



# STRESS & Social and Emotional Learning (SEL)

How does toxic stress affect the brain and impact learning?

Why is understanding the neuroscience behind toxic stress important to teachers of students with SLD and/or ADHD?

Are you searching for strategies to increase executive functioning skills and build the affective competencies of your students with SLD or ADHD?

Would you like practical strategies and tools to help students recognize and capitalize on their unique strengths, and improve self-advocacy skills and feelings of self-efficacy?

## 2016-17 Specific Learning Disability Affective Competencies Series

### **Part 1: The Missing Piece of the Puzzle -**

Reducing Stress & Addressing Social and Emotional Learning (SEL) for Students with SLD, a hybrid professional learning opportunity with **Dr. Jerry Schultz**

**WHO:** Educational teams of 2-5 general and special educators, special service providers, interventionists, instructional leaders, and families who support to students with SLD and/or Attention Deficit Hyperactivity Disorder (ADHD), including children with dyslexia, dysgraphia, and dyscalculia

**WHAT:** A hybrid professional learning opportunity for educational teams consisting of one full-day workshop, three webinars, and virtual team consultation/coaching session(s) provided by Dr. Jerome Schultz

**WHEN:** September 27, 2016, 8:00 a.m. – 5:00 p.m.: Live event with virtual broadcast to 5 sites (locations listed below)

Virtual Webinar #1: **October 17<sup>th</sup>, 2016**

Virtual Webinar #2: **November 7<sup>th</sup>, 2016**

Virtual Webinar #3: **December 5<sup>th</sup>, 2016**

Virtual Coaching/Consultation: **November 8<sup>th</sup>, December 12<sup>th</sup> or 13<sup>th</sup>, 2016**

**WHERE:** Live event and remote broadcast sites:

**Face to Face Live Event:** Anschutz Medical Center, Bushnell Auditorium, 13001 E 17th Place, Aurora, CO 80045

**Choice of Remote Site for Virtual Participation:**

a. Pikes Peak BOCES, 2883 S. Circle Drive, Colorado Springs, CO 80906

b. **Northwest BOCES**, 325 Seventh St, Steamboat Springs, CO 80487 (Human Services Center)

c. **Northeast BOCES**, 301 W. Powell, Haxtun, CO 80731 (Training Room)

d. **San Juan BOCES**, 201 E. 12<sup>th</sup> St., Durango, CO 81301 (9-R School Board Auditorium, 2<sup>nd</sup> Floor)

e. Southeast BOCES, 705 South 3<sup>rd</sup>, Lamar, CO 81052

**THE PRESENTER:** Dr. Jerome (Jerry) Schultz is a practicing clinical neuropsychologist, member of the faculty of Harvard Medical School (Dept. of Psychiatry), and former special education teacher. For over thirty years, Dr. Schultz has specialized in the neuropsychological assessment and treatment of children with learning disabilities and ADHD, and other special needs. He has written extensively about children with learning, behavioral and emotional challenges, including the book: *Nowhere to Hide: Why Kids with ADHD and LD Hate School and What We Can Do About It*, (Jossey-Bass/Wiley) which examines the role of stress in learning.



**The Objective:** Teams of educators will expand awareness of the neuroscience behind the effects of chronic and toxic stress, explore the relationship between SLD, ADHD, and stress, and will learn practical instructional strategies for social and emotional learning focusing on improving affective competencies. Content will include the DE-STRESS model for helping students with SLD and ADHD reduce and manage stress and develop self-regulation, self-advocacy, and executive functioning skills.

### PARTICIPATION REQUIREMENTS

Register in teams and agree to the following:

1. Complete 2 Surveys (individually): an Initial survey in September and a final survey in January
2. As a team, attend one **full-day training**, face to face at Bushnell Auditorium or virtually at one of five remote sites (locations listed above) on **September 27<sup>th</sup>, 2016 from 8:00a.m. - 5:00 pm**
3. Participate in **three 60 minute webinars from 4 -5:00pm** presented by Dr. Jerome Schultz
  - a. **Webinar #1: October 17<sup>th</sup>, 2016**
  - b. **Webinar #2: November 7<sup>th</sup>, 2016**
  - c. **Webinar #3: December 5<sup>th</sup>, 2016**
4. Participate in a minimum of **one virtual consultation/coaching** session with Dr. Schultz.
  - a. **November 8<sup>th</sup>, December 12<sup>th</sup> or December 13<sup>th</sup>, 2016**
  - b. Individual team consultation times will be determined at a later date
5. Submit an action plan, based on your team or individual context, explaining how you will implement strategies and/or initiate changes in your district, school, or classroom in order to reduce stress and expand social/emotional learning opportunities to foster the development of affective competencies for students with SLD and/or ADHD

**Due to a limited number of participants, those registering in teams will be given priority.**

**The training is free to registered participants. Registered participants will receive 12 CDE training hours for completing all of the participation requirements.**

**CDE will not be providing food or beverages. A 75 minute lunch break will be provided for lunch on your own or with your team.**

**For more information on the project, please visit:** <http://www.cde.state.co.us/cdesped/SD-SLD>, or contact Jill Marshall at [Marshall\\_J@cde.state.co.us](mailto:Marshall_J@cde.state.co.us)

## **Registration is limited. Secure your seat soon!**

**Register Now**

**Register here today!**