

## National Association of State Boards of Education



### Sample Health Policies Fit, Healthy and Ready to Learn

With support from CDC's Division of Adolescent and School Health and many collaborating partners, NASBE has developed sample policies on various school health topics that states, districts, and schools can adopt or adapt for themselves. These policy suggestions are written as statements of best practice that all states, school districts, public schools, and private schools should endeavor to adopt. The points they address were suggested by the CDC's scientifically rigorous [\*school health guidelines\*](#), actual state and local policies, and comments reflecting the expert opinions of many reviewers.

Visit:

[http://www.nasbe.org/HealthySchools/Sample\\_Policies/Sample\\_policies.html](http://www.nasbe.org/HealthySchools/Sample_Policies/Sample_policies.html)