

# Traffic Light Lessons and Snack

prep time = 15 minutes + shopping  
activity time = 15 minutes

## CASAS Competencies:

1.1.1 – Interpret recipes

2.2.2 – Recognize and use signs related to transportation

CCAs: LBTD 23

## Skills for Children:

Fine motor skills (cutting, coloring, spreading, placing items)

Vocabulary development (colors, action verbs)

Following multi-step instructions

Rhythm and rhyme of language

## Supplies Needed: Booklet

1. copies of booklet
2. scissors
3. crayons or markers
4. staplers

Encourage families to read the booklet together before moving to the next part.

## Supplies Needed: Snack

5. 2-3 copies of instruction sheet
6. graham crackers broken into small rectangles
7. butter knives or tongue depressors for spreading
8. frosting or cream cheese (Have at least 3 small bowls to allow for easier sharing. This will be a popular activity)
9. M & Ms or Skittles (Candy stores in larger malls allow purchasing of candy by color. Otherwise one must sort through the regular flavors.) **Note: many people are allergic to chocolate and should be warned of its use.**
10. basin for washing hands
11. towels for clean-up and drying

## Vocabulary:

traffic light

red

green

spread

yellow

tasty

frosting

graham cracker

stop

wash

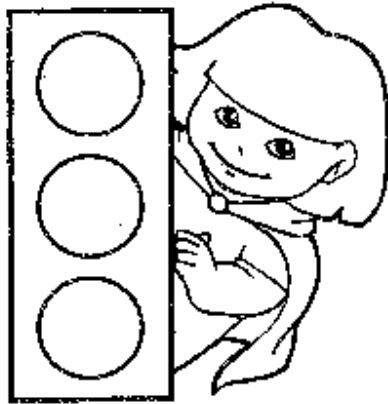
go

## Extension Activity:

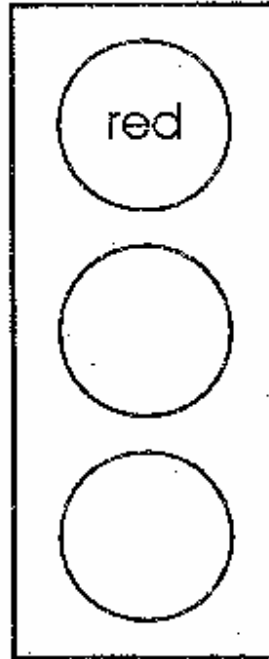
If the weather is nice or if there is access to a gym, teach the families how to play “Red Light, Green Light.”

- a. One person stands opposite everyone else with their back turned to the crowd. This person is “it.”
- b. The rest of the group stands in a line.
- c. When the person’s back is turned, he/she yells “Green light” and the group runs (walks, crawls, use any verb) to tag the “it” person.
- d. At random times, the “it” person turns to face the group and yells “Red light”. Everyone must freeze. If the “it” person sees someone moving, the mover is identified and must return to the starting line.
- e. The first person to tag the “it” person becomes the new “it” and everyone else returns to the starting line to start over.

# Little Red Riding Hood's Traffic Light Lesson

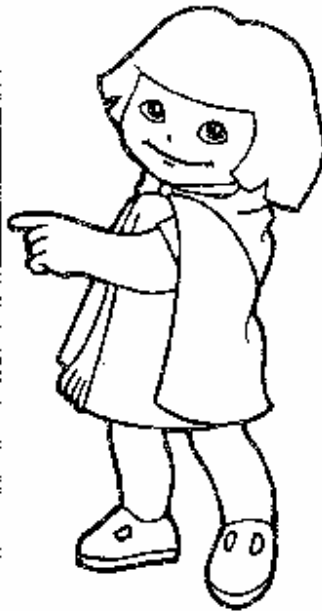
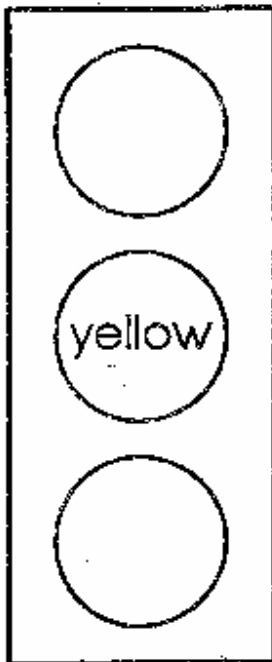


Illustrated by



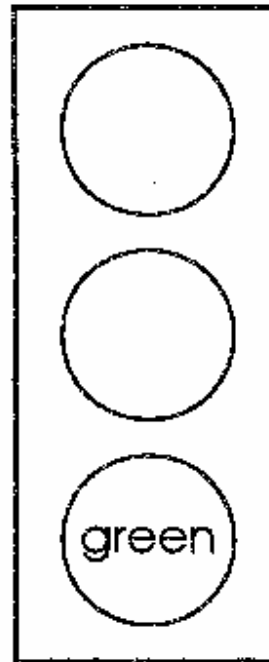
Red on top,  
Stop! Stop! Stop!

1



Yellow in the middle,  
Slow down a little.

2



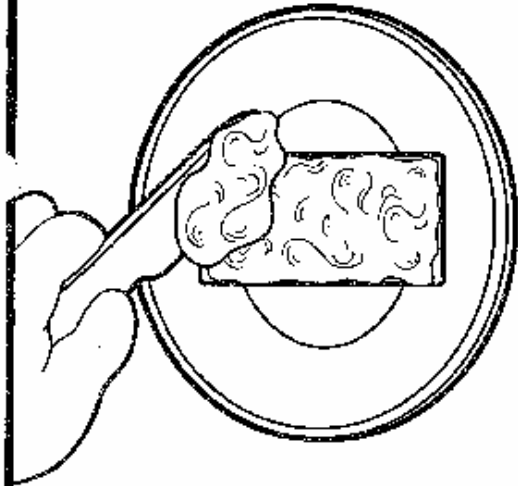
Green below,  
Okay to go!

3

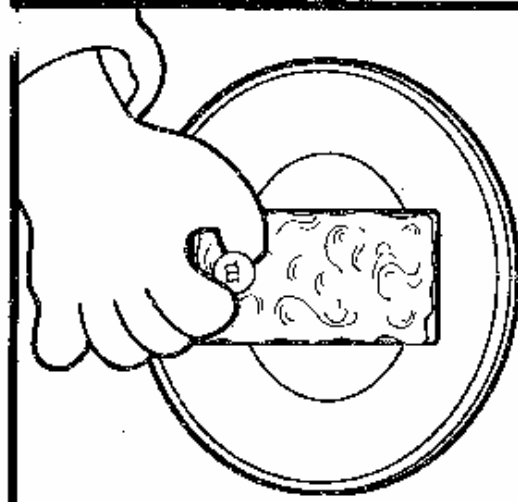
**Tasty Traffic Light**



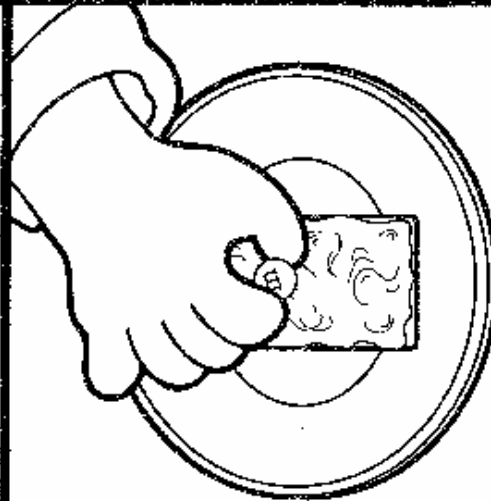
Name \_\_\_\_\_



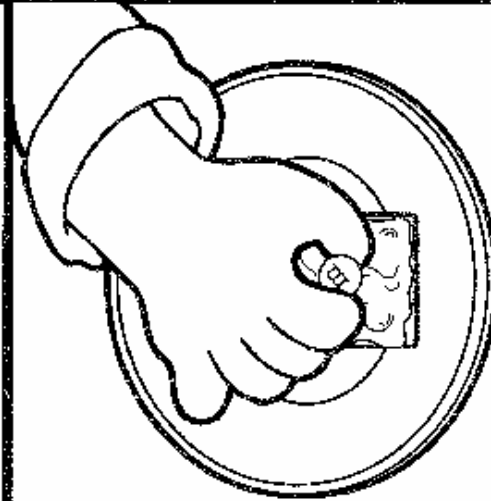
Spread frosting. 1



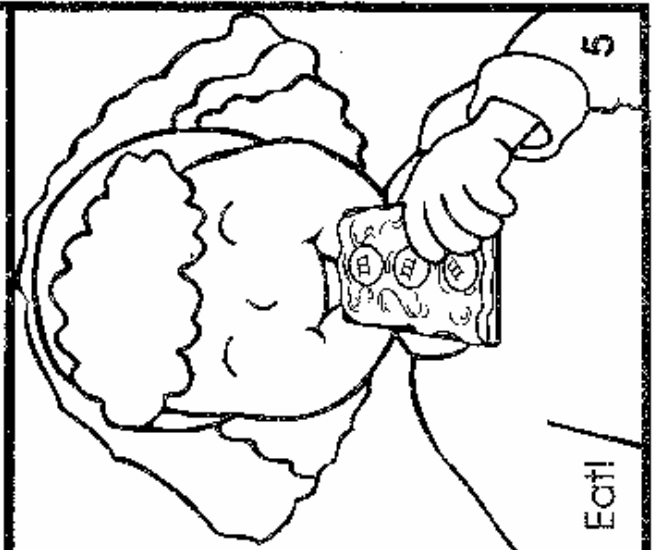
Add a red light. 2



Add a yellow light. 3



Add a green light. 4



Eat! 5