Involvement	School Promotion
averages)		
Graduation rates	Percentage of student	Standardized Test Scores
(secondary and post-	application in post-secondary	
secondary)	education and training	



Reduction in:		
Absentee rates	Remediation rates	
Bullying incidents	Suspension rates	
Disciplinary actions	Tardies	

* A Multi-level School Counseling Outcome Evaluation Model, by the National Leadership Cadre (NLC), October 2007.