



**Tri-State  
Autism Spectrum Disorder  
Webinar Series**

This presentation is a collaborative effort between the following:




**COLORADO**  
Department of Education

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**TASN**  
Autism and Tertiary Behavioral Supports  
www.tasn.org

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**NEBRASKA**  
Department of Education

The contents of this power point presentation were developed under a grant from the Nebraska Department of Education, IDEA parts B and C from the U.S. Department of Education. However, this content does not necessarily represent the policy of the U.S. Department of Education and you should not assume endorsement by the Federal Government.

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
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**How to Develop an Autism Parent Training Series in your District**

*Increasing Collaboration and Engagement with Families*





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**District Led  
Parent Training Series on Autism**





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## Parent Training Series

- A series designed to equip schools to provide information, and networking for families impacted by autism spectrum disorders.
- Emphasis on building local capacity
- Support framework for emerging presenters



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## Why Provide Training to Parents?

- **It's the Law....**
- In IDEA regulation, 34 C.F.R. 300.34, different types of related services are defined. Subsection (c)(8) defines parent counseling and training as:
  - “(i)... assisting parents in understanding the special needs of their child;
  - (ii) Providing parents with information about child development; and
  - (iii) Helping parents to acquire the necessary skills that will allow them to support the implementation of their child's IEP or IFSP.”



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## Why Provide Training to Parents

- The Department of Education states that there should be “no question that parent counseling and training include helping parents acquire skills that will help them support the implementation of their child's IEP or IFSP” (at p. 46,573).
  - The Official Comments to the Federal Regulations under IDEA 2004, published in the August 14, 2006 Federal Register (Volume 71, No. 156, at p. 46,539 et seq.)



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## It's a good thing to do!

- Several studies have found parent training for individuals with autism to be effective in a variety of ways. Including the following: decreasing non-productive behavior, increasing intake of non-preferred foods, enhancing functional communication, improving compliance with parental requests, and teaching imitation of actions with objects.
- Additionally one study showed that parent education and skill training was beneficial to parents' mental health and well-being. (DUH!!)

- Diggle, T., McConahe, H. R., & Randle, V. T. (2003). Parent-mediated early intervention for young children with autism spectrum disorder [Electronic Version]. *The Cochrane Database of Systematic Reviews*. Can be found at <http://gateway.ovid.com/go/uv/uvhwb.cgi>
- Odom, S.L., Brown, W.H., Frey, T., Karasu, N., Smith-Caster, L.L., & Strain, P.S. (2003). Evidence-based practices for young children with autism: Contributions for single-subject design research. *Focus of Autism and Other Developmental Disabilities, 18*, 166-175.
- Tonge et al. (2006). Effects on parent mental health of an education and skills training program for parents of young children with autism: A randomized controlled trial. *Journal of the American Academy of Child and Adolescent Psychiatry, 45*, 561-569.




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## What About Evidence Based Practices?

- Parent Implemented Intervention is considered an Evidence Based Intervention for ASD by the National Professional Development Center
- Parent-implemented intervention meets the evidence-based practice criteria for children with ASD. This practice meets evidence-based criteria with nine studies in the preschool group and one study in the elementary group.
  - **With what ages is parent-implemented intervention effective?**
  - Within the evidence-base, studies included learners as young as 2 and as old as 9 years of age.




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## EBP and Parent Implemented Interventions

### What target behaviors or skills are appropriate for parent-implemented intervention?

In the evidence base, parent-implemented Intervention increased the following skills in the area of communication: social communication skills, conversation skills, spontaneous language, use of augmentative and alternative communication, joint attention, and interaction in play. In the area of behavior, the following skills were improved: compliance, reduction of aggression, increased eating, and reduction of disruptive behaviors.




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**And...**  
**It's simply a good thing to do!**

- Studies aside, there is tremendous benefit to all involved when schools and families spend time together outside of IEP meetings, phone calls due to problem behavior, etc
- A meaningful education for children starts and ends with open, honest communication between home and school. Without trust, and a positive relationship, meaningful plans for a child's education cannot move forward
- Provides a positive way for parents to network and interact with other families who have a child or several children with autism



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**What's included in the parent training series**

- 4 Modules
- Each Module Includes:
  - 45-60 minute power point presentation
    - Recorded Webinars and Power Points for Live presentations - recommended option.
  - Activities and Discussion questions
  - Resources for additional information/content
  - Videos
  - Satisfaction Surveys



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**Let's take a look at the modules...**



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## Modules

1. First Steps: Understanding Autism
2. Next Steps: Basics of Behavior Change
3. Structuring for Success
4. Introduction to Behavior Management



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## Module 1

**First Steps: Understanding Autism** (Characteristics, Diagnosis/Educational Verification, What is an IEP, Intro to Evidence Based Practices)

- Power point presentation for team to present live
  - Also, links to recorded webinar that can be shown at the training
- Video links that can be shown with presentation
- ASD Web resources handout
- Training activity
- List of terms to review with participants
  - Tomorrow's webinar will be the recorded Module 1 presentation.



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## Module 2

**Next Steps: Basics of Behavior Change** (What is Applied Behavior Analysis, 3 Keys to Behavior Change, ABC's of Behavior)

- Power point presentation for team to present live
  - Also, links to recorded webinar that can be shown at the training
- Video links that can be shown with presentation
- Training activity



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### Module 3

**Structuring for Success:** (Communication, Use choices & redirection, Use visual supports, Establish clear rules, Expectations appropriate, Use good instruction, Behavioral Momentum)

- Power point presentation for team to present live
  - Also, links to recorded webinar that can be shown at the training
- Video links that can be shown with presentation
- Training activity



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### Module 4

**Introduction to Behavior Management:** (What is disruptive behavior, & what (often) happens when we try to change it? Reinforcement, Consequences, The "What ifs")

- Power point presentation for team to present live
  - Also, links to recorded webinar that can be shown at the training
- Video links that can be shown with presentation
- Training activity



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### Additional Trainer Resources

- Trainer Guide with presentation tips and tricks
- Satisfaction Survey for participants
- Links to videos to use for each training



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## Parent Training Series Resources

- Handouts/Materials are available for download in the live/archived webinars
- Recorded webinars will be archived on each state autism site.
- Please stay on the webinar to ask questions?



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## To Ask Questions

Type your questions into the chat box and then press Enter on your keyboard.



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## Training on Demand

This webinar and supporting materials will be archived and available on our websites.



[www.KansasASD.com](http://www.KansasASD.com)



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**Upcoming Webinars:**

**October 23**

**Part 2 -** *How to Develop an Autism Parent Training Series in your District and Increase Collaboration and Engagement with Families* –Presented by Annette Wragge, M.S. Ed., BCBA and Kelly Anne Ergle, Ph.D.

**November 12 & 13**

**Two Part Series:**

**Part 1** *ASD & Literacy*, Presented by Pam Williamson Ph.D. & Christina Carnahan, Ed.D.

**Part 2 -** *ASD & Literacy*, Presented by Pam Williamson Ph.D. & Christina Carnahan, Ed.D.



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