

USDA Fruit and Vegetable Pilot School Project

Resources & Tools



School Resources

Imagine schoolchildren eating fresh fruits and vegetables during the school day for better health; teachers singing about fruits and vegetables in their classrooms; and food service personnel wearing colorful fruit and veggie aprons as they distribute bowls of seasonal fruits and vegetables. Sound good? We'd like to make it happen. Your participation in this unique pilot project provides you with a terrific opportunity to build healthier students and healthier school communities. We applaud your participation and commitment. You are critical to the success of this project. Your success will build a strong case for future funding and the expansion of this unique health promotion project.

To support your efforts, facilitate classroom intervention, and foster positive reinforcement for the project throughout the entire school community, we created a resource guide. This guide is a collection of resources developed for 5 A Day programs. It is still evolving. The guide identifies curricula and classroom materials for teachers; CD-ROMS, audiocassettes, and activities for students; recipes and family activity tips to reinforce healthy diet messages for parents at home; and dynamic marketing and teaching materials for school food professionals.

The guide is organized by grade level and alphabetically by state/organization. Some of the materials are bilingual. Many of the materials are free of charge. Whenever possible, direct downloads are provided for easy access to materials. Enjoy.

Visit: <http://www.5aday.gov/tools/school/index.html>