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Using a Multifaceted Approach for Self-Regulation Interventions: Neuro Development & Sensory-Based Intervention Best Practices

References & Resources

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[OFFICE OF PLANNING, RESEARCH & EVALUATION \(OPRE\): Self-Regulation and Toxic Stress Series.](#)

- [Self-Regulation and Toxic Stress Report 1: Foundations for Understanding Self-Regulation from an Applied Developmental Perspective](#) provides a comprehensive framework for understanding self-regulation in context, using a theoretical model that reflects the influence of biology, caregiving, and the environment on the development of self-regulation. The second report, Self-Regulation and
- [Toxic Stress Report 2: Review of Ecological, Biological, and Developmental Studies of Self-Regulation and Stress](#) provides a cross-disciplinary review of research on the relationship between stress and self-regulation. The third report, Self-Regulation and
- [Toxic Stress Report 3: A Comprehensive Review of Self-Regulation Interventions from Birth through Young Adulthood](#) describes the strength of evidence for interventions to promote self-regulation for universal and targeted populations across development.
- [Self-Regulation and Toxic Stress Report 4: Implications for Programs and Practice](#), considers implications of findings from Reports 1-3 for programs supported by the Administration for Children and Families (ACF)

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