

# Health Adjectives

prep time = 5 minutes + shopping  
activity time = 15 minutes  
Colorado Math Standard 2.1

## CASAS Competencies:

7.2.3 – Make comparisons, differentiating among, sorting, and classifying items, information, and ideas  
CCAs: no specific CCAs are addressed with this activity

## Skills for Children:

Vocabulary development (fruits, vegetables, adjectives)  
Gross motor skills of handling fruits and vegetables  
Compare and contrast

## Supplies Needed:

1. variety of fruits and vegetables (chart lists apple, carrot, banana, orange)
2. multiple copies of adjective chart
3. blank copies of adjective chart

## Vocabulary:

apple	carrot	smooth
banana	orange	hard
round	long	soft
short	bumpy	compare
contrast	adjective	characteristics

## General Directions:

1. Place a variety of fruits and vegetables in a box or on the table.
2. Encourage families to touch and examine the foods.
3. Have families describe the fruits in general terms.
4. Use the completed chart to compare and contrast specific characteristics.
5. Ask families to place an “X” in the appropriate boxes to describe their food.
6. Have blank charts available for families to complete with other fruits and vegetables.

## Take a Closer Look

	<b>Round</b>	<b>Long</b>	<b>Short</b>	<b>Bumpy</b>
<b>Apple</b>				
<b>Carrot</b>				
<b>Banana</b>				
<b>Orange</b>				

## Take a Closer Look
