

Comprehensive Health Education Grant

Health and Wellness Unit



OVERVIEW

The Colorado Comprehensive Health Education Act of 1990 encourages a planned, sequential health education program offered at every grade level pre-K through grade 12. The intent of the funding is to foster healthy behaviors through increasing students' health knowledge and skills to establish and maintain their physical, emotional, social, mental and sexual health and wellness in addition to the modification and reduction of "high-risk behaviors."

"High-risk behaviors" means actions by children and adolescents that present a danger to their physical or mental health or which may impede their ability to lead healthy and productive lives (C.R.S. 22-25-103(4)).

The 2018-19 school year is the third year of the continuing grant with approximately \$300,000 available annually for distribution to school districts and boards of cooperative services (BOCES).

DEFINITION OF COMPREHENSIVE HEALTH EDUCATION

"Comprehensive Health Education" (C.R.S. 22-25-103(3)) means a planned, sequential health program of learning experiences in preschool, kindergarten and grades one through twelve which shall include but shall not be limited to:

- Communicable diseases, including HIV/ AIDS;
- Community and environmental health;
- Consumer health;
- Dental health;
- Tobacco, alcohol and other drug use;
- Human growth and development;
- Hereditary and developmental conditions;
- Mental, emotional health;
- Nutrition, personal health and physical fitness;
- Family life education;
- Injury prevention, safety, motor vehicle safety and emergency care; and
- Age appropriate instruction on family roles, child development and parenting.

The Healthy Youth Act of 2007 (HB 1292) directs that wherever offered, sexuality education must be science based, age-appropriate, culturally sensitive, medically accurate and address the topics of abstinence and contraception (C.R.S. 22-1-110.5).

Comprehensive Health Going Forward

- Implementation of the Colorado Comprehensive Health Education Program shall be a cooperative effort among the Colorado Department of Education (CDE), the Colorado Commission on Higher Education, the Colorado Department of Public Health and Environment, other health education professionals and participating school districts and BOCES.
- Funded school districts, BOCES or charter schools will be planning for implementation of the 2020 Comprehensive Health Education Standards and effective instructional strategies.
- Pending funding, school districts, BOCES and groups of charter schools will be eligible to apply for funding to implement a Comprehensive Health Education Program through a competitive grants process in 2019.



2018-19 COMPREHENSIVE HEALTH EDUCATION GRANTEES

- Adams-Arapahoe 28J (Aroua Public Schools)
- Archuleta School District 50JT
- Boulder Valley School District
- Center Consolidated Schools 26JT
- Hayden School District
- Jefferson County Public School District
- La Veta School District RE-2
- North Routt School District
- Poudre School District
- South Routt School District
- Steamboat Springs School District RE-2

Where can I learn more?

- To learn more, visit the [State Funded Comprehensive Health Education webpage](#).
- For questions, contact Jamie Hurley at hurley_j@cde.state.co.us or 303-866-6453.
- [View all CDE fact sheets: www.cde.state.co.us/communications/factsheetsandfaqs](http://www.cde.state.co.us/communications/factsheetsandfaqs)