

CARDS FOR YOUNGER (5-7 Years Old)	
Displays egocentric thinking	Begins to play cooperatively
Demonstrates the beginnings of logical thinking	Have a strong attachment to adults
Show strong ties between physical and emotional states of being	Have an emerging sense of humor
Have energy highs and lows	Have limited control of expression
Want to be part of older children's activities	Exhibit growing independence
Need assistance with transitions	Have gross motor skills
Are developing fine motor skills	Music Simple melodies
Like to practice their motor skills	Theatre Engage in simple sociodramatic
Dance Awareness of bodies	Think it is unfair to do what is forbidden

Believe rules are sacred but do not always play by them	Believe in obeying authority figures so they do not get punished
Cards for Older (8 – 10 Years Old)	
Thinks logically with the help of concrete objects	Develop physically at a smooth and uneventful rate
Displays natural curiosity	Begins comparing themselves to others
Have high energy	Are able to learn from each other
Develop relatively stable groups of friends	Are making critical choices about gangs and drugs
Exhibit growing independence	Are able to work in groups
Begin exhibiting physical differences	Believe in social, conventional rules
Can make social problems out of physical difficulties	Dance Interested in learning a variety
Music Alone or in a group	Believe in fair treatment

Theatre Develop story dramatizations and improvise stories	Compare their physical skills with those of their peers
Art Increased skill in working with media	Play by the rules
Have extreme reactions to many things	
OLDEST (11 – 13 Years Old)	
Thinks more like adults	Are interested in the adult world
Lacks long-range planning	Are experiencing a crucial time in school
Experience mood and energy swings	Require limits
Have a need for privacy	Engage in power struggles
Need to develop self-esteem	Experience relationship traumas
Show great hormonal changes and physical growth	Often experience a period of great adjustment

Dance Improvise and compare	Music All kinds of music (currently on radio)
Art Participate a high level when interested in art	Theatre Sophisticated performers when interested in theatre
Begin to make ethical decisions by themselves	Think social injustice is unfair
Are willing to revise outdated rules	Begin a period of rapid physical growth